



PARC National Prisoner Resource Directory

January 2021

Dear Readers,

Welcome to the January 2021 edition of PARC's National Prisoner Resource Directory. We hope this Directory assists you in finding information and contacts you may need.

COVID-19 has created havoc everywhere in the world, and nowhere more harshly than inside prisons and jails. Our hearts go out to those who have been infected with the virus due to the mishandling of the crisis by government officials everywhere. Many small, volunteer-run organizations that are listed in this directory face challenges in keeping up with mail, given the increase in volume paired with restrictions on in-person gatherings and shelter-in-place orders. Many magazines are online-only, and printing businesses everywhere closing. We have eliminated a number of resources this year because they no longer appear to be operating or responsive to folks who write in, including magazine vendors. We do not list whether an organization has COVID resources, because many do, but the information is hard to keep up to date. We note places that have posted delays due to the virus, but expect delays from every organization during this time. Keep copies of all orders, check, money orders and the dates that you placed the order. Give folks extra time; if you don't hear back in over a month, consider writing again, with copies and a reminder of when you wrote before.

This past year has also seen a rise up in people seeing systems of power for what they are and speaking out against injustice. We stand in solidarity with the International Movement for Black Lives and with all who are abused by systems of power. While we are encouraged by these movements against oppression, we also acknowledge active setbacks, including the increase of executions in the federal system as well as in several states.

Additionally, restrictions continue to limit access to books and rehabilitative information like this Directory. The PARC Directory is a publication focusing on rehabilitation and social justice. *It is not lawfully considered contraband material under any state or federal regulations.* Any attempt to prohibit distribution of our directory is an abuse of discretion by your facility. If you have any information about the PARC Resource Directory being rejected in your area, let us know.

We appreciate your evaluations sharing with us which organizations respond, which ones do not, and which have delays in response. New organizations have been added wherever we can, including new LGBTQ resources and books-to-prisoner organizations. As an all-volunteer organization, we do our best to respond to individual letters. Please be patient in receiving a response from us. We are not a law office and cannot provide any legal advice or referrals. We no longer have the capacity to provide support over the phone nor do any individual advocacy for those who are experiencing rights violations or suffering from unfair attacks. Please write to us with any questions. Our current focus is on maintaining and distributing the Directory free to all who request a copy. We do not keep a database of prisoners who write us, so make note of your last letter, if you have written to us before.

We are entirely funded through small donations from individuals. Much gratitude to our local and national partners, including many books-to-prisoner organizations across the country, for supporting the cost of printing this edition and sending out our directory to those who write in. We ask that you share this Directory with others, so that as many as possible may benefit from the information. If you believe the library in your prison would be willing to carry a copy or two of the PARC Directory, ask for an additional copy or provide us the address to mail it. Please note that due to formatting, this Directory is 26 pages in newsprint/booklet form; if printed online on loose paper, it is 27 pages. Both versions have the same content.

Thank you for building this community with us.

In solidarity toward justice,

PARC

PARC is not a law office or legal referral service. We cannot give legal advice.
Please do not send original documents to us.

TABLE OF CONTENTS

Nationwide Organizations and Resources 2
 Legal Resources 3
 Death Penalty Resources 5
 LGBTQI-focused Organizations and Resources 5
 Women’s Organizations and Resources 7
 Innocence Projects 8
 Health Care Resources 12
 Rehabilitation Programs 13
 Free Books Projects 13
 Newsletters and Magazines 15
 Vendors and Publishers 15
 Educational Resources 16
 Prison Writing/Arts Programs 17
 Religious/Spiritual Resources 18
 Regional Advocacy Organizations by state 19
 PARC Recommended Legal and Educational Books 24
 Excerpt of UN Minimum Rules for the Treatment of Prisoners 26

NATIONWIDE ORGANIZATIONS AND RESOURCES

Adopt An Inmate

PO Box 1543 · Veneta, OR 97487

971-236-7897 · <http://adoptaninmate.org>

Nonprofit volunteer organization that connects outside volunteers with prisoners seeking mentors, support and friendship. (They are not a dating service). Their website is a comprehensive source of tools and resources to advocate for inmates. They welcome stories, poems, artwork, and book reviews by inmates and their advocates for publication on their website (indicate submission type on outside of envelope). Send your request for a survey with a short bio (1-3 paragraphs) and include a pre-addressed, stamped envelope when possible. To follow up on an existing request, indicate "follow-up" on outside of envelope.

AFSC Prison Watch Project

89 Market St, 6th Floor · Newark, NJ 07102

215-241-7000 · <http://afsc.org/new-yorknew-jersey-healing-justice-and-prison-watch>

Publishes Survivors Manual: Surviving in Solitary, by Bonnie Kerness (2012, 94 pages), free to prisoners and \$3 for all others. The book is a powerful collection of voices from solitary, as people currently or formerly held in isolation vividly describe their conditions and their daily lives. The collection also includes artwork and poetry. Also available is a free 6-page brochure entitled LGBTQ+ Prisoner Resource Guide (2017). Serves people nationwide.

All of Us or None

4400 Market St · Oakland, CA 94608

415-255-7036 x337 · <http://www.allofusornone.org>

All of Us or None is a grassroots organizing project of Legal Services for Prisoners with Children. All of Us or None fights for the full restoration of our civil and human rights of formerly-and currently-incarcerated people and families. They are fighting against the discrimination that people face every day because of arrest or conviction history. The goal of All of Us or None is to strengthen the voices of people most affected by mass incarceration and the growth of the prison-industrial complex.

Amnesty International

5 Penn Plaza 16th Floor · New York, NY 10001

212-807-8400 · <http://www.amnestyusa.org>

Compiles information about prisoner torture, beatings, rape, etc. to include in reports about U.S. prison conditions; also works on police accountability and ending the death penalty. May not respond to individual letters.

Center for Constitutional Rights

666 Broadway · New York, NY 10012

212-614-6464 · <http://ccrjustice.org>

Non-profit legal and educational organization committed to the creative use of law as a positive force for social change and dedicated to advancing and protecting constitutional rights. CCR recently litigated the Ashker v Governor challenge to solitary confinement in CA. May not respond to individual letters.

Citizens United for Rehabilitation of Errants (CURE)

PO Box 2310 · Washington, DC 20013-2310

202-789-2126 · <http://www.curenational.org>

CURE organizes prisoners, their families and other concerned citizens to achieve reforms in the criminal-justice system, and has a presence in 24 states. Write for complete listing or addresses of state chapters. Serves people nationally.

Coalition for Prisoners’ Rights Newsletter

PO Box 1911 · Santa Fe, NM 87504

<http://realcostofprisons.org/coalition.html>

Publishes a monthly newsletter with news about prisoners nationwide and is free to prisoners who send an SASE. They also have a variety of prisoner resource lists available. Back issues from 2009 are online.

Critical Resistance

1904 Franklin Street, Suite 504 · Oakland, CA 94612

510-444-0484 · <http://www.criticalresistance.org>

CR seeks to build an international movement to end the Prison Industrial Complex by challenging the belief that caging and controlling people makes everyone safe. CR also publishes “The Abolitionist,” once a year, printed in both English and Spanish, which is free to prisoners. Previous editions of The Abolitionist are available online at: <https://abolitionistpaper.wordpress.com/>.

Families Against Mandatory Minimums

1100 H Street NW, Suite 1000 · Washington, DC 20005

202-822-6700 · <http://www.famm.org>

Nonprofit organization fighting for fair and proportionate sentencing laws that allow judicial discretion; improved prison conditions; and an increase in compassionate release. May not respond to letters.

Helping Educate to Advance the Rights of the Deaf (HEARD)

PO Box 1160 · Washington, DC 20013

202-455-8076 (voice) 202-436-9278 (videophone) ·

<http://www.behearddc.org>

All volunteer organization that provides advocacy services for deaf, hard of hearing and deaf-blind inmates across the nation. HEARD’s mission is to promote equal access to the justice and legal system for deaf defendants, detainees, prisoners, and returned citizens. HEARD created and maintains the only national database of deaf

and deaf-blind prisoners and is the only organization that focuses on correcting and preventing wrongful conviction of deaf people. May not respond quickly to letters. Nationwide.

Just Detention International

3325 Wilshire Bl, Suite 340 Ms. Cynthia Totten, Esq., Bar #199266 · Los Angeles, CA 90010

213-384-1400 · <http://www.justdetention.org>

JDI is a health and human rights organization that seeks to end sexual abuse and exploitation in all forms of detention. It publishes a Resource Guide listing service providers in all 50 states that can help incarcerated survivors, as well as a Survivor Packet, which includes Hope for Healing, with contact information for local rape crisis centers and legal aid organizations; and a letter of hope from another prisoner rape survivor. Prisoners may communicate confidentially with JDI using legal mail at the above address. Serves people nationally.

Lewisburg Prison Project

PO Box 128 · Lewisburg, PA 17837

570-523-1104 · <http://www.lewisburgprisonproject.org>

The Lewisburg Prison Project (LPP) is affiliated with the PA Institutional Law Project (PILP). Together, we provide informational materials, advice, and representation on civil rights matters related to the conditions of confinement (medical, mental health, excessive force, etc.) of those incarcerated in Pennsylvania. We cannot provide legal advice or representation to those with claims that occur outside of Pennsylvania, and we do not assist with criminal matters, habeas cases, sentencing, or parole issues. Also provides informational materials and legal bulletins about prisoners' rights to people incarcerated throughout the United States. Resources available online, or write in for order form and to submit requests. Legal advice only provided in Pennsylvania; other resources nationwide.

National Center on Institutions and Alternatives

7222 Ambassador Road · Baltimore, MD 22305

(410) 265-1490 · <http://www.ncianet.org>

Provides sentencing advocacy, capital case mitigation services, parole release advocacy, institutional designation and transfer, and release planning. Will research questions and provide advice regarding the Bureau of Prisons, the administrative remedy process, intensive confinement, RDAP, pre-release programming, home confinement and related issues. Serves federal prisoners nationwide.

National Resource Center on Children and Families of the Incarcerated

405-7 Cooper St. Room 103 NRCCFI at Rutgers–Camden · Camden, NJ 08102

(856) 225-2718 · <https://nrccfi.camden.rutgers.edu/>

NRCCFI is the oldest and largest organization in the U.S. focused on children and families of the incarcerated and programs that serve them. Has a library of resources downloadable from its website; publishes fact sheets and a directory listing programs in the United States and around the world that offer services specifically for children and families of the incarcerated.

Prisoner Visitation and Support

PO Box 58068 · Philadelphia, PA 19102

215-241-7117 · <http://www.prisonervisitation.org>

Prisoner Visitation and Support (PVS) is a volunteer visitation program to federal and military prisons across the U.S. Their goal is to visit any federal or military prisoner who wishes to receive a visit with special priority paid to prisoners on death row, in solitary confinement, or those who are serving long sentences. Serves federal and military prisoners only.

Root & Rebound

1730 Franklin St, Suite 300 · Oakland, CA 94612

510-279-4662 · <http://www.rootandrebond.org/roadmap>

Mostly focused on services for released Californians in reentry, but has a number of publications to plan for reentry, including the 100 page Reentry Planning Toolkits. The toolkit is not intended to give legal advice, but rather general legal information about people's rights in reentry. Also publishes a 1211 page manual, the Roadmap to Reentry legal guide. Now also has developed resources in Minnesota, Hawai'i and Connecticut, and have pending projects in South Carolina. Serves mostly Californians.

Solitary Watch

PO Box 11374 · Washington, DC 20008

<https://solitarywatch.org/>

Solitary Watch works to expose and oppose the use of solitary confinement in U.S. prisons and jails, and offers a free quarterly newsletter to prisoners. Solitary Watch also welcomes submissions of writing by those currently or formerly serving time in solitary. In Sept. 2017, published an anthology called Hell is a Very Small Place, although it does not sell the book directly. May not respond timely to letters. Serves people nationally.

The Sentencing Project

1705 DeSales Street NW, 8th Floor · Washington, DC 20036

202-628-0871 · <http://www.sentencingproject.org>

The Sentencing Project is a national policy research and advocacy organization that works for a fair and effective criminal justice system by promoting sentencing reform and alternatives to incarceration. They produce reports on prison-related topics, including prison populations nationally, state-by-state data, life sentences, voting rights, and more. May not respond to letters.

Vegetarian Resource Group

PO Box 1463 · Baltimore, MD 21203

410-366-8343 · <http://www.vrg.org>

The Vegetarian Resource Group is a non-profit organization dedicated to educating the public on vegetarianism and the interrelated issues of health, nutrition, ecology, ethics, and world hunger. In addition to publishing the Vegetarian Journal, VRG produces and sells cookbooks, other books, pamphlets, and article reprints. Serves people nationwide.

LEGAL RESOURCES

Abolitionist Law Center

PO Box 8654 · Pittsburgh, PA 15221

<http://abolitionistlawcenter.org>

The ALC is a public interest law firm inspired by the struggle of political and politicized prisoners, and organized for the purpose of

abolishing class and race based mass incarceration in the United States. To accomplish this goal, the ALC engages in litigation on behalf of people whose human rights have been violated in prison, produces educational programs to inform the general public about the evils of mass incarceration, and works to develop a mass movement against the American penal system by building alliances and nurturing solidarity across social divisions. Only accepts very select cases, primarily in Pennsylvania

Columbia Legal Services

101 Yesler Way, Suite 300 Institutions Project · Seattle, WA 98104
206-382-3399 · <https://columbialegal.org/get-help/>
The Institutions Project represents people confined in Washington's jails, prisons, juvenile detention facilities, mental health facilities, and facilities for people with developmental disabilities. This work has focused on conditions of confinement, discrimination, sentencing and placement, alternatives to institutionalization, and access to courts, as well as issues related to rehabilitation, re-entry, and reductions in recidivism. Serves people in Washington state only.

Disability Rights Texas

2222 West Braker Lane · Austin, TX 78758
512-454-4816 voice/TDD · <http://www.drxtx.org>
Advocacy for disabled people in Texas, including those in some correctional facilities. Write for handout: *Disability Discrimination in Correctional Facilities*, or *Suing a Government Entity for an Injury*. Serves Texas only.

Equal Justice Initiative

122 Commerce St · Montgomery, AL 36104
334-269-1803 · <http://www.eji.org/deathpenalty/innocence>
Provides legal representation to indigent defendants and prisoners who have been denied fair and just treatment in the legal system. They litigate on behalf of condemned prisoners, juvenile offenders, people wrongly convicted or charged with violent crimes, poor people denied effective representation, and others whose trials are marked by racial bias or prosecutorial misconduct. *Mostly works with people in Southern states.*

Family Law Project

University of Wisconsin Law School 975 Bascom Mall · Madison, WI 53706
608-262-1002 · <http://www.law.wisc.edu/fjr/flp>
Wisconsin Law students work under an experienced family law attorney and clinical professor to represent incarcerated parents and others in their family law matters including divorce, paternity actions, child support, child placement, visitation, guardianship, etc. They also provide pro se information and forms. *Serves Wisconsin only.*

Florida Justice Institute

100 SE Second St, Suite 3750 · Miami, FL 33131-2309
305-358-2081 · <http://www.floridajusticeinstitute.org>
The Florida Justice Institute (FJI) is a public interest law firm that conducts civil rights litigation and advocacy in the areas of prisoners' rights, housing discrimination, disability discrimination, and other areas impacting the poor and disenfranchised. This includes cases for persons currently or formerly incarcerated in a Florida prison or jail involving mistreatment while incarcerated, or

involving the conditions of the facility. Does not assist with criminal law cases or postconviction cases such as habeas corpus petitions. *Serves Florida only.*

Florida Legal Services

PO Box 533986 · Orlando, FL 32853
407-801-4350 · <http://floridalegal.org/our-projects>
The Florida Institutional Legal Services Project at Florida Legal Services focuses on systemic reform litigation, community lawyering, and policy advocacy to protect the rights of adults and youth who are incarcerated in prisons, jails, and juvenile justice facilities throughout Florida. The FILS Project publishes the Florida Manual for Incarcerated Parents (2008), which may be downloaded from their website or obtained by writing to the above address. The FILS Project also has reentry information packets available for download that include a list of resources for each county in FL to assist individuals who are returning to their communities from institutions. Only serves people in Florida.

Georgetown Law Journal Annual Review of Criminal Procedure

600 New Jersey Avenue NW Georgetown Law Office of Journal Administration - ARCP · Washington, DC 20001-2075
202-662-9457 · <https://www.law.georgetown.edu/georgetown-law-journal/subscribe/subscribe-arcp/>
Annual law journal published in June or July with academic articles about criminal procedure. Cost is \$25 if shipped directly to prisoners, \$85 for all others. The ARCP is a single issue per year edition that provides readers with objective, concise and accurate overview of criminal procedure and recent case-law decisions in the United States Supreme Court and each of the 12 Federal Circuit Courts. The \$25 discounted rate is only honored for orders sent directly to correctional facilities. Ask a friend or loved one to email for the discounted order form, and have them mail it to you. Please make checks and money orders payable to: Georgetown Law Journals. Refunds are not available. Orders are shipped USPS, so please allow 4-6 weeks for delivery. Tax must be included if shipping to DC (5.75%), VA (5.0%), MD (6%), NY (7.0%), TN (7% state & 2.25% local) and PA (6.0% or 7.0% if sent to Philadelphia or Allegheny County.) *Expect very long delays; Do not send money order or check without an order form.*

Harvard Prison Legal Assistance Project

6 Everett Street Harvard Law School, Ste. 5107 · Cambridge, MA 02138 · 617-495-3127 (Toll free hotline)
<http://clinics.law.harvard.edu/plap>
The Harvard Prison Legal Assistance Project is a law student clinic providing service to indigent inmates, including advocacy for those charged with violating prison regulations, people appearing before Parole Board and disciplinary hearings, and research assistance for domestic post-conviction. Because this program is university-affiliated, it may not be staffed during transitional periods in the academic schedule. Collect calls accepted. Provides administrative advocacy, not litigation; they do not take on any direct legal representation. *Serves people in Mass only.*

Legal Action Center

225 Varick St, 4th Floor · New York, NY 10014
212-243-1313 or Toll-free at 800-223-4044 · <http://www.lac.org>
The Legal Action Center's mission is to assist New York state

residents to fight discrimination against those with histories of addiction, HIV/AIDS, or criminal records, and to advocate for sound public policies in these areas. Write for list of publications. *Serves New York state only.*

National Lawyers Guild Prison Law Project

132 Nassau St, Rm 922 · New York, NY 10038
212-679-5100 · <https://www.nlg.org/jailhouse-lawyers-handbook/>
The NLG helps publish the Jailhouse Lawyers Handbook (JLH), a free manual on bringing civil rights claims alleging violation of constitutional rights in prison or jail. NLG does not provide lawyers or legal assistance, but does provide free membership for jailhouse lawyers, including ability to vote on national resolutions and to receive the quarterly publication, Guild Notes. JLH is also downloadable online. *Sends nationally.*

Pennsylvania Institutional Law Project

The Cast Iron Building 718 Arch St, Suite 304 South · Philadelphia, PA 19106 · 215-925-2966 <http://www.pailp.org>
PILP seeks to deliver civil legal services to the institutional population in Pennsylvania, and was created and designed to meet the needs of low income residents of PA prisons, jails, hospitals, and state centers. PILP also publishes (or provides) free copies of the a number of legal publications. Write for more info. *Most resources only for prisoners in Pennsylvania.*

People's Law Office

1180 N Milwaukee Ave · Chicago, IL 60642-4019
773-235-0070 · <http://www.peopleslawoffice.com>
Fights for justice for people in Illinois who have been tortured or physically abused, wrongfully arrested or convicted, unfairly sentenced to death, or targeted as a result of their political beliefs or organizing efforts on behalf of movements struggling for justice and liberation. *Serves Illinois only. May have delays due to covid.*

Prison Law Office

General Delivery · San Quentin, CA 94964
510-280-2621 · <http://www.prisonlaw.com>
The Prison law Office litigates and monitors California and Arizona class action lawsuits regarding medical care, mental health care, and disabled access for prisoners. Also has extensive set of legal informational handouts. Write with your specific questions and they will send you a packet if they have one that applies. Se habla Español. *Serves Californians and Arizonans only.*

Prison Legal News

PO Box 1151 · Lake Worth, FL 33460
561-360-2523 · <http://www.prisonlegalnews.org>
Prison Legal News (PLN) is a project of the Human Rights Defense Center. It is a 72-page monthly journal covering prison related news, summaries of recent case-law decisions affecting prisoners, and analysis from across the country. A one-year subscription is \$30 for prisoners, \$35 for individuals and \$90 for lawyers and institutions. Single copies of current or back issues are \$5. PLN also sells many books related to prison issues; write for a copy of their book list - see PARC's recommendations at the back of this directory! *Serves nationally.*

Southern Center for Human Rights

60 Walton Street NW · Atlanta, GA 30303-2122
404-688-1202 · <http://www.schr.org>
SCHR provides legal representation to people facing the death penalty in Georgia and Alabama only, as well as in cases of unconstitutional conditions of confinement. SCHR also provides free access to a number of publications and handouts, including your free speech rights in prison and Georgia parole handbook. *Serves people in Georgia and Alabama only.*

The MacArthur Justice Center

Northwestern Pritzker School of Law 375 E Chicago Ave · Chicago, IL 60611 · 312-503-1271 · <http://www.law.northwestern.edu/macarthur>
The MacArthur Justice Center is a nonprofit law firm with locations in Illinois, Louisiana, Mississippi, Missouri, and Washington D.C. It takes on cases regarding police misconduct, solitary confinement, wrongful convictions, and class actions around prison conditions and parole. Now also a law clinic at Northwestern law school. Write to Chicago address for other locations. *Serves nationwide. Expect delay or form response.*

Uptown People's Law Center

4413 N Sheridan · Chicago, IL 60640
773-769-1411 · <http://www.uplcchicago.org>
The Uptown People's Law Center (UPLC) is the only group in Illinois that actively represents prisoners in both class action matters as well as individual cases due to unconstitutional prison conditions. UPLC does not take criminal appeals. Illinois prisoners are encouraged to write to UPLC explaining any rights violations they have experienced, as UPLC uses these letters to track trends and inform its lawsuits. Also offers advice to other attorneys in prisoner rights matters. UPLC does not represent individuals in criminal appeals. *Serves Illinois only.*

DEATH PENALTY RESOURCES

Death Penalty Information Center

1701 K Street NW Suite 205 · Washington, DC 20006
202-289-2275 · <http://deathpenaltyinfo.org>
DPIC focuses on disseminating studies and reports related to the death penalty to the news media and general public covering subjects such as race, innocence, politicization, costs of the death penalty, and more. Most of their publications are freely downloadable from their website, or available for a small fee in printed format. Request a copy of their "Resource Order Form," and also a current list of their publications.

National Coalition to Abolish the Death Penalty

1629 K ST NW Suite 300 · Washington, DC 20006
703-957-8198 · <http://www.ncadp.org>
National advocacy organization with research and information about death penalty use in each state. Does not offer legal resources. May not respond to individual letters.

LGBTQI-FOCUSED ORGANIZATIONS AND RESOURCES

Black and Pink

2406 Fowler Ave Suite 316 · Omaha, NE 68111
(531) 466-3346 · <http://www.blackandpink.org>
Black and Pink is a national prison abolitionist organization

dedicated to abolishing the criminal punishment system and liberating LGBTQIA2S+ people and people living with HIV/AIDS who are affected by that system through advocacy, support, and organizing. It has 13 volunteer-led chapters, including in Albuquerque, Boston, Chicago, Denver, Los Angeles, Milwaukee, Missoula, New York City, and Portland OR. Pairs people with pen pals and sends newsletters; new pen pal website at <https://blackandpinkpenpals.org>. Write for more info and for local chapter information.

East Bay Prisoner Support

PO Box 22449 · Oakland, CA 94609

<http://www.eastbayprisonersupport.wordpress.com>

Formed in 2007 as a queer-centered, prison abolitionist, anti-authoritarian collective. Write to receive a catalog. Sends free anarchist and other literature to incarcerated folk in CA, AZ, NM, TX, UT and NV only. Focus on queer, trans and women prisoners in any state.

GLBTQ Legal Advocates & Defenders (GLAD)

18 Tremont, Suite 950 · Boston, MA 02108

617-426-1350 · <https://www.glad.org/>

Through strategic litigation, public policy advocacy and education, GLAD works to create a just society free of discrimination based on gender identity and expression, HIV status and sexual orientation. As part of this work, GLAD takes very select legal representation on behalf of LGBTQ prisoners. Has a victory in Sept. 2018 achieving transfer of a trans woman to a women's prison in Maine. Also has a New England centered resource guide. *Mostly serves people in New England.*

Hearts on a Wire

1315 Spruce St. William Way Center · Philadelphia, PA 19107

<http://heartsonawire.org>

Hearts on a Wire is a grassroots organization working to address the needs of incarcerated transgender people in Pennsylvania prisons. They are a group of trans and gender variant people building a movement for gender self-determination, racial and economic justice, and an end to policing and imprisoning our communities. Offers a free newsletter to incarcerated and detained people. Write to be added to their mailing list. In your letter asking to be added, please tell us something about your relationship to the trans community. *Serves transgender people in Penn. only.*

Lambda Legal

120 Wall St, 19th Floor · New York, NY 10005-3919

212-809-8585 · <https://www.lambdalegal.org/>

Lambda Legal carries out its legal work principally through test cases selected for the likelihood of their success in establishing positive legal precedents that will affect LGBT people and those affected by HIV. Lambda Legal recently represented a trans prisoner successfully in a lawsuit against the Texas prison system.

LGBT Books to Prisoners

1202 Williamson St #1 c/o Social Justice Center Incubator ·

Madison, WI 53703 · <https://lgbtbookstoprisoners.org/>

Volunteer-run organization that sends books and other educational materials, free of charge, to LGBT-identified people in prison across the US (except those in TX). Will send books in Spanish (enviar

libros en Español). *Serves all states except Texas.*

National Center for Transgender Equality

1133 19th St NW Suite 302 · Washington, DC 20036

(202) 642-4542 · <https://transequality.org/>

Advocates for change policies and society to increase understanding and acceptance of transgender people. Its Racial and Economic Justice Initiative includes work on reforming detention conditions for transgender people in correctional facilities and in immigration detention. In 2019, NCTE published *Failing To Protect & Serve*, an audit of the policies at the 25 largest police departments and a model policy to help local advocates and law enforcement. *Will send resources nationwide.*

Prisoner Correspondence Project

QPIRG Concordia c/o Concordia University 1455 de Maisonneuve Ouest · Montréal, QC H3G 1M8 ·

<https://prisonercorrespondenceproject.com/>

The Prisoner Correspondence Project is a solidarity project for gay, lesbian, transsexual, transgender, gendervariant, two-spirit, intersex, bisexual and queer prisoners in Canada and the United States, linking them with people a part of these same communities outside of prison through a direct-correspondence program Letters to PCP in Canada cost \$1.15 in US postage. Has pen pals who speak/write French. *Serves people nationally.*

Sinister Wisdom

2333 McIntosh Road · Dover, FL 33527

813- 502- 5549 · <http://sinisterwisdom.org/>

Publishes work by lesbians only - prose, poetry, essays, graphics, and book reviews. Will send free to women. *Nationwide to women's prisons only.*

Sylvia Rivera Law Project

147 West 24th Street, 5th Fl · New York, NY 10011

212-337-8550 x303 · <http://www.srlp.org>

Provides free legal services to released prisoners who are transgender, intersex, gender nonconforming people who are low-income, and/or people of color. They specialize in providing assistance on name changes, identity documents, public benefits, immigration, shelter and more. *Serving individuals in New York area only.*

The Transformative Justice Law Project

203 N LaSalle, Suite 2100 · Chicago, IL 60601

312-558-1472 · <http://www.tjlp.org>

TJLP is a collective of radical lawyers, social workers, activists, and community organizers who are deeply committed to prison abolition, transformative justice, and gender self-determination. They provide free, zealous, life-affirming, and gender-affirming holistic criminal legal services to low-income and street-based transgender and gender non-conforming people in Illinois (only) who are targeted by the criminal legal system. *Serves Illinois only.*

Transgender, Gender Variant, and Intersex (TGI) Justice Project

370 Turk St #370 · San Francisco, CA 94102

415-554-8491 · <http://www.tgijp.org/>

The TGI Justice Project works primarily with transgender prisoners and formerly incarcerated transgender people in California, and

sends out their “Stiletto Prison Newsletter” and their very informative 72-page “Still We Rise-Prison Resource Guide” to all TGI prisoners. TGI also supports TGI prisoners being released to the San Francisco Bay Area, and are part of a broader movement fighting for racial and social justice. *Some services nationwide but more services for Californians. Expect delays in response to letters.*

Transgender Law Center

PO Box 70976 Detention Project · Oakland, CA 94612-0976
510-587-9696 collect line for inmates & detainees: 510-380-8229 ·
<http://transgenderlawcenter.org>

Transgender Law Center’s Detention Project works to end the abuses transgender and gender nonconforming (TGNC) people experience in institutional settings such as prisons and jails. Resources include state DOC and BOP policies on trans rights; guides for filing grievances and lawsuits; know-your-rights guides for trans and LGBT people; medical information about transition-related health care; reentry resources; and other information. *Serves people nationwide, but more specific information for Californians.*

WOMEN’S ORGANIZATIONS AND RESOURCES

Action Committee for Women in Prison

769 Northwestern Dr · Claremont, CA 91711
626-710-7543 · <https://acwip.wordpress.com>

The Action Committee for Women in Prison advocates for the humane and compassionate treatment of all incarcerated women everywhere, and works for the release of all women who are unjustly imprisoned, including individual women prisoners who pose no danger to society. They also strive to reduce the over reliance on incarceration by shifting the focus from punishment to rehabilitation and restorative justice. *May not respond to individual letters.*

Aid to Inmate Mothers

PO Box 986 · Montgomery, AL 36101-0986
334-262-2245, 800-679-0246 · <http://www.inmatemoms.org>
Provides services to Alabama’s incarcerated women with emphasis on enhancing personal growth and strengthening the bonds between inmate mothers and their children. *Serves women in Alabama only.*

Chicago Books to Women in Prison

c/o RFUMC 4511 N Hermitage Ave · Chicago, IL 60640
<https://chicagobwp.org/>
All-volunteer, nonprofit organization that distributes paperback books (including Spanish books) free of charge to women in prisons nationwide, including transwomen in men’s prisons. They send three books in a package. Please provide several options of genre or subject matter. Currently serves Cook County jail (no other short term facilities) and state prisons in Arizona, California, Florida, Illinois, Indiana, Kentucky, Mississippi and Ohio, as well as all federal prisons. *Expect delays during COVID-19.*

Hour Children

36-11 12th St · Long Island City, NY 11106
718-433-4724 · <http://www.hourchildren.org>
Mission is to support incarcerated mothers and their children. Provides resources and services outside and inside New York state prisons only. Also provides services in Spanish (también ofrece servicios en español). *Only provides services to New York state*

prisons.

Justice Now

1322 Webster St, Suite 208 · Oakland, CA 94612
510 839-7654 or 510 832-HELP (4357) ·

<https://www.justicenow.org/>

Justice Now focuses on the needs of women prisoners. They work on alternative sentencing; document human rights abuses in prison; provide legal services around women’s healthcare access, and offer assistance with compassionate release. *Serves women in California only.*

Keeping the Faith: The Prison Project

The Pat Graney Company PO Box 221009 · Seattle, WA 98122
206-329-3705 · <http://www.patgraney.org/education/keeping-the-faith>

Keeping the Faith–The Prison Project serves women in Washington state prisons through dance, expository writing, visual art and performance. This program serves hundreds of women in prison as well as offering their incarcerated peers in the audience a chance to discuss topics relating to their own lives after each performance. *Serves women in Washington only.*

National Clearinghouse for the Defense of Battered Women

990 Spring Garden Street, Suite 703 · Philadelphia, PA 19123
215-763-1144 · <https://www.ncdbw.org/>

The Clearinghouse assists defense teams on cases involving domestic violence survivors charged with crimes related to their abuse. It does not provide directly legal representation, but consults with defense teams. They have a number of publications downloadable for free on this issue intersecting with criminal cases, immigration, and family law proceedings. *Serves women nationally, but expect delay in response to letters.*

Tulane University Women’s Prison Project

6329 Freret Street · New Orleans, LA 70118
<https://law.tulane.edu/clinics/womens-prison-project>
Law student clinic focused on incarcerated individuals who are also survivors of abuse. Provides individual representation for post-conviction, parole, and clemency proceedings where abuse was a factor in the crime of conviction. Expect delays during the summer. *Serves survivors in Louisiana only, but will consult nationwide with defense attorneys.*

Women’s Prison Association

110 Second Ave · New York, NY 10003
646-292-7742 · <http://www.wpaonline.org>
The Women’s Prison Association (WPA) offers a range of services aimed at helping women in the New York City area. Their direct service network is organized in three broad areas; Residential and Family Services; Reentry Services; and neighborhood-based services. Provides transitional planning and education in NY women’s prisons, as well as HIV counseling and testing. *Serves women in New York state only.*

Women’s Prison Book Project

c/o Boneshaker Books 2002 23rd Ave S · Minneapolis, MN 55404
612-871-7110 · <https://wpbp.org>
The Women’s Prison Book Project (WPBP) provides women and

transgender persons in prison with free reading materials covering a wide range of topics. WPBP also has a free resource guide for women and trans prisoners and a newsletter which publishes prisoner articles. Also runs the Midwest Trans Prisoner Penpal Project. Ofrecen materiales de lectura en Español. *Only serves women and trans prisoners. Expect delays due to covid.*

INNOCENCE PROJECTS

Alaska Innocence Project

P.O. Box 201656 · Anchorage, AK 99520
907-279-0454

All cases for consideration by AKIP should be submitted by mail to the address above with a brief factual summary of the case and a list of the evidence which might be available to prove innocence. No other documents should be submitted for initial review. AKIP does not accept telephone or e-mail applications.

Arizona Justice Project

111 E Taylor St Suite 365 · Phoenix, AZ 85004
602-496-0286 · <http://www.azjusticeproject.org>

Accepts both DNA and non-DNA cases and represents indigent Arizona prisoners whose claims of innocence have gone unheeded. They also conduct post-conviction DNA testing in cases of forcible rape, murder, and non-negligent homicide cases, shaken baby syndrome and arson and other cases where the testing might demonstrate actual innocence. *Serves Arizona only.*

California Innocence Project

California Western School of Law 225 Cedar St · San Diego, CA 92101
619-525-1485 · <http://californiainnocenceproject.org>

Accepts cases only where the conviction occurred in the following Southern California counties: Imperial, Kern, Los Angeles, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara, and Ventura (for all other CA counties, see the Northern California Innocence Project). In addition to DNA cases, they also review cases that may involve witness recantations, changes in science, government misconduct, or ineffective assistance of counsel – so long as there is evidence of innocence to support the claim. *Serves people convicted in Southern California counties only.*

Center on Wrongful Convictions at Northwestern Pritzker School of Law

375 E Chicago Ave · Chicago, IL 60611-3069
312-503-2391 ·

<http://www.law.northwestern.edu/wrongfulconvictions>

Accepts cases of actual innocence in the United States, both DNA and non-DNA Cases. Will consider arson and shaken baby syndrome cases. No sentence requirements. All requests must come directly from the person seeking representation.

Center on Wrongful Convictions - Women's Project

Center on Wrongful Convictions, Northwestern University Pitzker School of Law 375 E Chicago Ave · Chicago, IL 60611-3069
www.law.northwestern.edu/legalclinic/wrongfulconvictions/womensproject · 312-503-8576

The Center of Wrongful Convictions Women's Project monitors potential cases of wrongfully convicted women across the country, facilitates the sharing of information about such cases, and

educates the public about relevant issues. They consider cases in which the person seeking assistance must be in no way responsible for the crimes of which she was convicted, and the trial must be completed and have resulted in a conviction and sentence.

Center on Wrongful Convictions of Youth

Northwestern Pritzker School of Law 375 E Chicago Ave · Chicago, IL 60611-3069 · 312-503-8576

www.law.northwestern.edu/legalclinic/wrongfulconvictionsyouth/

The CWCY is the only innocence project in the country that focuses exclusively on individuals who were convicted or accused of crimes when they were adolescents or younger. They are dedicated to identifying, investigating, and litigating credible innocence claims of wrongfully convicted young people and preventing future wrongful convictions.

Centurion Ministries, Inc.

Attn: Case Development Manager 1000 Herrontown Rd · Princeton, NJ 08540

609-921-0334 · <http://www.centurionministries.org>

Advocacy and investigative organization that considers cases of factual innocence primarily in murder and rape cases carrying life or death sentences, but other cases of factual innocence may be considered. They do not take on accidental death, self-defense cases, or cases where the defendant had any involvement in the crime. Prisoners fitting the above criteria may send a letter (four pages or less) outlining the facts of the case, with a summary including the following points: what they were convicted of; brief description of the crime; why they were arrested and taken to trial; what evidence was used to convict; and what evidence there is that points toward innocence.

Committee for Public Counsel Services Innocence Program

21 McGrath Hwy · Somerville, MA 02143

617-209-5666 · <https://www.publiccounsel.net/pc/innocence-program>

The CPCS Innocence Program aims to identify and litigate new trial motions on behalf of indigent Massachusetts state defendants who are actually innocent of the crimes of which they have been convicted. They review and litigate both DNA and non-DNA based innocence claims, with special attention to cases involving eyewitness identification evidence, false confessions, and flawed or invalidated forensic science testimony. Write for questionnaire. Do not send original documents. *Serves Massachusetts only.*

Connecticut Innocence Project

55 Farmington 8th Floor · Hartford, CT 06105

860-509-6400 · <http://www.ct.gov/ocpd/cwp>

Accepts cases of actual innocence in Connecticut; DNA and non-DNA cases. Sentence must include at least a ten year period of incarceration and be no less than five years from estimated release date. Must be some new evidence in the case which would establish innocence. *Serves Connecticut only.*

George C. Cochran Innocence Project (Mississippi)

George C. Cochran Innocence Project PO Box 1848 · University, MS 38677 · 662-915-5207 · <http://innocenceproject.olemiss.edu>
The Project currently accepts applications for legal representation from prisoners convicted in Mississippi who believe that they may

have a claim of actual innocence. The Project only reviews cases from central and north Mississippi counties-excluding 30 south Mississippi counties served by the Innocence Project New Orleans (see LOUISIANA listing). The Project only accepts application requests directly from prisoners and only by mail.

Georgia Innocence Project

50 Hurt Plaza East Suite 350 · Atlanta, GA 30303
(404) 373-4433 · <https://www.georgiainnocenceproject.org/>
Accepts cases of actual innocence in Georgia; DNA and non-DNA cases; you must have at least five years left on your sentence to serve in prison, or listed on the Georgia Sex Offender Registry. *Serves Georgia Only.*

Great North Innocence Project

229 19th Avenue South, Suite 285 · Minneapolis, MN 55455
612-624-4779 · <http://www.greatnorthinnocenceproject.org>
Reviews wrongful conviction cases where newly discovered evidence is identified and can provide clear and convincing proof of actual innocence. Actual innocence means the defendant played on role in the commission of the crime. *Serves Minnesota, North Dakota and South Dakota only.*

Hawaii Innocence Project

2515 Dole Street, Suite 255 William S. Richardson School of Law,
Attn: Jennifer Brown · Honolulu, HI 96822
808-956-6547 · <https://www.hawaiinnocenceproject.org/>
Legal non-profit clinic accepts applications from anyone who has been convicted of a crime occurring in Hawai'i AND is factually innocent of that crime. Applications can be downloaded from the website or can be mailed to you. *Serves Hawaii only. Expect delays in the summer and due to covid.*

Idaho Innocence Project

1910 University Dr c/o Biology Department, Boise State University ·
Boise, ID 83725-1515 · 208-426-4207
<http://innocenceproject.boisestate.edu>
Idaho prisoners with at least 5 years remaining on their sentence must write a letter directly for assistance, clearly stating his or her innocence. The project accepts only post-conviction cases from prisoners who do not currently have legal counsel. They will respond to the letter and let the prisoner know if any further information is needed before making a decision about their case. Do not send any legal documents or originals. *Serves Idaho only.*

Illinois Innocence Project

One University Plaza University of Illinois Springfield · Springfield, IL
62703-5407 · (217) 206-6569
<https://www.uis.edu/illinoisinnocenceproject/>
Reviews cases where the applicant claims to be actually innocent of the crime(s) for which he or she is convicted. Must be substantial new evidence to support a claim of innocence, such as DNA evidence. Must have at least 8 years left on your sentence and not already be represented. Cannot take on all applicants. Expect delays, especially during summer. *Serves Illinois only.*

Innocence and Justice Clinic

Wake Forest University Law School: Attn: Innocence & Justice
Clinic 1834 Wake Forest Road · Winston-Salem, NC 27106

336-758-6111 · <http://innocence-clinic.law.wfu.edu>

Cases accepted: Cases of actual innocence in North Carolina; DNA and non-DNA cases; no sentence requirements. *Serves North Carolina only.*

Innocence and Justice Project

Univ of New Mexico School of Law 1117 Stanford NE, MSCII 6070 ·
Albuquerque, NM 87131-0001
505-277-2146 · <https://lawschool.unm.edu/ijp/>
Cases accepted: Cases of actual innocence in New Mexico; DNA and non-DNA cases; no sentence requirements. *Serves New Mexico only.*

Innocence Project (national)

40 Worth St, Suite 701 · New York, NY 10013
212-364-5340 · <http://www.innocenceproject.org>
The Innocence Project works to exonerate the wrongly convicted through DNA testing and reforms to the criminal justice system to prevent future injustices. They accept only cases in which DNA testing can prove innocence. Write to request intake form. *Accepts applications nationwide EXCEPT from AZ, CA, IL, MI, OH, WI or Puerto Rico.*

Innocence Project at the UVA School of Law

University of Virginia School of Law 580 Massie Rd · Charlottesville,
VA 22903
434-924-3732 · <http://www.innocenceprojectuva.org/contact>
Evaluates cases of wrongful convictions if three criteria are met: (1) the inmate must have been convicted of a crime in Virginia, (2) the conviction must be final, and (3) the inmate is actually innocent of the crime of which he or she was convicted. Decision is based on the likelihood of being able to prove innocence, the availability of legal remedies, and capacity. To be considered, send a letter requesting their application packet. *Serves Virginia only.*

Innocence Project New Orleans

4051 Ulloa Street · New Orleans, LA 70119
504-943-1902 · <http://www.ip-no.org>
Accepts cases of factual innocence; must be serving a life sentence or a near-life sentence with at least 10 years left to be served; direct appeal has been denied; cannot afford an attorney; is not serving a sentence on another conviction. *Serves Louisiana and South Mississippi only.*

Innocence Project of Florida

1100 E Park Avenue · Tallahassee, FL 32301
850-561-6767 · <http://www.floridainnocence.org>
Accepts cases of actual innocence in Florida; DNA and Non-DNA cases. No sentence requirements. Does not accept federal cases or cases on direct appeal. Also provides transitional and aftercare services to exonerees. *Serves Florida only.*

Innocence Project of Iowa

19 S. 7th St. · Estherville, IA 51334
<http://www.iowainnocence.org>
Reviews and litigates cases of wrongful conviction in Iowa. It partners with the Midwest Innocence Project and the Wrongful Conviction Division of the State Public Defender of Iowa in its review and litigation of cases. Most likely to take cases that include: DNA

evidence; mistaken eyewitness identification; false confessions; convictions due to police, prosecutorial, or judicial neglect or misconduct; unreliable scientific methods, tests, or procedures; false witness testimony; and egregious defense counsel neglect or misconduct. Write for a questionnaire. *Serves Iowa only.*

Innocence Project of Texas

300 Burnett St, Suite 160 · Ft. Worth, TX 76102

<https://innocencetexas.org/>

The Innocence Project of Texas can only review cases that meet the following tests: The prisoner is claiming actual innocence; the conviction is a felony which took place in a Texas state court; and all direct appeals have been completed. Does not accept requests for assistance via email, phone, or fax. *Serves Texas state prisoners only (no federal).*

Kentucky Innocence Project

Department of Public Advocacy 5 Mill Creek Park · Frankfort, KY 40601 · 502-564-8006 ·

http://dpa.ky.gov/who_we_are/KIP/Pages/KIP.aspx

Prospective clients should meet the following criteria: a Kentucky conviction & incarceration; a minimum ten-year sentence; a minimum of three years until eligible to go before the parole board or if parole has been deferred, a minimum of three years to the next appearance before the parole board; new evidence of innocence discovered since the conviction which can be investigated; and a claim of actual innocence. *Serves Kentucky only.*

Korey Wise Innocence Project at Colorado Law

University of Colorado Law School Wolf Law Building, 404 UCB · Boulder, CO 80309-0404 · 303-492-2640

<http://www.colorado.edu/law/academics/clinics/korey-wise-innocence-project>

The Korey Wise Innocence Project (fKWIP) will not take cases in which the defendant already has a lawyer, or is entitled to a lawyer at state expense. The KWIP will take a case only where there is a genuine and provable claim of innocence. The KWIP gets involved only when the traditional methods of appealing a conviction have failed. *Only Colorado cases will be accepted (state and federal).* Write for a copy of evaluation criteria.

Loyola Law School's Project for the Innocent

Alarcón Advocacy Center 919 Albany St. · Los Angeles, CA 90015 213-736-8141

www.lls.edu/academics/experientiallearning/clinics/projectfortheinnocent/

Dedicated to the exoneration of the wrongfully convicted. If a true claim of innocence is provable, clinic students will help draft a habeas petition. Must have case for factual innocence, have exhausted all their appeals, and are no longer represented by an attorney. *Serves California only. Expect delays in the summer.*

McKinney Wrongful Conviction Clinic

Wrongful Conviction Clinic, Indiana Univ McKinney School of Law 530 W New York St, Rm 111 · Indianapolis, IN 46202-3225

317-274-5551 · <https://mckinneylaw.iu.edu/practice/clinics/clinics-wrongful-conviction.html>

Students represent indigent clients seeking relief from wrongful Indiana convictions in state post-conviction and/or federal habeas

corpus proceedings. State cases are accepted in cooperation with the Office of the State Public Defender. Accepts cases of actual innocence; DNA and Non-DNA Cases; will consider arson, Shaken Baby Syndrome, and child abuse cases. *Serves Indiana only.*

Michigan Innocence Clinic

701 S. State Street University of Michigan Law School · Ann Arbor, MI 48109-3091 · 734-763-9353

<http://www.law.umich.edu/clinical/innocenceclinic/>

Accepts cases of actual innocence in Michigan; non-DNA cases only; no sentence requirements. The prisoner must not be currently represented by counsel and the crime and conviction must have occurred in Michigan.

Mid-Atlantic Innocence Project

1413 K St. NW, Suite 1100 · Washington, DC 20005

202-888-1766 · <https://exonerate.org/>

Free investigative and legal assistance to prisoners convicted in the District of Columbia, Maryland, and Virginia who are factually innocent and whose innocence can be proven by DNA testing or by other newly discovered evidence. The prisoner must not be currently represented by another attorney in his or her criminal case, or have the right to appointed counsel in the case. Write for questionnaire. *District of Columbia, Maryland and Virginia only.*

Midwest Innocence Project

3619 Broadway Blvd., Suite 2 · Kansas City, MO 64111

816-221-2166 · <http://www.themip.org>

Accepts cases of actual innocence in AR, IA, KS, MO, and NE; applicant must have more than 10 years left to serve on their sentence; cannot be currently represented by another attorney; must have exhausted all appeals. Also reviews death penalty cases. Partners with the Iowa Innocence Project; if you write to both, expect only one response. *Serves Arizona, Iowa, Kansas, Missouri, and Nebraska only.*

Montana Innocence Project

PO Box 76067 · Missoula, MT 59807

406-243-6899 · <http://www.mtinocenceproject.org>

Accepts DNA and non-DNA cases. Prisoners must have been convicted of a felony crime in a Montana state or federal court; must have completed trial, sentencing and direct appeals; must not currently be represented by an attorney. Priority is given to cases where convincing and corroborating evidence can establish actual innocence. *Serves Montana only.*

New England Innocence Project

1035 Cambridge St Ste 28A · Cambridge, MA 02141

(617) 945-0762 · <http://www.newenglandinnocence.org>

Accepts cases of actual innocence in CT, MA, ME, NH, RI, and VT in which the prisoner has a claim of factual innocence; no time requirement DNA and non-DNA cases; will consider arson and shaken baby syndrome cases; may consider child abuse cases. *Serves New England states, except New York.*

North Carolina Center on Actual Innocence

PO Box 52446 · Durham, NC 27717-2446

919-489-3268 · <http://www.nccai.org/>

Accepts cases of actual innocence in North Carolina; DNA and non-

DNA cases; will consider arson and shaken baby syndrome cases, and may consider child abuse cases; typically limit to those in custody, but exceptions are made. *Serves North Carolina only.*

North Carolina Innocence Inquiry Commission

Administrative Office of the Courts PO Box 2448 · Raleigh, NC 27602

919-890-1580 · <http://www.innocencecommission-nc.gov>

The North Carolina Innocence Inquiry Commission was created by the North Carolina General Assembly in 2006 and is charged with providing an independent and balanced truth-seeking forum for credible post-conviction claims of innocence in North Carolina. The Commission is separate from the appeals process. A person exonerated by the Commission process is declared innocent and cannot be re-tried again. *Serves North Carolina only.*

Northern California Innocence Project

500 El Camino Real Santa Clara Univ School of Law · Santa Clara, CA 95053 · 408-554-4790 · <http://ncip.org/>

Accepts actual innocence cases for people convicted in a Northern or Central California county; DNA and non-DNA cases; no minimum sentence requirements. The applicant must have been convicted in state court of a serious felony. Will consider cases involving faulty forensic science, police or prosecutor misconduct, ineffective assistance of counsel, eyewitness misidentification, false testimony and false confessions. *Northern and Central California only.*

Ohio Innocence Project

University of Cincinnati College of Law PO Box 210040 · Cincinnati, OH 45221-0040 · 513-556-0752 · <http://www.law.uc.edu/oip>

Accepts cases of actual innocence in Ohio; DNA and non-DNA cases; no sentence requirements. *Serves Ohio only.*

Ohio Public Defender Wrongful Conviction Project

250 East Broad St, Suite 1400 Attn: Project Director, Joe Bodenhamer · Columbus, OH 43215 · 800-686-1573

<https://opd.ohio.gov/wps/portal/gov/opd/law-library/innocence/innocence>

Cases accepted for review: Cases of actual innocence in Ohio; non-DNA cases only; arson cases; Shaken Baby Syndrome cases; child sex abuse cases; all other claims of actual innocence. *Serves Ohio only.*

Oklahoma Innocence Project

Oklahoma City University School of Law 800 N Harvey Ave · Oklahoma City, OK 73102 · 405-208-6161

<http://www.okinnocence.com/>

The Oklahoma Innocence Project accepts cases of actual innocence in Oklahoma; DNA and non-DNA cases; no sentence requirements. Must have credible evidence of factual innocence and be convicted in Oklahoma state court (no federal convictions). *Serves Oklahoma only.*

Oregon Innocence Project

PO Box 5248 · Portland, OR 97208

503-944-2270 · <http://www.oregoninnocence.org>

The Oregon Innocence Project's mission is to exonerate the innocent, educate and train law students, and promote legal reforms aimed at preventing wrongful convictions. They provide free legal

assistance to inmates convicted in an Oregon court who assert factual innocence, and where there is the possibility of proving innocence. *Serves Oregon only.*

Pace Post-Conviction Project

78 North Broadway Pace Univ Law School · White Plains, NY 10603

(914) 422-4253 · <http://lawweb.pace.edu/jjls/clinic.html>

Law school students at Pace University investigate cases of actual innocence; DNA and non-DNA cases. *Serves Westchester County and New York City only. Expect delays during the summer.*

Palmetto Innocence Project

P.O. Box 11623 · Columbia, SC 29201

803-779-0005 · <https://palmettoinnocence.org/>

Focuses on claims of actual innocence or contentions of serious injustice in the criminal process exist. Must have at least 3 years left on sentence; conviction/appeals are final; and new evidence of innocence, such as DNA evidence, key trial witness recantation (e.g. change in testimony), or other credible evidence substantially affecting the case result. *Serves South Carolina only.*

Pennsylvania Innocence Project

1515 Market St, 3rd Floor Temple University Beasley School of Law · Philadelphia, PA 19102 · 215-204-4255

<http://www.innocenceprojectpa.org>

The Pennsylvania Innocence Project only takes on cases from factually innocent individuals who have been wrongfully convicted and exhausted their appeals. The Project takes on cases with or without DNA evidence, and will consider arson, shaken baby syndrome, and child abuse cases. *Serves Pennsylvania only.*

Rocky Mountain Innocence Center

358 South 700 East, B235 · Salt Lake City, UT 84102

801-355-1888 · <http://rminnocence.org/>

Accepts cases of actual innocence in Nevada, Wyoming or Utah; DNA and non-DNA cases; seven or more years left to serve on sentence; must be completely innocent; significant new evidence must be available to prove the prisoner's innocence.

The Exoneration Initiative

233 Broadway, Suite 2370 · New York, NY 10279

212-965-9335 · <http://exonerationinitiative.org>

Accepts cases of actual innocence in New York; DNA and non-DNA cases (specializes in non-DNA); no sentence requirements.

The Exoneration Project

6020 S University Ave Univ. of Chicago · Chicago, IL 60637

312-789-4955 · <http://www.exonerationproject.org>

Legal clinic reviewing cases of innocence for people who have gone to trial and were found guilty of crimes they did not commit. They consider post-conviction cases from across the nation for individuals wrongfully convicted of different types of crimes and with different sentence lengths, including cases where a defendant has served their complete sentence or pled guilty. They do not consider cases of self-defense. In order to apply for representation, the defendant must be innocent of the crime and the trial must be completed and have resulted in a conviction. Expect delays in the summer. *Will consider cases nationwide.*

The Last Resort Exoneration Project

One Newark Center Seton Hall University School of Law · Newark, NJ 07102 · 973-642-8500 · <https://law.shu.edu/exoneration-project/index.cfm>

Free investigative and legal services to the convicted innocent of New Jersey who have substantial claims of factual innocence and are willing to cooperate with requests aimed at discovering the truth. *Serves New Jersey only.*

Thurgood Marshall School of Law Innocence Project

Earl Carl Institute for Legal and Social Policy, Texas Southern University 3100 Cleburne St · Houston, TX 77004 713-313-1139 ·

http://www.tsulaw.edu/centers/ECI/centers/criminal_justice

Handles claims of actual innocence typically involving DNA evidence testing, mistaken identification, or that a crime never actually occurred. Thurgood Marshall law students work directly on the project and screen cases, obtain and review case histories, investigate facts, interview involved persons, write case time lines and summaries, perform case analyses, and prepare written case evaluations and pleadings. *Serves Texas only.*

University of Baltimore Innocence Project Clinic

1420 N Charles St · Baltimore, MD 21201 410-837-6543 · <http://law.ubalt.edu/clinics/innocenceproject.cfm>

The University of Baltimore Innocence Project Clinic seeks to identify individuals who have been convicted in Maryland state courts of crimes they did not commit and to provide them with assistance in the investigation of their claims. In appropriate cases, representation will be provided in post-trial litigation efforts to secure exonerations. Accepts cases of actual innocence in Maryland; DNA and non-DNA cases. *Serves Maryland only.*

University of Miami Law Innocence Clinic

1311 Miller Drive · Coral Gables, FL 33146 305-284-2339 · <http://law.miami.edu/academics/clinics/innocence-clinic>

The clinic handles cases involving innocent individuals incarcerated for a minimum of 10 years who have new evidence ranging from recanting witnesses to new witnesses discovered by students to prosecutorial misconduct and ineffective assistance of counsel. The clinic also accepts cases involving DNA evidence. *Serves Floridians only.*

Washington Innocence Project

Univ of Washington School of Law PO Box 85110 · Seattle, WA 98145-1110 · 206-616-8792

<https://www.law.washington.edu/clinics/ipnw/clients.aspx>

In order to qualify for representation, a prisoner must: Be wrongly convicted of crimes in Washington; be unable to afford counsel; no longer have the right to appointed counsel; have completed the direct appeals process; have at least three years of prison time remaining to be served; have a claim of actual innocence that can be proven through DNA testing or other newly discovered evidence; and have no involvement in the crime whatsoever. *Must have been convicted in Washington state to qualify.*

West Virginia Innocence Project

West Virginia University College of Law PO Box 6130 ·

Morgantown, WV 26506 · 304-293-7249 ·

<https://wvinnocenceproject.law.wvu.edu/>

Accepts cases of actual innocence in West Virginia; DNA and non-DNA cases; three or more years left to serve; will consider arson and shaken baby syndrome cases. *Serves West Virginia only.*

Wisconsin Innocence Project

University of Wisconsin Madison 975 Bascom Mall · Madison, WI 53706-1399 · 608-262-1002

<https://law.wisc.edu/fjr/clinicals/ip/representation.html>

The Wisconsin Innocence Project (WIP) is a clinic at the University of Wisconsin Law School. WIP reviews cases of actual innocence. Must be incarcerated in Wisconsin, have at least seven years left of your sentence, and have a significant chance that substantial new evidence may be found to support a claim of innocence. This newly discovered evidence (NDE) could be physical evidence that was not previously subjected to forensic examination, such as DNA testing. NDE may also include non-physical evidence, such as from an eyewitness who was previously unknown or a recantation from a victim, if such a recantation is supported by other new evidence. *Serves Wisconsin only.*

WMU-Cooley Law School Innocence Project

300 South Capitol Ave WMU-Cooley Law School · Lansing, MI 48933

517-371-5140 · <https://www.cooley.edu/academics/experiential-learning/innocence-project>

Accepts cases of actual innocence in Michigan; DNA cases only; must be in custody; no time requirement. Students assist assigned attorneys with reviewing case files, screening applications, investigating facts, conducting interviews, and analyzing cases. *Serves Michigan only.*

HEALTH CARE RESOURCES**AIDS Law Project of Pennsylvania**

1211 Chestnut St, Suite 600 · Philadelphia, PA 19107

215-587-9377 · <http://www.aidslawpa.org>

Nonprofit public-interest law firm providing free legal assistance to people living with HIV and AIDS, including PA prisoners. Also has an office in New Jersey at 709 Haddonfield-Berlin Rd., Voorhees Township, NJ, 08043. English and Spanish spoken. *Serves Pennsylvania and New Jersey only.*

National Hepatitis Corrections Network

1621 South Jackson Street, Suite 201 · Seattle, WA 98144

206-732-0311 · <http://www.hcvinprison.org>

The NHCN serves as a hub of resources and information about hepatitis C in prisons and jails, including publishing resources about Hep C treatment in prison and producing educational materials for incarcerated people about hepatitis. The NHCN is a program of the Hepatitis Education Project (HEP), a nonprofit organization based in Seattle, WA. *Serves people nationally.*

Prison Health News

4722 Baltimore Avenue · Philadelphia, PA 19143

215-525-0460 · <https://prisonhealthnews.wordpress.com/>

Publishes a quarterly newsletter and health resource. Their newsletter is published four times a year for people in prison and strives to lift up the voices, experience and expertise of currently

and formerly incarcerated people. On their website, articles on many health topics are available for download. Write to them for a free subscription or with health questions. *Serves people nationally.*

TPAN

5537 N. Broadway · Chicago, IL 60640
773-989-9400 · <https://www.tpan.com/>

The Test Positive Aware Network. Publishes Positively Aware, a bimonthly magazine covering HIV/AIDS treatment, research, policy and lifestyle. Also offers articles on many HIV-related topics, including HIV and aging, prevention, and treatments. Offers free subscriptions to prisoners.

REHABILITATION PROGRAMS

Compassion Prison Project

8726 S. Sepulveda Blvd. Suite D #4201 · Los Angeles, CA 90045
<https://compassionprisonproject.org>

A grassroots organization focused on bringing adverse childhood experiences (ACEs) and trauma awareness to prisons and communities. Has created a powerful compassion-based curricula for people who have experienced ADEs, empowering them with awareness, information and tools for healing, including circle facilitation.

CURE-SORT

PO Box 1022 · Norman, OK 73070-1022
405-639-7262 · <http://www.cure-sort.org>

CURE-SORT (Sex Offenders Restored through Treatment) has information, resources, contacts, and support to individuals, families, defense attorneys, treatment providers, and professionals who work with issues of sexual abuse and its prevention. CURE-SORT is an issue chapter of Citizens United for the Rehabilitation of Errants (CURE). *Provides info nationally.*

Colorado CURE

3470 S. Poplar St. #406 · Denver, CO 80224-2931
(303) 758-3390 · <http://ColoradoCURE.org>

All volunteer nonprofit criminal justice advocacy international organization. CURE is recognized as a leading organization making efforts to reduce crime through criminal justice reform. Colorado-CURE was founded in 1990 and many of the original board are still active today.

Narcotics Anonymous

PO Box 9999 · Van Nuys, CA 91409
818-773-9999 · <http://www.na.org>

NA publishes a wide variety of materials concerning drug addiction and recovery, some of which are expressly produced for persons currently incarcerated, including Behind the Walls. Offers services in many different languages. También ofrece literatura en español, incluyendo Entre Rejas. Has many pamphlets and booklets available for free download from the internet. Ask friends or family to print and send to you directly. If you are looking for meeting locations for parole plans, ask a friend or family member to look on website for listings: <http://www.na.org>. Provides information nationally. *Expect delays due to covid.*

Prison Yoga Project

PO Box 415 · Bolinas, CA 94924

<https://prisonyoga.org>

Prison Yoga Project supports incarcerated people with trauma-informed yoga and mindfulness practices as a means of self-empowerment and self-rehabilitation. PYP believes yoga helps everyone develop the self-awareness, self-worth, empathy, and compassion that leads to positive personal and pro-social choices. Since 2010, it has sent more than 26,000 copies of Yoga: A Path for Healing and Recovery free of charge on request. *Serves people everywhere.*

The Insight Prison Project

PO Box 29 · San Quentin, CA 94964

415-459-9800 · <http://www.insightprisonproject.org>

IPP offers transformational programs for prisoners and parolees, which are supported by crime victims and community volunteers. IPP currently conducts 25 weekly classes at San Quentin State Prison, involving some 300 prisoners, as well classes in 15 other prisons. IPP's Victim Offender Education Group is a nationally recognized restorative justice program. *Provides in-prison services in California, Massachusetts, and Colorado.*

The Osborne Association

809 Westchester Avenue · Bronx, NY 10455

718-707-2600 · <http://www.osborneny.org>

Osborne offers a wide range of direct services to justice system-involved people and their children and families. Our programs and services are evidence- and experience-based and designed to reduce crime and reliance on incarceration, heal the damage and trauma of crime and incarceration, and enhance opportunity for those affected by crime and incarceration. Offers services to incarcerated parents as well. Write for list of programs and services. The Osborne Association has three locations: in the Bronx, Brooklyn, and Newburgh. *Serves New York only.*

FREE BOOKS PROGRAMS

Appalachian Prison Book Project

PO Box 601 · Morgantown, WV 26507

<https://appalachianprisonbookproject.org/>

Sends free books, hosts book clubs inside prisons in our region, and is leading an effort to bring for-credit college courses into prison. Mails books to prisoners in the Appalachian region only; KY, MD, OH, TN, VA, & WV.

Asheville Prison Books

67 N. Lexington c/o Downtown Books & News · Asheville, NC

28801 · <http://avlpb.org>

Sends free reading material to folks incarcerated in North Carolina and South Carolina, including county jails, detention centers, state prisons, and federal facilities. They do not have a catalogue, but try to match requests to books as best they can. *Serves people in North Carolina and South Carolina only.*

Athens Books to Prisoners

30 1 st Street · Athens, OH 45701

<http://athensbookstoprisoners.weebly.com>

Athens Books to Prisoners is a volunteer run organization that sends free books to prisoners in Ohio upon request. *Serves Ohio only.*

Book 'Em

Thomas Merton Center 5129 Penn Avenue · Pittsburgh, PA 15224
412-361-3022 ext. 4 · <http://www.bookempgh.org>
Book 'Em is an all-volunteer, non-profit organization that sends free educational books and quality reading material to prisoners in Pennsylvania only. Prisoners may request books by subject. *May not be active due to covid. Sends books to individuals in Pennsylvania only.*

Books Through Bars

4722 Baltimore Ave · Philadelphia, PA 19143
215-727-8170 · <http://www.booksthroughbars.org>
Free books across the Eastern Seaboard. Prisoners may request by topic (not exact title or author), and provide several areas of interest if possible. Sends to DE, MD, NJ, NY, PA & VA only.

Books to Prisoners (Seattle)

c/o Left Bank Books 92 Pike St, Box A · Seattle, WA 98101
206-527-3339 · <http://www.bookstoprisoners.net>
Request by subject; very few religious or legal materials. Does not ship to prisons that require all books sent be new. No requests from male prisoners in California. Write directly to request. *Serves people nationwide, with exceptions.*

DC Books to Prisoners

PO Box 34190 · Washington, DC 20043
<http://dcbookstoprisoners.org>
Sends books to all states. Requests should be by category, not specific titles. Please MAIL us your request. We do not have ability to respond to email requests. List subjects of interest as well as prison restrictions, if known. Requests by title and author are challenging to fulfill. *Sends nationally.*

Inside Books Project

3106 E. 14 1/2 Street c/o 12th Street Books · Austin, TX 78702
512-655-3121 · <http://www.insidebooksproject.com>
Sends free books and literature to prisoners in Texas only. Also sends a very informative prisoner resource guide free to prisoners in all states. Send two stamps, or pre-addressed stamped envelope containing two stamps for a copy of their resource guide. *Serves people in Texas state prisons only.*

Louisiana Books 2 Prisoners

3157 Gentilly Blvd. #141 · New Orleans, LA 70122
504-272-7323 · <http://www.lab2p.org>
Louisiana Books 2 Prisoners provides free books to women prisoners in any state, as well as to male prisoners in these four states only: AL, AR, MS, and LA. Letters from Louisiana and women prisoners are given priority, with all other letters answered in the order received. *Temporarily closed due to covid.*

Midwest Books to Prisoners

1321 N Milwaukee Ave, PMB #460 · Chicago, IL 60622
<http://midwestb2p.com>
Midwest Books to Prisoners is staffed by volunteers who collect book donations, read letters, pack packages and solicit donations. Books are sent to prisoners in the following states: IL, IN, IA, KS, MI, MN, MO, NE, OH, ND, SD & WI.

Midwest Pages to Prisoners Project

PO Box 1324 · Bloomington, IN 47402
812-727-0155 · <http://www.pagestoprisoners.org>
Midwest Pages to Prisoners provides free books and zines to prisoners in these ten Midwest states only: AR, IA, IN, KS, MN, MO, ND, NE, OK, & SD. In your letter, please tell us what type of reading material you are interested in—sharing subjects and genres of interest is most helpful.

NYC Books Through Bars

c/o Bluestockings Bookstore 172 Allen St · New York, NY 10002
<http://www.booksthroughbarsnyc.org>
Specializes in political and history books, as well as literary fiction and other educational books with a priority for New York prisoners. Does not send religious literature. Fills requests from all states except AL, FL, LA, MA, MI, MS, NC, PA, OH & WI.

Open Books & the Prison Book Project

c/o Open Books Bookstore 1040 N Guillemard St · Pensacola, FL 32501 · 850-453-6774 · <http://www.openbookspcola.org>
The Prison Book Project sends free books to indigent prisoners in Florida prisons. Write with categories of books you would like. *Serves Florida only.*

Prison Book Program

c/o Lucy Parsons Bookstore 1306 Hancock St, Suite 100 · Quincy, MA 02169 · 617-423-3298 · <http://www.prisonbookprogram.org>
National books to prisoners organization. Offers a free 6-page "National Prisoner Resource List," and a free resource list for LGBTQ. Does not send books or any other materials to any jails. Books may be delayed up to 4 to 6 months. Allows two book shipments per year. *Serves people nationally EXCEPT CA, IL, MD, MI, NV, and TX, and other exceptions.*

Prison Books Collective Publishing and Distribution

PO Box 625 · Carrboro, NC 27510
919-443-9238 · <https://prisonbooks.info>
The Prison Books Collective is a Chapel Hill, NC-based anti-prison group that sends books to prisoners in Alabama and N. Carolina, maintains an extensive radical 'zine catalog, widely distributes a monthly poster promoting political prisoner support, and publishes prisoners' art and writing. *Sends to Alabama and North Carolina only; zines everywhere. May be delays due to covid.*

Prisoner Express

PO Box #6556 CTA / Durland Alternatives Library · Ithaca, NY 14851
607-255-6486 · <http://www.prisonerexpress.org>
Prisoner Express News is published every six months and sent free of charge to incarcerated individuals throughout the United States. They are also available for download online. PE also sends books and educational packets as available. Prisoner Express has ongoing programs in creative writing, chess, meditation, journaling and art. *Sends to people nationally.*

Prisoners Literature Project

c/o Bound Together Books 1369 Haight St · San Francisco, CA 94117 · 510-749-4160 · <http://www.prisonlit.org>
The Prisoners Literature Project is an all-volunteer grassroots

organization that sends free books to prisoners across the U.S. Please request types of books, not specific titles. They do not carry Christian books or legal texts. Please limit requests to once per year, and be patient while they try to find books to match your requests. Inform them of any book restrictions at your prison. PLP is one of PARC's partners - ask them for your next copy of the PARC directory! *Serves people nationally except Texas.*

Read Between the Bars

PO Box 44014 c/o Daily Planet Publishing · Tucson, AZ 85733
<http://www.readbetweenthebars.com>
 Grassroots collective in Tucson that originated in March 2007 sending free books. *Serves people in Arizona only. May be closed due to covid.*

RedBird Books-to-Prisoners

PO Box 10599 · Columbus, OH 43201
 RedBird Books-to-Prisoners is dedicated to providing Ohio prisoners with free books and reading materials. Send requests by subject. *Only sends to Ohio. May be delays due to covid.*

Rogue Liberation Library

PO Box 3418 · Ashland, OR 97520
<https://peacehouse.net/RLL/>
 Rogue Liberation Library believes in the right to read and that books are tools for liberation. This all-volunteer, nonprofit organization is located in Southern Oregon's Rogue Valley. They do not send legal materials. They provide educational and recreational reading materials in multiple subject areas. Request books by subject, not specific titles. Limit requests to once every three months. List prison book restrictions if known. *Books are sent free of charge to people in most federal prisons; and state prisons (no jails) in OR, CA, ID, TX and NV only.*

Urbana-Champaign Books to Prisoners

PO Box 515 · Urbana, IL 61803
 708-782-4608 · <http://www.books2prisoners.org>
 UC Books to Prisoners is an Urbana, Illinois based project providing books at no cost by mail to inmates in state and federal prisons, as well as in two county jail libraries in Illinois. *Serves people in Illinois only. May be closed or delays due to covid.*

Wisconsin Books to Prisoners Project

The Social Justice Center 1202 Williamson Street #1 · Madison, WI 53703
 608-257-6050 · <https://wisconsinbookstoprisoners.org/>
 Small, all-volunteer, non-profit organization that sends books free of charge to state and federal prisoners in Wisconsin. Request by subject category. *Sends to Wisconsin only.*

NEWSLETTERS AND MAGAZINES

Anarchist Black Cross Los Angeles

P.O. Box 11223 · Whittier, CA 90603
<https://www.abcf.net/>
 Since the beginning of the Twentieth Century, the Anarchist Black Cross (ABC), has been on the frontline in supporting those imprisoned for struggling for freedom and liberty. In May of 1995, a small group of ABC collectives merged into a Federation whose aim was to focus on the overall support and defense of political

prisoners and prisoners of war. Write for information on political prisoners and for addresses of other chapters in Bakersfield CA, Inland Empire CA, Orange County, Lancaster PA, Philadelphia PA, and New York City.

Grant Publications

PO Box 28812 · Greenfield, WI 53228-0812
 (414) 543-5616
 Magazine subscription services with years of experience servicing inmates. Send SASE for more information. Order any five (5) magazine subscriptions and get one (1) year magazine subscription for free from specially marked list with (*). *Serves people nationwide.*

News & Letters

228 South Wabash, Suite 230 · Chicago, IL 60604
 312-431-8242 · <http://www.newsandletters.org>
 News & Letters is a Marxist-Humanist newspaper published by the News and Letters Committees, an organization of Marxist-Humanists who stand for the abolition of capitalism, whether in its private property or state property form. It is published bi-monthly, and features articles by prisoners and others on the prison struggle. *Free to prisoners. Serves people nationally.*

San Quentin News

Main Street · San Quentin, CA 94964
<http://sanquentinnews.com>
 San Quentin News is a 20-page monthly newsletter written, edited, and produced by prisoners incarcerated at San Quentin State Prison. The SQ News encourages prisoners, staff, or others outside the institution to submit articles, poems, artwork and letters to the editor for possible inclusion. To receive a mailed copy of the SQ News, send \$1.61 in postage each month for each new issue.

Slingshot Magazine

PO Box 3051 · Berkeley, 94703
 510-540-0751 ext. 3 (voicemail only) · <https://slingshotcollective.org/>
 Slingshot is a quarterly, independent, radical newspaper published in the East Bay since 1988 by the Slingshot Collective. Subscriptions are free to USA prisoners. Accepts submissions of articles, artwork, calendar items, spots to add to the radical contact list, suggestions for distribution, and thoughts about what they should be doing next. *Serves people nationally.*

The Angolite

Louisiana State Penitentiary c/o Cashiers Office · Angola, LA 70712
files.deathpenaltyinfo.org/legacy/documents/AngoliteSubscriptionForm.pdf
 The Angolite is published and edited by prisoners at the Louisiana State Penitentiary in Angola, LA. Subscriptions are \$20 per year, \$38 for 2 years, or \$54 for three years. Write for order form.

VENDORS AND PUBLISHERS

Edward R. Hamilton Books

PO Box 15 · Falls Village, CT 06031-0015
<http://www.hamiltonbook.com>
 Vendor of overstock and bargain books, some hardbound and others paperbound (type of binding listed in catalogs). Sends out free book catalogs, organized by the following subject areas: Arts &

Education; Fiction; Healthy Living; History; Home & Garden; Biography; Cookbooks; Military History; Craft/Needlecrafts; Science & Nature; New Arrivals; and Bargain Books. *Serves people nationally.*

Freebird Publishers

PO Box 541 · North Dighton, MA 02764

774-406-8682 · <http://www.FreebirdPublishers.com>

Offers prisoner titles such as Cell Chef Cookbook, Life With A Record, Start Thinking Outside Prison, and other books, guides, newsletters, collectible artwork photos, greeting cards, and niche items created for and by incarcerated individuals. Send for their packet of color brochures, and include a pre-addressed stamped envelope for faster service. Produces Inmate Shopper (2018-19 Issue), which is America's largest book of resources for inmate's services plus many other sections of reading and entertainment. PARC especially recommends the Inmate Shopper because it reviews and rates many of the businesses that service inmates. Order online, phone, email or send a payment for \$24.99 (includes priority shipping & tracking) to the above address. Accepts JPay and Corrlinks at Diane@FreebirdPublishers.com. MoneyGram also accepted.

Haymarket Books

PO Box 180165 · Chicago, IL 60618

773-583-7884 · <http://www.haymarketbooks.org>

Haymarket Books is a nonprofit, radical book distributor and publisher, a project of the Center for Economic Research and Social Change. They believe that activists need to take ideas, history, and politics into the many struggles for social justice today. The books they offer reflect their values. Write for a copy of their catalog (discounts for prisoners). *Serves people nationally. Expect delays due to covid.*

Pathfinder Press

PO Box 162767 · Atlanta, GA 30321-2767

404-669-0600 (voice mail only) · <http://www.pathfinderpress.com>

Pathfinder Press is a publisher which carries books on the works of revolutionary and working class leaders, in many different languages. Prisoners receive a 50% discount off the cover price, with a flat rate of \$2.75 for shipping and handling per order (one or more titles). Write for a free catalog. *Serves people internationally.*

PM Press

PO Box 23912 · Oakland, CA 94623

510-658-3906 · <http://www.pmpress.org>

PM Press carries counter-culture, anti-prison, and similar titles including The Prison-Industrial Complex and the Global Economy, Let Freedom Ring: A Collection of Documents from the Movements to Free U.S. Political Prisoners, and more. Prisoners receive a 50% discount. Write for a free catalog. Check your selection against the prison's contraband list as many political books are banned. *Serves nationally.*

The Paperback Shop

4817 FM 646 B · Dickinson, TX 77539

281-534-3370 · <http://www.imailtoprison.com>

A family operated used bookstore that has specialized in mailing books to inmates for 25 years. Send an S.A.S.E for our information

and order form. They carry new and used paperbacks, magazine subscriptions, calendars, and puzzles. They do not have a catalog, but will work with you to send the books that you want. Families & Friends can also order online. Nationwide service, but depends on state regulations for receiving books in your state.

EDUCATIONAL RESOURCES

Adams State University Prison College Program

Prison College Program Office of Extended Studies Attn: Jim Bullington 208 Edgemont Bl, Suite 3000 · Alamosa, CO 81101
719-587-7671 or 1-800-548-6679 ·

<https://www.adams.edu/academics/print-based/prison-college-program/>

Take courses and earn a degree through print-based correspondence. Print-based course offered as part of the paralegal I & II, and advanced paralegal certificate programs have a tuition rate of \$645, and are offered in collaboration with the Center of Legal Studies. All other print-based courses have a tuition-rate of \$220/ credit hour or \$660 per 3 credit course. offers Associates and Bachelor degrees. Write for course catalog and application information. *Serves people nationally.*

Ashland University

401 College Ave · Ashland, OH 44805 · 419-289-4142

<https://www.ashland.edu/founders/programs/correctional-education>

Ashland University serves over 1,000 incarcerated students annually with college curriculum. The programs are offered to adult prisoners in the Ohio Department of Rehabilitation and Correction, and juvenile prisoners in the Ohio Department of Youth Services. A recent emphasis has been placed on the development and delivery of online courses for the correctional programs which do not require live internet access. *Serves Ohio only.*

Bard Prison Initiative

Bard College PO Box 5000 · Annandale-on-Hudson, NY 12504-5000 · 845-758-7308 · <http://bpi.bard.edu>

The Bard Prison Initiative (BPI) creates the opportunity for incarcerated men and women at Bayview, Eastern, Elmira, Green Haven, and Woodbourne Correctional Facilities to earn a Bard College degree while serving their sentences. BPI enrolls nearly 300 incarcerated men and women across a full spectrum of academic disciplines, and offers over 60 courses each semester. To apply, one must have a high school diploma or its equivalent. Admission to BPI is highly competitive — typically there are ten applications for each available spot. Many gain admission after more than one application. The admissions process involves both a written exam and a personal interview. *Only serves individuals in select New York State prisons.*

Blackstone Career Institute

PO Box 3717 · Allentown, PA 18106-0717

610-871-0031 or 800-826-9228 · <https://blackstone.edu/paralegal-courses-inmate-information>

Blackstone's accredited Paralegal Certificate Program enables students to learn about the law and the paralegal field by studying at their own pace and at their facility. It can be completed in less than a year and provides information that can be put into practice while incarcerated and once released. No computers, proctors, or facility instructors are required. Soft-covered books and materials are used

for ease of entry into most institutions. Their Paralegal certificate program includes the 900 clock hours of coursework needed to sit for the Accredited Legal Professional (ALP) exam and/or the Professional Paralegal (PP) certification, or the Certified Legal Assistant/Certified Paralegal (CLA/CP) exam. Write for enrollment information.

Cornell Prison Education Program

300 Kennedy Hall c/o Cornell University · Ithaca, NY 14853
607-255-9091 · <http://cpep.cornell.edu>

The Cornell Prison Education Program brings together Cornell faculty and graduate students to teach a free college-level liberal arts curriculum to a select group incarcerated at several correctional facilities near Cornell University. *New York State only.*

Hudson Link for Higher Education in Prison

PO Box 862 · Ossining, NY 10562
914-941-0794 · <http://www.hudsonlink.org>

Hudson Link for Higher Education in Prison provides college educations, life skills and re-entry support to incarcerated men and women incarcerated in NY state correctional facilities. Hudson Link also provides wraparound alumni services. Through Hudson Link, degree-granting college programs are offered to prisoners at Fishkill, Sing Sing, Greene, Shawangunk and Sullivan Correctional Facilities for Men and Taconic Correctional Facility for Women, with the following degrees offered: Associates Degree in Liberal Arts, Associate and Bachelor's Degrees in Behavioral Science, and Bachelor Degree in Organizational Management. *Serves New York state only.*

Inside-Out Prison Exchange Program

1938 Liacouras Walk, MB 299-06, Suite 301 Temple University · Philadelphia, PA 19122 · 215-204-5163 · <http://www.insideoutcenter.org>

Organization supporting education model that brings together campus-based college students with incarcerated students for a class held inside jail or prison. this is a training center for Inside-Out education programs all across the country. it does not directly teach students. Write to find out if there is an inside-out program in your state.

Level

411 W Monroe St · Austin, TX 78704 · <http://learnlevel.org>
Level provides free printed educational, job training and personal development guides for people in prison anywhere in the US. Send a letter to request content.

Ohio University Correctional Education

Haning Hall 102 / 1 Ohio University / Athens, OH 45701
800-444-2420 · <https://www.ohio.edu/ecampus/print/correctional/>
Ohio University Southern offers print-based courses to earn degree or simply take courses. Offers Associates, Bachelors, and Legal Studies Certificate courses. Write for a student inquiry packet and application, or get family/friends to download from the internet and mail directly to you. *Offers courses nationally.*

Prison University Project

PO Box 492 · San Quentin, CA 94964
415-455-8088 · <http://www.prisonuniversityproject.org>

Prison University Project is a on-profit organization that supports the College Program at San Quentin State Prison, an associate's degree program. Courses are taught by volunteers, most of them graduate students, instructors, and faculty members from San Francisco Bay Area colleges and universities. Also works to expand higher educations for incarcerated Californians more generally. Published report on higher education in prison. *Serves people in California only.*

Upper Iowa University

PO Box 1857 Self Paced Degree Program · Fayette, IA 52142
800-553-4150 · <http://www.uiu.edu/online/self-paced/courses.html>
Upper Iowa University offers a Self-Paced Degree Program, with courses in paper format that can be completed at a distance. The Self-Paced paper format is structured around written assignments and proctored exams. Offers associate degrees in business, liberal arts, public administration, social science, and more. Write for tuition costs (up to \$990 per course) and course catalog. Write, do not call. Serves people nationwide.

PRISON WRITING AND ARTS PROGRAMS

PEN Prison Writing Program

588 Broadway, Suite 303 · New York, NY 10012
212-334-1660 · <https://pen.org/prison-writing/>

The PEN prison writing program provide hundreds of imprisoned writers across the country with free writing resources, skilled mentors, and audiences for their work. Its program supports free expression, and encourages the use of the written word as a legitimate form of power. In addition to mentoring, PEN publishes a national list of prison-based creative writing programs, sponsors an annual writing contest, publishes the free book Handbook for Writers In Prison, conducts workshops, and seeks to promote prisoners' work publicly through literary publications and readings. *Serves writers nationally.*

Prison Creative Arts Project

701 E. University Ave. 1801 East Quadrangle, LSA Residential College · Ann Arbor, MI 48109 · 734.647.6771 · <https://lsa.umich.edu/pcap>

PCAP facilitates fine arts, creative writing, and theatre workshops in juvenile detention centers and prisons in Michigan. Its programs include weekly creative arts workshops in prisons, exhibitions by currently and formerly incarcerated artists, an annual literary journal of creative writing by incarcerated adults, and a reentry arts program. *Serves Michigan only.*

Prisons Foundation

2512 Virginia Ave NW, #58043 · Washington, DC 20037
202-393-1511 · <http://www.prisonfoundation.org/>

Prisons Foundation publishes books written by or about prisoners. Their publishing program includes posting books onto their website for download. They also exhibit art created in prison (see www.SafeStreetsArts.org). Write directly for book submission guidelines prior to sending a manuscript. The prison author retains full rights to their book, for later placement with a literary agent or commercial publisher if desired. It also now offers quality Dictionaries and Thesauruses for only \$3.95 each, and will mail them directly to prisoners. *Serves writers nationally.*

The Alabama Prison Arts + Education Project

1061 Beard-Eaves Memorial Coliseum Auburn University · Auburn, AL 36849

334-844-8946 OR 334-844-3240 ·

<http://www.humsci.auburn.edu/apaep>

This program is administered by Auburn University and dedicated to bringing educational opportunities to prisoners in Alabama. The program is helping the adult prison population to gain a quality education, and also to build a relationship with learning that will continue to grow for the rest of their lives. *Serves Alabama only.*

The American Prison Writing Archive

198 College Hill Rd Hamilton College · Clinton, NY 13323-1218

315-859-4125 · <https://apw.dhinitiative.org/>

The American Prison Writing Archive is an digital archive of non-fiction essays that offers the public first-hand testimony to the living and working conditions experienced by prisoners, prison employees, and prison volunteers. All prisoners can contribute. Non-fiction essays, based on first-hand experience, should be limited to 5,000 words (15 double-spaced pages). Clearly hand-written pages are also welcome. They charge no fees and read all writing submitted. Write in for the permissions-questionnaire, which MUST accompany all submissions. *Serves writers nationally.*

RELIGIOUS PROGRAMS/SPIRITUAL RESOURCES**Aleph Institute**

9540 Collins Ave · Surfside, FL 33154-7127

305-864-5553 · <http://aleph-institute.org>

The Aleph Institute is a non-profit Jewish organization dedicated to assisting and caring for the wellbeing of members of specific populations that are isolated from the regular community, including prisoners and people institutionalized or at risk of incarceration due to mental illness or addictions. Aleph addresses their religious, educational, and spiritual needs, advocates and lobbies for their civil and religious rights, and provides support to their families at home left to fend for themselves. Jewish prisoners may write to receive free books, regular monthly literature, holiday offerings, and family programs.

American Bible Academy

PO Box 1627 · Joplin, MO 64802-1627 · <http://www.abarc.org/>

Free English and Spanish Bible correspondence courses for prisoners. All courses are 120 pages in length. Info also available from www.abarc.org

Anthroposophical Prison Outreach Project

1923 Geddes Ave · Ann Arbor, MI 48104

734-662-9355 x238 · <http://www.anthroposophy.org>

Do you, as a prisoner, feel that there must be some meaning in your prison experience that is still to be discovered? Or that you can give it meaning? If so, you might be interested in Anthroposophy — the path from the spirit in man to the spirit in the universe.

Anthroposophy embraces a spiritual view of the human being and cosmos, but its emphasis is on knowing, not faith. It is a path in which the human heart and hand, and especially our capacity for thinking, are essential. You may write to receive an initial package of literature containing a booklet titled *Self-Development In The Penitentiary*, as well as other articles and meditation exercises.

Association For Research and Enlightenment

215 67th St. c/o Prison Outreach Program · Virginia Beach, VA 23451

800-333-4499 or 757-428-3588

Books about the life and work of Edgar Cayce, prayer, meditation, ancient mysteries, dreams, death and the afterlife, reincarnation and karma, the Bible, universal laws, self-transformation, and prophecy. Prisoners are limited to one book every two months.

BBI Media

PO Box 687 · Forest Grove, OR 97116

503-430-8817 · <http://www.bbimedia.com/>

Offers free subscriptions to prison chaplains and prison libraries at women's facilities. Requests must be submitted on official prison letterhead. Publishes *Witches & Pagans* and *SageWoman*.

Chuang Yen Monastery

2020 Route 301 Attn. Rev. Richard Baksa, Prison Program · Carmel, NY 10512

845- 225- 1819 or 845- 228-4288 · <https://www.baus.org/en/>

Our organization sends free Buddhist books to prisoners who request them, answers questions regarding Buddhist beliefs and practice that prisoners may have, and sponsors a free Buddhist Correspondence Course for prisoners. Sends nationally. Expect delays due to covid.

Compassion Works For All

PO Box 7708 · Little Rock, AR 72217-7708

(501) 508-4334 · <http://www.compassionworksforall.org>

Provides monthly Dharma Friends newsletters, and also the following resource lists: Personal Health and Nutrition, 12 Step and Buddhism, Buddhist Resources, Christian Spiritual Resources, Hindu and Yoga Spiritual Resources, Other Spiritual and Psychological Healing Resources, Todd Fletcher's Buddhist Resource List, Ani Tendron's Recommended Buddhist Readings.

Human Kindness Foundation Prison-Ashram Project

Human Kindness Foundation PO Box 61619 · Durham, NC 27715

919-383-5160 · <https://humankindness.org/>

The Human Kindness Foundation's Prison-Ashram Project sends free books and newsletters to people in prisons and jails all over the U.S., including *We're All Doing Time* by the late Bo Lozoff. HKF encourages a way of life based upon three common principles taught by the great sages of all religions: Simple living, a dedication to service, and a commitment to personal spiritual practice. Write to request materials in English or Spanish. Limited materials also available to addresses outside the U.S.

ISKCON Prison Ministry

PO Box 2676 · Alachua, FL 32616

<https://iskconprisonministry.org/>

Sends free material about bhakti-yoga study and practice; books, prayer beads, CDs, MP3s, and incense. We need to know: 1) Which items you are allowed to have, 2) Are you allowed hardbound or only softbound books? 3) Which items can be sent to you directly and which only through the chaplain? The books cover reincarnation, karma, and how to live a simple, godly life, and find internal peace and joy no matter what your circumstances.

Islamic Society of North America

PO Box 38 ISNA Subscription Dept · Plainfield , IN 46168
317-839-8157 · <http://www.isna.net>

ISNA's vision is to be an exemplary and unifying Islamic organization in North America that contributes to the betterment of the Muslim community and society at large. Sends Qurans and other introductory books on Islamic study to prison libraries and inmates. Ability to send books depends on the prison's policies. Also publishes a bi-monthly magazine, Islamic Horizons for \$24/year. Serves people nationwide.

Jewish Prisoner Services International

PO Box 85840 · Seattle, WA 98145-1840
206-617-2367 · <http://jpsi.org>

JPSI is a Jewish chaplaincy organization that strives to fulfill the Talmudic obligation of all Jews being responsible for each other, along with other religious mandates of their faith. JPSI strives to insure that Jewish prisoners are permitted to practice their faith by providing the advocacy and religious materials to further that goal. Write for a prisoner info form. Serves Jewish prisoners nationally; expect delay in response.

Maoist Internationalist Ministry of Prisons

PO Box 40799 · San Francisco, CA 94140
<http://www.prisoncensorship.info>

Maoist Internationalist Ministry of Prisons, MIM(Prisons), is a revolutionary anti-imperialist group fighting criminal injustice, helping prisoners to organize and educate themselves. Sends books to prisoners, and offers prisoners a free subscription to their newspaper. Write to MIM(Prisons) for a free prisoner subscription and to get involved in revolutionary organizing and education projects.

Prison Mindfulness Institute (Prison Dharma Network)

PO Box 206 · South Deerfield, MA 01373
<https://www.prisonmindfulness.org>

Goal is to provide prisoners, prison staff and prison volunteers, with the most effective, proven tools for rehabilitation, self-transformation, and personal & professional development through mindfulness-based interventions (MBI's). The Prison Dharma Network works with volunteers who offer meditation inside prisons. Its Books Behind Bars program will mail mindfulness, meditation, and Buddhism to people inside prison. its Prison Dharma Press sells additional books about buddhism and meditation in prison.

Rock of Ages Prison Ministry

PO Box 496760 c/o Prison Bible Institute · Port Charlotte, FL 33949
423-479-3243 · <https://roapm.org/>

Offers Christian ministry outreach to prisoners as well as a New Testament correspondence study course through their Prisoners Bible Institute. *Serves people nationally.*

Set Free Prison Ministries

PO Box 5440 · Riverside , CA 92517
1-951-729-5499 · <http://www.setfreeprisonministries.org>

Provides Bible study courses in English and Spanish to people free of charge. Curriculum consists of Bible courses from the Navigators in Colorado Springs, Moody Bible Institute in Chicago, and Emmaus Correspondence School in Iowa. Provides free postage both mailing

and return. *Serves people nationally.*

SYDA Foundation Yoga Prison Project

PO Box 99140 · Emeryville, CA 94662
323-219-5362 · <http://www.siddhayoga.org/syda-foundation/prison-project>

Dedicated to disseminating the Siddha Yoga teachings and practices to incarcerated individuals. Sends free monthly newsletter and the Siddha Yoga Home Study Course to prisoners. Write to get signed up for the Yoga Study Project. Serves people nationally.

REGIONAL ADVOCACY ORGANIZATIONS**ARIZONA****Arizona Middle Ground Prison Reform**

139 E Encanto Dr · Tempe, AZ 85281
480-966-8116 · <http://www.middlegroundprisonreform.org>

Middle Ground Prison Reform has been working for Arizona's prisoners and their families since 1983. Their main areas of activity are: 1) public education about the need for criminal justice reform; 2) legislative advocacy on behalf of prisoners and their visitors; 3) litigation to protect and define the rights and responsibilities of prisoners and their supporters; 4) referral to community resources for ex-offenders. They do not publish a hard copy newsletter. Instead, they encourage friends and family of prisoners to visit their website and download and mail copies of pertinent information inside to prisoners. Serves Arizona only. Expect delays due to covid.

CALIFORNIA**California Coalition for Women Prisoners**

4400 Market St · Oakland, CA 94608
415-255-7036, ext. 4 · <http://womenprisoners.org/>

CCWP is a grassroots social justice organization, with members inside and outside prison, that challenges the institutional violence imposed on women, transgender people, and communities of color by the prison industrial complex (PIC). The struggle for racial and gender justice is central to dismantling the PIC and CCWP prioritizes the leadership of the people, families, and communities most impacted in building this movement. CCWP also visits women prisoners in CA and produces a newsletter "The Fire Inside," free to women prisoners. Serves individuals in California only. L.A. Chapter – PO Box 291585, Los Angeles, CA 90029

California Families to Abolish Solitary Confinement

8018 E. Santa Ana Canyon Rd. Suite 100 #213 · Anaheim, CA 92808-1102

714-290-9077 · <https://solitarywatch.org/cfasc/>

CFASC is dedicated to stopping the inhumane treatment of prisoners within the California penal system, especially those held in solitary confinement. Their ultimate goal is to end the use of solitary confinement. CFASC is primarily an organization working with family members. *Serves Californians only.*

California Prison Focus

4408 Market St. Suite A · Oakland, CA 94612
510-836-7222 · <http://www.prisons.org>

Human and civil rights group that investigates conditions in the California SHUs (control/isolation units), organizes and advocates

for prisoners' rights, and provides self-help legal materials. Their quarterly newspaper, Prison Focus, is distributed free to SHU prisoners, \$8 a year to other prisoners, and \$20 a year to all others. *Serves California only; will send newspaper nationally.*

California's Parole Suitability HEARING SUPPORT

12350 Marshall Ave #133 · Chino, CA 91710
805-6-CAPSHS

Provides individual assistance in preparing for upcoming parole suitability hearings. Can also assist the support network (family, friends) with information of how to support their incarcerated loved one during the preparation time. Members will review hearing transcripts from past parole board hearings and provide suggestions on how to improve performance before the Board. *Serves California only.*

Disability Rights Education & Defense Fund

3075 Adeline St, Suite 210 · Berkeley, CA 94703
510-644-2555 · <http://www.dredf.org>

Assistance is generally limited to providing basic disability civil rights informational materials and referrals, with attention to CDCR state prisoners. DREDF does not provide assistance with individual disability benefits applications or denial of SSDI benefits. *Serves California only.*

Friends Committee on Legislation of California

1225 8th St, Suite 220 · Sacramento, CA 95814-4809
916-443-3734 · <http://www.fclca.org>

Quaker-founded group that advocates and lobbies for CA state laws that are just, compassionate, and respectful of the inherent worth of every person. Staff can continue to answer questions about legislative matters by phone or letter. *Serves CA only.*

Legal Services for Prisoners with Children

4400 Market Street · Oakland, CA 94608
415-255-7036 · <http://www.prisonerswithchildren.org>

LSPC publishes manuals, reports, fact sheets and pamphlets for CA prisoners in the following areas: Family Matters (guardianship, visitation, pregnancy); Reentry Services; Prison Conditions (isolation and other), and Divorce Issues. They also publish A Manual on SSI/SSDI for Prisoners and Their Advocates. *Serves California only.*

Life Support Alliance

PO Box 277 · Rancho Cordova, CA 95741
916-402-3750 · <http://www.lifesupportalliance.org>

Addresses the needs and concerns of the lifer population and community, and assisting lifers in becoming suitable for parole and articulating that suitability to the Board of Parole Hearings. LSA offers a free monthly newsletter, and the quarterly *California Lifer Newsletter* with reviews of the latest published and unpublished state and federal cases concerning parole issues, parole board news, legislation and articles on prison, parole and correctional issues of interest to prisoners and their families. Each issue contains 50 - 70 pages. Subscription rates are: Inmates, \$35 per year, \$60 for 2 yrs, \$90 for 3 yrs. Free individuals, \$99 per year, \$180 for 2 years. *Serves California only.*

Prisoner Advocacy Network

558 Capp Street · San Francisco, CA 94110
<http://www.prisoneradvocacynetwork.org>

Small, volunteer-run network of organizers, attorneys, legal workers, medical professionals, and law students. PAN provides information about legal and medical issues facing the incarcerated in California. Limited non-litigation advocacy to CDCR officials. Research and policy advocacy on reforms to the penal code and sentencing regulations. Runs UC Berkeley student-led law clinic. *Serves California only. Expect delays due to covid.*

Project AVARY

PO Box 150088 · San Rafael, CA 94915-0088
415-457-8799 · <http://www.projectavary.org>

Project AVARY offers long-term support and enrichment for children and youth in the San Francisco Bay Area with a parent in prison or jail. The program services include a summer camp, monthly outings, leadership training, and family support. Write for further details.

Project Rebound

San Francisco State University 1650 Holloway Ave, T-138 · San Francisco, CA 94132-1722
415-405-0954 · <http://asi.sfsu.edu/programs/project-rebound>

Project Rebound is a program to help formerly incarcerated students prepare, apply, enroll and graduate with a degree from SF State University. Has programs at SF State, CSU Bakersfield, CSU Fresno, CSU Fullerton, CSU Los Angeles, CSU Sacramento, CSU Riverside, CSU San Bernadino, and San Diego State. Write to SF State for program information and addresses across state. *Serves Californians only.*

Santa Cruz Barrios Unidos

1817 Soquel Ave · Santa Cruz, CA 95062
831-457-8208 · <http://www.barriosunidos.net>

The Santa Cruz Barrios Unidos Prison Project is dedicated to providing cultural and spiritual education, support, and hope to incarcerated individuals. The Project advocates for prison policy reform and programs that reduce recidivism, support re-entry, and reunify families. Our educational materials are sent nationally in responding to mail requests. *Serves Californians only.*

Stanford Justice Advocacy Project

Stanford Law School 559 Nathan Abbott Way · Stanford, CA 94305-8610
650-736-7757 · <https://law.stanford.edu/stanford-justice-advocacy-project/>

Represents people serving unjust three strikes sentences for minor crimes, assists released prisoners successfully reentering their communities, and advocates for fairer and more effective criminal justice policies in California and across the country. Only serves Californians; expect delays; will not respond if they cannot serve you.

COLORADO

Colorado Criminal Justice Reform Coalition

1212 Mariposa St, Suite 6 · Denver, CO 80204
303-825-0122 · <http://www.ccjrc.org>

CCJRC publishes prisoner information guides, a free quarterly newsletter, and a 200-page reentry guide for parolees in Colorado

titled *Getting On After Getting Out: A Re-entry Guide for Colorado* ("Go Guide"). This book provides extensive information to help people prepare for release and successfully reintegrate back into their families and communities. The cost is \$10 + \$3 S&H. *Serves Colorado only.*

HAWAII

Community Alliance on Prisons

PO Box 37158 · Honolulu, HI 96837-0158

808-927-1214 · <http://caphawaii.wordpress.com>

A coalition with focuses on alternatives to incarceration, prison reform legislative issues, community education, and effective interventions. CAP's goal is to educate the community on best practices and proven strategies that preserve human dignity, reform our criminal justice system, and motivate the greater community to take action on these important issues. *Serves individuals in Hawaii only. May have delays due to covid.*

IDAHO

Ex-Offender Re-Entry Services Guide

Ex-Offender Re-Entry Services, Idaho Department of Labor 317

West Main St · Boise, ID 83735 · 208-332-3570 (Boise office)

<http://labor.idaho.gov/publications/ex-offender.pdf>

The 23-page Ex-Offender Re-Entry Services Guide (last updated 9/2017) has been designed to enhance and expand services to ex-offenders in Idaho, and assist in their re-entry into the State's work force. Contains local office information for Idaho Dept. of Labor. Available for download. *Only serves people in Idaho.*

ILLINOIS

John Howard Association of Illinois

70 East Lake Street, Suite 410 · Chicago, IL 60610

312-291-9183 · <http://www.thejha.org/>

The John Howard Association (JHA) is the only independent monitor for corrections in Illinois. They visit all Illinois prisons and juvenile facilities, write reports about prison conditions, and advocate for system-wide policy changes. Write to JHA for further details and to report an issue or problem related to conditions of confinement, ask a question about prison policies and practices, and request information including JHA public statements, reports, survey results, information packets, forms, and IDOC rules. People on the outside can also contact JHA through the website or by leaving a message. JHA uses the information provided to learn about what is going on inside so they can work to advance changes that will have a positive future impact. Write "privileged mail" on the envelope to communicate confidentially. Responds to letters from any states and facilities, but only monitors and reports on Illinois prisons.

LOUISIANA

Promise of Justice Initiative

1024 Elysian Fields · New Orleans, LA 70116

504-529-5955 · <https://promiseofjustice.org/>

Legal services nonprofit that advocates for humane, faire, and equal treatment of individuals in jails and prison. Has a prison conditions project fighting to end the death penalty and solitary confinement in Louisiana prisons. Has litigated issues including medical care at Angola, inhumane heat, and conditions in Baton Rouge Parish prison, and juveniles serving LWOP sentences. *Serves people in*

Louisiana only.

Tulane University Law Library

6329 Freret Street · New Orleans, LA 70118

Offers photocopies of case-law citations, law review articles, criminal procedures, etc. to prisoners incarcerated in Louisiana jails & parish or state prisons only. Requests should have specific case cites, docket numbers or article titles, and are limited to one per month and a maximum of 50 pages. Only serves people in LA state prisons or jails; no federal prisoner requests.

MAINE

Maine Prisoner Advocacy Coalition

PO Box 446 · Lisbon, ME 04250

<http://www.maineprisoneradvocacy.org>

The Maine Prisoner Advocacy Coalition (MPAC) is comprised of Maine prisoners, their friends and families, victims of crime, and others committed to ethical, positive, and humane changes in Maine's prison system. they focus on solitary confinement, inhumane conditions of confinement, and reentry services. *Serves Maine only.*

MASSACHUSETTS

Northeastern University Prisoners' Rights Clinic

416 Huntington Ave c/o Northeastern University School of Law ·

Boston, MA 02116

617-373-3628 ·

<http://www.northeastern.edu/law/experience/clinics/prisoners-rights.html>

This Northeastern University program represents state prisoners in Eastern Mass. through a student clinic with free legal assistance on a variety of serious criminal issues, including disciplinary charges, parole applications, parole revocation and more. Active during school year only (expect delays during the summer). *Serves people in Mass only.*

Prisoners' Legal Services of Massachusetts

50 Federal Street, 4th Floor · Boston, MA 02110

617-482-2773 x104 · <http://www.plsma.org/>

Prisoners' Legal Services provides legal representation and administrative advocacy in civil (non-criminal) matters related to prisoners' treatment in Massachusetts prisons and jails, and upon release on parole. Only serves indigent or poor, current or former Mass prisoners in issues including inadequate medical or mental health care, assaults or violence by staff, unsafe or inhumane conditions in Mass jails or prisons, arbitrary use of isolation, and/or unfair denial or revocation of parole. *Serves people in Mass. only.*

MICHIGAN

AFSC Michigan Criminal Justice Program

124 Pearl St, Suite 607 · Ypsilanti, MI 48197

734-761-8283 · <http://www.prisoneradvocacy.org>

AFSC's Michigan Criminal Justice Program advocates for over 1,500 Michigan prisoners and their families each year, building an "advocacy network" throughout the state. The program encourages dialogue among prisoners and the general public, and works for humane reform of the criminal justice system and for the rights of prisoners. Michigan prisoners may contact the program at 734-761-9796. *Serves Michigan only.*

The Michigan Lifers Association

4417 Second Avenue ste 211 · Detroit , MI 48201-1641
313-442-3629

Support for Michigan lifers led by Willis X. Harris, found innocent after serving over 23 years in the Michigan prison system. Write for information about programming and support for lifers. Serves people in MI only.

MINNESOTA**Legal Assistance to Minnesota Prisoners**

Mitchell Hamline School of Law: Legal Practice Center 875 Summit Ave · St Paul, MN 55105

651-290-6413 or 1-888-962-5529 ·

<http://mitchellhamline.edu/clinics/lamp-legal-assistance-to-minnesota-prisoners>

Legal Assistance to Minnesota Prisoners (LAMP) provides civil representation to indigent persons incarcerated in Minnesota. Students at the Mitchell Hamline School of Law represent clients from interview through any trial. Cases include domestic relations, imprisonment-related matters (institutional grievances, parole, and detainers), and the full range of other civil problems including debtor-creditor, wills, contracts, torts, and civil rights issues. LAMP does not handle appeals for inmates to contest their convictions. Serves people in Minnesota only.

MISSISSIPPI**Foundation for the Mid South (Mississippi Reentry Guide)**

134 East Amite Street c/o Foundation for the Mid South · Jackson, MS 39201

601-355-8167 · <http://www.msreentryguide.com>

This 196-page Mississippi Reentry Guide is intended to provide essential information and resources about services to ex-offenders and those that support them. Their goal is to ensure that those leaving incarceration will have an easier and more successful transition back into their community. Serves people in Mississippi only.

NEW YORK**Connections 2020**

The New York Public Library, Correctional Library Services 455 Fifth Ave, 6th floor · New York, NY 10016 · 212-592-7553

<http://www.nypl.org/help/community-outreach/correctional-services>

The NYPL's Correctional Library Services publishes Connections 2020, the most exhaustive guide and directory of resources in New York City available to help people when they are leaving correctional facilities. The guidebook is free to those incarcerated in New York State prisons and local jails, with mailed copies prioritized for soon-to-be-released individuals. Aquí encontrará una traducción al español disponible como un archivo PDF. Personas que están encarceladas pueden solicitar hasta 40 páginas impresas de "Conexiones 2019" a la vez (que se enviarán por carta), escribiendo a: NYPL Correctional Services, 445 Fifth Ave, NY, NY 10016. Serves individuals in New York only.

Legal Aid Society Prisoner's Rights Project

199 Water St., 6th Floor · Manhattan, NY 10038

212-577-3300 · <https://www.lawhelpny.org/organization/legal-aid-society-prisoners-rights-project/>

The Prisoner's Rights Project (PRP) protects and enforces the legal rights of New York City and New York State prisoners through litigation, advice, and assistance to individual prisoners. PRP does not deal with criminal cases or sentences or matters related to parole. *Serves New York only.*

Prisoner Reentry Institute

524 W 59th St, Rm 609B John Jay College of Criminal Law, New York, NY 10019 · 212-621-3792

<http://johnjaypri.org/category/research-and-publications>

The Prisoner Reentry Institute (PRI) of the John Jay College of Criminal Justice is a policy advocacy organizations with several publications on topics including solitary confinement, women in prison, housing for justice-involved people, pre-trial practice, and access to education for people returning from prison. In March 2019, it published Mapping the Landscape of Higher Education in New York State Prisons, the first of its kind in examining both the history and scope of college-in-prison programs in New York state. The PRI has other publications available; ask for their list of research and publications. *Most research focused on New York.*

Prisoners' Legal Services of New York

41 State St, Suite M112 · Albany, NY 12207

(518) 445-6050 · <http://www.plsny.org>

PLSNY provides free legal services to New York State prisoners. Also publishes Pro Se newsletter six times per year for prisoners in New York State prisons, providing information and analysis on recent developments in prison law. To subscribe, send a subscription request with prisoner's name, DIN number, and facility to: Pro Se, 114 Prospect Street, Ithaca, NY 14850. Past issues of Pro Se from 2002-2016 are downloadable from their website. Write for the office that serves the prison near you. Serves New York state only.

NORTH CAROLINA**North Carolina Prisoner Legal Services**

PO Box 25397 · Raleigh, NC 27611

919-856-2200 · <http://www.ncpls.org/>

NCPLS provides legal assistance to prisoners in the North Carolina Department of Correction ranging from advice about prisoner's legal rights to representation in litigation in state and federal court. Cases are accepted based on referrals from attorneys as well as direct requests from prisoners or individuals acting on behalf of prisoners incapable of requesting legal assistance. The organization is divided into three teams of attorneys and paralegals: Post-Conviction, Civil, and Support Services. Serves people in North Carolina only.

OREGON**The Pathfinder Network**

PO Box 3257 · Gresham, OR 97030

503-892-5396 · <http://www.thepathfindernetwork.org/>

Formerly Pathfinders of Oregon. Has several successful programs in prisons and the community. Classes inside prison including Parenting Inside Out and the Healing Opportunities, Promoting Empowerment (HOPE) program. Outside, Pathfinders Network provides reentry support, including peer mentoring and parenting classes, at the Center for Family Success. Serves people in Oregon only.

PENNSYLVANIA**Human Rights Coalition**

PO Box 34580 · Philadelphia, PA 19104
267-293-9169 · <https://hrcoalition.org/>

The Human Rights Coalition (HRC) advocates for abolishment of solitary confinement in Pennsylvania prisons. They also publish the HRC Legal Pamphlet Series, other pamphlets and information letters, and the “PA Prison Directory Action Guide” (2009) (too many pages for them to print & mail, but available for download on their website). *Serves Penn. only.*

Pennsylvania Prison Society

230 South Broad Street, Suite 605 · Philadelphia, PA 19102
215-564-4775 · <http://www.prisonsociety.org>

PPS offers resources to Pennsylvania prisoners in the form of a visiting program to learn about issues with conditions of confinement, transportation support for visitors across the state, and reentry services including mentoring. It also publishes “Graterfriends,” a monthly publication that allows prisoners and residents to voice their opinions and concerns about criminal justice issues (\$3.00 for an annual prisoner subscription). They also distribute several fact sheets on criminal justice issues. *Serves people in Pennsylvania only; newsletter available to all.*

SOUTH DAKOTA**Hope Prison Ministry South Dakota**

PO Box 284 · Sioux Falls, SD 57101-0284
(605) 338-7526

Hope Prison Ministry assists men and women leaving prisons in South Dakota with clothing, housing, transportation, and food to support them in making a new start and re-establishing themselves in society. Offers fellowship and friendship beyond the walls. *Serves South Dakota only.*

TENNESSEE**Project Return**

813 2nd Avenue · South Nashville, TN 37210
615-327-9654 · <http://www.projectreturninc.org>

Project Return equips former offenders with the education, coaching, and support services necessary to gain employment and begin a new life. Project Return conducts pre-release programs in correctional facilities to prepare inmates for their release dates. *Serves Tennessee only.*

TEXAS**Prison Justice League**

PO Box 49988 · Austin, TX 78765

(512) 815-2053 · <https://justdetention.org/service/prison-justice-league/>

The Prison Justice League (P JL) works to improve conditions in Texas prisons through litigation, advocacy, and by empowering our members. P JL addresses the needs of prisoners in Texas, challenges institutions of punishment and holds them accountable for their actions, and serves as a voice for prisoners and communities most affected by the criminal justice system. Part of Just Detention International; runs prisoners civil rights clinic with University of Texas Austin law school. *Serves Texas only.*

Texas Civil Rights Project

1405 Montopolis Drive · Austin, TX 78741 · 512-474-5073 ·

<https://texascivilrightsproject.org/our-work/criminal-justice-reform/>

Works on reform projects including ending solitary confinement in Texas, challenging debtor's prison practices, ending tortuous heat conditions, and improving mental health. Does not provide individual representation. *Serves Texans only.*

UTAH**Utah Prisoner Advocate Network**

PO Box 464 · Draper, UT 84020

<http://utahprisoneradvocate.org/>

Utah Prisoner Advocate Network (UPAN) offers support to incarcerated individuals as well as friends and families through providing education and information about conditions of confinement including housing and medical. UPAN does not provide legal support - do not send legal documents. It also publishes a monthly newsletter. The best way to receive the newsletter is to ask family or friends to get on the email list and then print and send you the newsletter directly. If you do not have any family or friends to support, contact UPAN directly. *Serves Utah only.*

VERMONT**Prisoners' Rights Office**

6 Baldwin St, suite 4 · Montpelier, VT 05633-3301

802-828-3194 · <http://defgen.vermont.gov/research/prisoners-rights-office>

This section of the Vermont Office of the Defender General handles prisoners' rights cases. *Serves Vermont only.*

PARC RECOMMENDED LEGAL AND EDUCATIONAL PRISON BOOKS

The California Prison and Parole Law Handbook

General Delivery Prison Law Office · San Quentin, CA 94964

800-630-4104 · <https://prisonlaw.com/resources/prison-handbook/>

The California Prison and Parole Law Handbook (Heather MacKay & Prison Law Office, 5th Ed, 2019, 1170 pages) is newly updated in 2019! It is a comprehensive overview of the laws and policies affecting people in state prisons and on parole in California. Includes extensive discussion of the administrative appeals and court actions that people can use to protect their rights and to seek remedies. 19 chapters, plus resource lists, forms, and sample legal documents. It is available for download for free online at <https://prisonlaw.com/resources/prison-handbook/>. Paper copies for people in custody are \$20 and \$200 for all others. Prices include tax, shipping and handling. The Prison Law Office has a monthly drawing for free copies of The Handbook for people in custody. To be put in the pool, a person should send a copy of their trust account statement showing that they have not had more than \$25 in their account in the past six months to Prison Law Office at above address. Chapters include: Administrative Appeals; Rights of People in Prison; Cruel and Unusual Punishment, Use of Excessive Force, and Protection from Physical and Sexual Abuse; Classification, Housing and Programs; Prison Rule Violations; Placement in Segregation; Medical, Mental Health, and Dental Care; Determinate Sentences, Restitution, Time Credits, and Release Dates; Life Parole Suitability, Other Board of Parole Hearings Proceedings, Commutations, and Pardons; Detainers and Extradition; Parole and Post-Release Community Supervision; MDO and SVP Commitments; Workers Compensation and Other Benefits; Immigration Issues for People in Prison; Direct Appeals of Criminal Convictions; State Petitions for Writ of Habeas Corpus and Writ of Mandate/Prohibition; Federal Petitions for Writ of Habeas Corpus; Federal Civil Rights (“Section 1983”) Lawsuits; State Tort Lawsuits; and Legal Research, Writing, and Strategies.

A Jailhouse Lawyer's Manual

435 West 116th Street c/o Columbia Human Rights Law Review, Attn: JLM Order · New York, NY 10027

TEMP COVID ADDRESS: A Jailhouse Lawyer's Manual, Attn: Hanna Lauritzen, 1525 Miramonte Ave #3249, Los Altos, CA 94024

212-854-1601 · <http://www3.law.columbia.edu/hrlr/jlm>

NEW RELEASE COMING SOON: 12th EDITION, 2020A Jailhouse Lawyer's Manual (11th Ed, 2017, 1288 pages, \$30) is a handbook of legal rights and procedures designed to inform prisoners of their rights and how use to judicial process to secure these rights on both the federal and state level, with an emphasis on New York State law. It also has published state supplements for Louisiana, Texas, and an Immigration & Consular Access Supplement, containing information about the immigration law consequences of criminal convictions for people who are not U.S. Citizens. Individual chapters are also available for download. For incarcerated persons, the Eleventh Edition of the main JLM is \$30; supplements range from \$15-25 by state. For non-prisoners, the main JLM is \$140 and supplements range from \$50-100. The 12th Edition will have new prices; write in with SASE for order form. *Note new address for covid only; Please expect additional delays due to covid.*

Battling the Administration: An Inmate's Guide to a Successful Lawsuit

Wynword Press PO Box 557 · Bonners Ferry, ID 83805

208-267-0817 · <http://www.wynwordpress.com/shop/battling-the-administration>

Battling the Administration (David J. Meister, April 2014, 566 pages, \$31.95 +\$5 S&H) is a self-help manual that guides readers through the complex U.S. civil court system, teaches them how to pursue a lawsuit in the face of the constraints imposed by incarceration, and enables a successful outcome for the prisoner's civil rights lawsuit. The book includes extensive case-law citations and advice on organizing, investigating and prosecuting a case. Know your civil rights and how to defend them in court. Has not been updated since 2014, so research what the lower courts have said about the Supreme Court precedents listed; the advice on preparation and writing skills are still very relevant for any prison-based litigator.

Exoneree Diaries

PO Box 18065 Haymarket Books · Chicago, IL 60618

773-538-7884 · <http://www.haymarketbooks.org>

Exoneree Diaries: The Fight for Innocence, Independence, and Identity (Alison Flowers, 2016, \$17.95 +\$2.50 S&H, use coupon code EXONEREE40 for a 40% discount -\$10.77+2.50, TOTAL=\$13.02). Through intimate portraits of four exonerated prisoners, investigative journalist Alison Flowers explores what happens to innocent people once released from the jailhouse doors into the unknown. As she tells each exoneree's powerful story, Flowers vividly shows that release from prison, though sometimes joyous and hopeful, is not a Hollywood ending-or an ending at all. An exoneree's first unshackled steps are the beginning of a new journey full of turmoil and uncertainty. Flowers also sheds new light on the collateral damage of wrongful convictions on families and communities, challenging deeper problems of mass incarceration and the criminal justice system.

Jailhouse Lawyers Handbook

132 Nassau St, Rm 922 National Lawyers Guild—Prison Law Project · New York, NY 10038

<http://jailhouselaw.org/>

The materials contained in this resource directory are presented to aid in the rehabilitation of prisoners, as per federal and state laws.

This 26-page resource directory has been published by the Prison Activist Resource Center; PO Box 70447, Oakland, CA, 94612. If included, please mail back the evaluation form with any updates.

The Jailhouse Lawyers Handbook (5th Ed, 2010, 158 pages, free) published jointly by the National Lawyers Guild and the Center for Constitutional Rights, explains how a prisoner can start a lawsuit in federal court to fight against mistreatment and bad conditions in prison. To receive a paperbound copy, mail a request to the above address. Please note the Handbook is also available downloaded from their website (<http://jailhouselaw.org/>) by an outside source, printed out, and mailed to the prisoner. List of chapter headings: (1) Introduction; (2) Your Legal Options; (3) Your Rights in Prison; (4) Structuring Your Lawsuit; (5) How to Start Your Lawsuit; (6) Legal System & Research; (7) The Legal System and Legal Research; and 12 appendices. Donations of \$2 (or more) help offset postage and shipping and are greatly appreciated.

Prison Legal News Manuals and Litigation Guides

Prison Legal News PO Box 1151 · Lake Worth, FL 33460

561-360-2523 · <https://www.prisonlegalnews.org/store/products>

The following are available through Prison Legal News, PO Box 1151 Lake Worth, FL 33460, 561-360-2523

<https://www.prisonlegalnews.org/store/products/>

1. **The Habeas Citebook: Prosecutorial Misconduct.** By Alissa Hull. \$59.95 + \$6 S&H. Latest offering in Prison Legal News Publishing's Citebook series. Designed to help pro se prisoner litigants to identify and raise viable claims for potential habeas corpus relief. This invaluable tool contains several hundred case citations and descriptions, saving readers many hours of research in identifying winning arguments to successfully challenge their conviction. It's conveniently and logically organized into 16 chapters, beginning with a general overview of prosecutorial misconduct and progresses topically to discussing and providing case citations to specific issues such as Brady considerations and discriminatory jury selection.
2. **Prison Education Guide.** Christopher Zoukis, 2016, 280 pages, \$49.95 + \$6 S&H. This exceptional book provides the reader with step-by-step instructions to find the right educational program, enroll in courses and complete classes to meet their academic goals.
3. **The Disciplinary Self-Help Litigation Manual.** Dan Manville, 2nd Ed, 2015, 368 pages, \$49.95 + \$6 S&H. This is designed to inform prisoners of their rights when faced with the consequences of a disciplinary hearing. This authoritative and comprehensive work educates prisoners about their rights throughout this process and helps guide them at all stages, from administrative hearing through litigation. This invaluable how-to guide offers step by step information for both state and federal prisoners and includes a 50-state analysis of relevant case law.
4. **The Habeas Citebook: Ineffective Assistance of Counsel.** Brandon Sample, 2nd Ed, 2016, 275 pages, \$49.95 +\$6 S&H. The book is also practical and useful. It provides invaluable resources, including templates and forms, that explain what, when, where and how to file for habeas relief. It contains readable summaries of the relevant laws and rules and plain-English explanations of some of the inherently mystifying concepts of habeas law, such as "procedural default" and "certificates of appealability" and the "AEDPA," along with practical advice.
5. **Federal Prison Handbook.** Christopher Zoukis, 2016, 491 pages, \$49.95 +\$6 S&H is the definitive guide to surviving incarceration in a federal prison. This handbook teaches individuals facing incarceration, prisoners who are already inside, and their friends and family everything they need to know to protect themselves and their rights. The thorough information was compiled by someone who has first-hand experience with the federal prison system, as Zoukis is an advocate currently serving time at a federal prison. His insider's view of this unknown world guides inmates through the mental stresses of confinement.
6. **Prisoners' Self-Help Litigation Manual.** John Boston & Dan Manville, 4th Ed, 2010, 928 pages, \$54.95 + S&H. This is an indispensable guide for prisoners and prisoner advocates seeking to understand the rights guaranteed to prisoners by law and how to protect conditions of confinement, civil liberties in prison, procedural due process, the legal system, how to litigate, conducting effective legal research, and writing legal documents. Also available on Ebay and third party sellers at a discount.
7. **Protecting Your Health and Safety: A Litigation Guide for Inmates.** Robert E. Toone, 2nd Ed, 2009, 325 pages, \$10 + \$6 S&H. This is an easy to read, plain language guide prisoners can use to identify and litigate federal civil rights claims against prison officials. Over 100 pages are dedicated to the different kinds of constitutional and statutory violations prisoners frequently encounter while incarcerated. Has not been updated since 2009; be sure to check case cites for updated case law.

Selected excerpts from the UNITED NATIONS STANDARD MINIMUM RULES FOR THE TREATMENT OF PRISONERS
(the Nelson Mandela Rules)

United Nations Congress on the Prevention of Crime and the Treatment of Offenders, held at Geneva 1955, approved 1957. Revised and reapproved on May 22, 2015 as 122 individual rules, renamed the “Nelson Mandela Rules.” (Full set of all 122 Mandela Rules is 40 pages, available for download at: www.penalreform.org/wp-content/uploads/2015/05/MANDELA-RULES.pdf. According to letters from our readers, the UN will not send free copies.)

Basic Principles

- All prisoners shall be treated with the respect due to their inherent dignity and value as human beings. No prisoner shall be subjected to, and all prisoners shall be protected from, torture and other cruel, inhuman or degrading treatment or punishment, for which no circumstances whatsoever may be invoked as a justification.

Books

- Every prison shall have a library for the use of all categories of prisoners, adequately stocked with both recreational and instructional books, and prisoners shall be encouraged to make full use of it.

Contacts with the Outside World

- Prisoners shall be allowed, under necessary supervision, to communicate with their family and friends at regular intervals: By corresponding in writing and using, where available, telecommunication, electronic, digital and other means; and, By receiving visits.
- Prisoners should have access to effective legal aid.
- Prisoners who are foreign nationals shall be allowed reasonable facilities to communicate with the diplomatic and consular representatives of the State to which they belong.
- Prisoners shall be allocated, to the extent possible, to prisons close to their homes or their places of social rehabilitation.

Education and Recreation

- Provision shall be made for the further education of all prisoners capable of profiting thereby.
- So far as practicable, the education of prisoners shall be integrated with the educational system of the country so that after their release they may continue their education without difficulty

Exercise and Sport

- Every prisoner who is not employed in outdoor work shall have at least one hour of suitable exercise in the open air daily if the weather permits.
- Young prisoners and others of suitable age and physique are to receive physical and recreational training during the period of exercise.

Food

- Every prisoner shall be provided by the prison administration at the usual hours with food of nutritional value adequate for health and strength, of wholesome quality and well prepared and served.

Guiding Principles

- The duty of society does not end with a prisoner’s release. There should, therefore, be governmental or private agencies capable of lending the released prisoner efficient aftercare directed towards the lessening of prejudice against him or her and towards his or her social rehabilitation.

Health-Care Services

- Prisoners should enjoy the same standards of health care that are available in the community, and should have access to necessary health-care services free of charge without discrimination on the grounds of their legal status.
- All prisons shall ensure prompt access to medical attention in urgent cases. Prisoners who require specialized treatment or surgery shall be transferred to specialized institutions or to civil hospitals.
- Clinical decisions may only be taken by the responsible health-care professionals and may not be overruled or ignored by non-medical prison staff.
- In women’s prisons, there shall be special accommodation for all necessary prenatal and postnatal care and treatment. Arrangements shall be made wherever practicable for children to be born in a hospital outside the prison.

Information to and Complaints by Prisoners

- Every prisoner shall be allowed to make a request or complaint regarding his or her treatment, without censorship as to substance, to the central prison administration and to the judicial or other competent authorities, including those vested with reviewing or remedial power.
- Every request or complaint shall be promptly dealt with and replied to without delay.
- A prisoner must not be exposed to any risk of retaliation, intimidation or other negative consequences as a result of having submitted a request or complaint.
- Allegations of torture or other cruel, inhuman or degrading treatment or punishment of prisoners shall be dealt with immediately and shall result in a prompt and impartial investigation conducted by an independent national authority.

Institutional Personnel

- All prison staff shall possess an adequate standard of education and shall be given the ability and means to carry out their duties in a professional manner.

Instruments of Restraint

- The use of chains, irons or other instruments of restraint which are inherently degrading or painful shall be prohibited.

Restrictions, Discipline and Sanctions

- In no circumstances may restrictions or disciplinary sanctions amount to torture or other cruel, inhuman or degrading treatment or punishment. The following practices, in particular, shall be prohibited: Indefinite solitary confinement; Prolonged solitary confinement; Placement of a prisoner in a dark or constantly lit cell; Corporal punishment or the reduction of a prisoner’s diet or drinking water; Collective punishment.

Searches of Prisoners and Cells

- Searches shall be conducted in a manner that is respectful of the inherent human dignity and privacy of the individual being searched, as well as the principles of proportionality, legality and necessity.
- Searches shall not be used to harass, intimidate or unnecessarily intrude upon a prisoner’s privacy.
- Prisoners shall have access to and be allowed to keep in their possession without access by the prison administration, documents relating to their legal proceedings.

The materials contained in this resource directory are presented to aid in the rehabilitation of prisoners, as per federal and state laws.

This 26-page resource directory has been published by the Prison Activist Resource Center; PO Box 70447,
Oakland, CA, 94612. If included, please mail back the evaluation form with any updates.