Dear Readers,

Welcome to the February 2022 edition of PARC’s National Prisoner Resource Directory. We hope this Directory assists you in finding information and contacts that may be useful for you.

Will this year bring an end to the nightmare that is COVID-19? We hope so. There is much to be hopeful for. In California, new legislation became effective in January 2022 revising resentencing rules under the new PC 1170.03 to allow for more lenient sentences for many of the long-term men and women who suffered harsh and draconian sentences in the past. We hope this law is implemented as intended – to release people from prison – and that the trend continues to other states and to the federal system. Applying today’s laws to long-timers has the potential to dramatically reduce the US prison population.

This edition has a significant number of updates to addresses and contact information. You may also notice some familiar organizations are now closed. One impact of COVID-19 was the amount of change it precipitated in each of our lives. Movement can be challenging, but it also creates generation of new energy and transformation. Many magazines are now online-only, and printing businesses and magazine vendors do the best they can with ensuring prisoners get subscriptions. Keep copies of all orders, check, money orders and the dates that the order was placed. Give folks extra time; if you don’t hear back in over a month, consider writing again, sending a copy of your order. New organizations are added as we learn about them. When you, Reader, become aware of new organizations, let us know! We appreciate your evaluations sharing with us which organizations respond, which ones do not, and which have delays in response. We always check to see if they have the capacity to answer prisoner mail on a regular basis.

Unfortunately, mail restrictions continue to limit access to books and rehabilitative information like this Directory. The PARC Directory is a publication focusing on rehabilitation and social justice. It is not lawfully considered contraband material under any state or federal regulations. Any attempt to prohibit distribution of our directory is an abuse of discretion by your facility.

As an all-volunteer organization, we do our best to respond to individual letters. Please be patient in receiving a response from us. We **are not a law office and cannot provide any legal advice or referrals.** We no longer have the capacity to provide support over the phone nor do any individual advocacy for those who are experiencing rights violations or suffering from unfair attacks.

This year, we mourn the loss and honor the life of a foundational member of our collective: Rita ‘Bo’ Brown, former political prisoner and member of the George Jackson Brigade, a radical anti-racist and anti-prisons group operating in the 1970s and 80s. Bo was a highly appreciated teacher to everyone she met, from infants to elders, and kept us laughing as she educated us about life. She taught us that joy is essential to the movement, and you should never hide from who you are. She leaves a legacy to be remembered by comrades around the world.

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*Struggle is good and change is good. They are not easy, but isn't that what life is? Is life really about making it easy? I don’t think so. I think life is living.*  
-B♀ Brown

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Our current focus is on maintaining and distributing the Directory free to all who request a copy. We do not keep a database of prisoners who write us, so make note of your last letter if you have written to us before. We are entirely funded through small donations from individuals. Much gratitude to our local and national partners, including many books-to-prisoner organizations across the country, for supporting the cost of printing this edition and sending out our directory to those who write in. This year we are partnering with 15 different books to prisoner projects across the country! We ask that you share this Directory with others, so that as many as possible may benefit from the information. If you believe the library in your prison would be willing to carry a copy or two of the PARC Directory, ask for an additional copy or provide us the address to mail it. As always - thank you for building this community with us.

In solidarity toward justice for all,

PARC
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NATIONWIDE ORGANIZATIONS AND RESOURCES

Adopt An Inmate
PO Box 1543 · Veneta, OR 97487
971-236-7897 · adoptatinmate.org
Nonprofit volunteer organization that connects outside volunteers with prisoners seeking mentors, support and friendship. (We are neither a dating service, nor lawyers, please do not send your legal documents). Our website is a comprehensive source of tools and resources to advocate for inmates. Stories are welcome, as well as poems, artwork, and book reviews by inmates. We are advocates for publication on our website (indicate submission type on outside of envelope). Send your request for a survey with a short bio (1-3 paragraphs) and include a pre-addressed, stamped envelope when possible. To follow up on an existing request, indicate “follow-up” on outside of envelope.

AFSC Prison Watch Project
89 Market St, 6th Floor · Newark, NJ 07102 · 215-241-7000
afsc.org/new-york-new-jersey-healing-justice-and-prison-watch
Publishes Survivors Manual: Surviving in Solitary, by Bonnie Kerness (2012; 94 pages), free to prisoners and $3 for all others. The book is a powerful collection of voices from solitary, as people currently or formerly held in isolation vividly describe their conditions and their daily lives. The collection also includes artwork and poetry. Also available is a free 6-page brochure entitled “LGBTQ+ Prisoner Resource Guide” (2017). Serves people nationwide.

All of Us or None
4400 Market St · Oakland, CA 94608
415-255-7036 x337 · allofusonnone.org
All of Us or None is a grassroots organizing project of Legal Services for Prisoners with Children. All of Us or None fights for the full restoration of our civil and human rights of formerly-and currently-incarcerated people and families. They are fighting against the discrimination that people face every day because of arrest or conviction history. The goal of All of Us or None is to strengthen the voices of people most affected by mass incarceration and the growth of the prison-industrial complex.

Amnesty International
5 Penn Plaza 16th Floor · New York, NY 10001
212-807-8400 · www.amnestyusa.org
Compiles information about prisoner torture, beatings, rape, etc. to include in reports about U.S. prison conditions; also works on police accountability and ending the death penalty. May not respond to individual letters.

Center for Constitutional Rights
666 Broadway 7th floor · New York, NY 10012
212-614-6464 · ccrjustice.org
Non-profit legal and educational organization committed to the creative use of law as a positive force for social change and dedicated to advancing and protecting constitutional rights. CCR recently litigated the Ashker v Governor challenge to solitary confinement in CA. Publishes Jailhouse Lawyers Handbook with National Lawyers Guild. See PARC RECOMMENDED BOOKS at the end of this Directory for more info. Last updated in 2021. To receive a paperbound copy, mail a request to the above address and wait at least 2 months for return. Download chapter, or get an order form to request a Handbook at www.jailhouselaw.org/

Citizens United for Rehabilitation of Errants (CURE)
P.O. Box 2310 · Washington, DC 20013-2310
202-789-2126 · www.curenational.org
CURE organizes prisoners, their families and other concerned citizens to achieve reforms in the criminal-justice system, and has a presence in 24 states. Write for complete listing or addresses of state chapters. Serves people nationally.

Coalition for Prisoners’ Rights Newsletter
PO Box 1911 · Santa Fe, NM 87504
realcostofprisons.coalition.html
Publishes a monthly newsletter with news about prisoners nationwide and is free to prisoners who send an SASE. They also have a variety of prisoner resource lists available. Back issues from 2009 are online.

Critical Resistance
P.O. Box 22780 · Oakland, CA 94609-2301
510-444-0484 · www.criticalresistance.org
CR seeks to build an international movement to end the Prison Industrial Complex by challenging the belief that caging and controlling people makes everyone safe. CR also publishes “The Abolitionist,” once a year, printed in both English and Spanish, which is free to prisoners. Previous editions of The Abolitionist are available online at: abolitionistpaper.wordpress.com/.

Families Against Mandatory Minimums
1100 H Street NW, Suite 1000 · Washington, DC 20005
202-822-6700 · www.famm.org
Nonprofit organization fighting for fair and proportionate sentencing laws that allow judicial discretion; improved prison conditions; and an increase in compassionate release. May not respond to letters.

Helping Educate to Advance the Rights of the Deaf (HEARD)
PO Box 1160 · Washington, DC 20013 · www.beheard.org
202-455-8076 (voice) 202-436-9278 (videophone)
All volunteer organization that provides advocacy services for deaf, hard of hearing and deaf-blind inmates across the nation. HEARD’s mission is to promote equal access to the justice and legal system for deaf defendants, detainees, prisoners, and returned citizens. HEARD created and maintains the only national database of deaf and deaf-blind prisoners and is the only organization that focuses on correcting and preventing wrongful conviction of deaf people. May not respond quickly to letters. Nationwide.

Just Detention International
3325 Wilshire Bl, Suite 340 Ms. Cynthia Totten, Esq., Bar #19926 · Los Angeles, CA 90010
213-384-1400 · www.justdetention.org
JDI is a health and human rights organization that seeks to end sexual abuse and exploitation in all forms of detention. It publishes a...
Resource Guide listing service providers in all 50 states that can help incarcerated survivors, as well as a Survivor Packet, which includes Hope for Healing, with contact information for local rape crisis centers and legal aid organizations; and a letter of hope from another prisoner survivor. Prisoners may communicate confidentially with JDI using legal mail at the above address. Serves people nationally.

Lewisburg Prison Project
PO Box 128 · Lewisburg, PA 17837
570-523-1104 · www.lewisburgprisonproject.org
The Lewisburg Prison Project (LPP) is affiliated with the PA Institutional Law Project (PILP). Together, we provide informational materials, advice, and representation on civil rights matters related to the conditions of confinement (medical, mental health, excessive force, etc.) of those incarcerated in Pennsylvania. We cannot provide legal advice or representation to those with claims that occur outside of Pennsylvania, and we do not assist with criminal matters, habeas cases, sentencing, or parole issues. Also provides informational materials and legal bulletins about prisoners’ rights to people incarcerated throughout the United States. Resources available online, or write in for order form and to submit requests. Legal advice only provided in Pennsylvania; other resources nationwide.

National Center on Institutions and Alternatives
7130 Ruthland Rd. · Baltimore, MD 21244
(410) 265-1490 · www.ncianet.org
Provides sentencing advocacy, capital case mitigation services, parole release advocacy, institutional designation and transfer, and release planning. Will research questions and provide advice regarding the Bureau of Prisons, the administrative remedy process, intensive confinement, RDAP, pre-release programming, home confinement and related issues. Serves federal prisoners nationwide.

National Resource Center on Children and Families of the Incarcerated
405-7 Cooper St, Room 103 NRCCFI at Rutgers–Camden · Camden, NJ 08102
(856) 225-2718 · nrccfi.camden.rutgers.edu/
NRCCFI is the oldest and largest organization in the U.S. focused on children and families of the incarcerated and programs that serve them. Has a library of resources downloadable from its website; publishes fact sheets and a directory listing programs in the United States and around the world that offer services specifically for children and families of the incarcerated.

Prison Library Support Network (PLSN)
Interference Archive ATTN: PLSN 314 7th Street · Brooklyn, NY 11215 · interferencearchive.org/
Need information or trying to do research? Let PLSN be your human search engines. Send us your information and research-related questions and we will mail you pages about anything you ask us to look up. Can help find info about community resources; articles from newspapers, magazines, or academic journals; and material published online on topics you’re trying to learn more about. Can NOT help with things that go against facility mail room policies, penpal requests, or legal advice.

Prisoner Visitation and Support
PO Box 58068 · Philadelphia, PA 19102
215-241-7117 · www.prisonervisitation.org
Prisoner Visitation and Support (PVS) is a volunteer visitation program for federal and military prisoners across the U.S., with special priority given to those on death row, in solitary confinement, serving long sentences, or not receiving regular visits. PVS volunteers visit once a month, with no religious or political agenda, to provide a listening ear to those who need one. Limited visiting for Spanish speaking prisoners. Serves federal and military prisoners.

Root & Rebound
1730 Franklin St, Suite 300 · Oakland, CA 94612
510-279-4662 · www.rootandrebound.org/roadmap
Mostly focused on services for released Californians in reentry, but has a number of publications to plan for reentry, including the 100 page Reentry Planning Toolkits. The toolkit is not intended to give legal advice, but rather general legal information about people’s rights in reentry. Also publishes a 1211 page manual, the Roadmap to Reentry legal guide. Now also has developed resources in Minnesota, Hawai’i and Connecticut, and have pending projects in South Carolina. Serves mostly Californians.

Solitary Watch
PO Box 11374 · Washington, DC 20008 · solitarywatch.org/
Solitary Watch works to expose and oppose the use of solitary confinement in U.S. prisons and jails, and offers a free quarterly newsletter to prisoners. Solitary Watch also welcomes submissions of writing by those currently or formerly serving time in solitary. In Sept. 2017, published an anthology called Hell is a Very Small Place, although it does not sell the book directly. May not respond timely to letters. Serves people nationally.

The Sentencing Project
1705 DeSales Street NW, 8th Floor · Washington, DC 20036
202-628-0871 · www.sentencingproject.org
The Sentencing Project is a national policy research and advocacy organization that works for a fair and effective criminal justice system by promoting sentencing reform and alternatives to incarceration. They produce reports on prison-related topics, including prison populations nationally, state-by-state data, life sentences, voting rights, and more. May not respond to letters.

Vegetarian Resource Group
PO Box 1463 · Baltimore, MD 21203
410-366-8343 · www.vrg.org
The Vegetarian Resource Group is a non-profit organization dedicated to educating the public on vegetarianism and the interrelated issues of health, nutrition, ecology, ethics, and world hunger. In addition to publishing the Vegetarian Journal, VRG produces and sells cookbooks, other books, pamphlets, and article reprints. Serves people nationwide.

LEGAL RESOURCES
Abolitionist Law Center
PO Box 8654 · Pittsburgh, PA 15221 · abolitionistlawcenter.org
The ALC is a public interest law firm inspired by the struggle of political and politicized prisoners, and organized for the purpose of abolishing class and race based mass incarceration in the United States. To accomplish this goal, the ALC engages in litigation on behalf of people whose human rights have been violated in prison, produces educational programs to inform the general public about the evils of mass incarceration, and works to develop a mass movement against the American penal system by building alliances and nurturing solidarity across social divisions. Only accepts very select cases, primarily in Pennsylvania

Disability Rights Texas
2222 West Braker Lane · Austin, TX 78758
512-454-4816 voice/TDD · www.drtx.org
Advocacy for disabled people in Texas, including those in some correctional facilities. Write for handout: Disability Discrimination in Correctional Facilities, or Suing a Government Entity for an Injury.

The materials contained in this resource directory are presented to aid in the rehabilitation of prisoners, as per federal and state laws. This 24-page resource directory has been published by the Prison Activist Resource Center; PO Box 70447, Oakland, CA, 94612. If included, please mail back the evaluation form with any updates.
FEBRUARY 2022 EDITION

Equal Justice Initiative
122 Commerce St · Montgomery, AL 36104
334-269-1803 · www.eji.org/deathpenalty/innocence
Provides legal representation to indigent defendants and prisoners who have been denied fair and just treatment in the legal system. They litigate on behalf of condemned prisoners, juvenile offenders, people wrongly convicted or charged with violent crimes, poor people denied effective representation, and others whose trials are marked by racial bias or prosecutorial misconduct. Mostly works with people in Southern states.

Family Law Project
University of Wisconsin Law School 975 Bascom Mall · Madison, WI 53706 · 608-262-2240 · www.law.wisc.edu/flp
Wisconsin Law students work under an experienced family law attorney and clinical professor to represent incarcerated parents and others in their family law matters including divorce, paternity actions, child support, child placement, visitation, guardianship, etc. They also provide pro se information and forms. Serves Wisconsin only.

Florida Justice Institute
P.O. Box 370747 · Miami, FL 33137
786-342-6910 · www.floridajusticeinstitute.org
The Florida Justice Institute (FJI) is a public interest law firm that conducts civil rights litigation and advocacy in the areas of prisoners' rights, housing discrimination, disability discrimination, and other areas impacting the poor and disenfranchised. This includes cases for persons currently or formerly incarcerated in a Florida prison or jail involving mistreatment while incarcerated, or involving the conditions of the facility. Does not assist with criminal law cases or post-conviction cases such as habeas corpus petitions. Only serves people in Florida.

Florida Legal Services
PO Box 533986 · Orlando, FL 32853
407-801-4350 · floridalegal.org/our-projects
The Florida Institutional Legal Services Project at Florida Legal Services focuses on systemic reform litigation, community lawyering, and policy advocacy to protect the rights of adults and youth who are incarcerated in prisons, jails, and juvenile justice facilities throughout Florida. The FILS Project publishes the Florida Manual for Incarcerated Parents (2008), which may be downloaded from their website or obtained by writing to the above address. The FILS Project also has reentry information packets available for download that include a list of resources for each county in FL to assist individuals who are returning to their communities from institutions. Only serves people in Florida.

Georgetown Law Journal Annual Review of Criminal Procedure
Georgetown Law Office of Journal Administration · ARCP · 600 New Jersey Avenue NW Washington, DC 20001-2075 202-662-9457 · law.georgetown.edu/georgetown-law-journal/subscribe/subscribe-arcp/
As a comprehensive survey of all criminal procedure in the federal courts. The ARCP is a single issue per year edition that provides readers with objective, concise and accurate overview of criminal procedure and recent case-law decisions in the United States Supreme Court and each of the 12 Federal Circuit Courts. The $25 discounted rate is only honored for orders sent directly to correctional facilities, $85 for standard retail rate. Ask a friend or loved one to email for the discounted order form, and have them mail it to you or write to the Office of Journal Administration-ARCP for a copy to be mailed directly to you. Please make checks and money orders payable to: Georgetown Law Journals-ARCP.
Visa/Mastercard payments are accepted via fax at 845-267-3478. Refunds are not available for discount orders. Orders are shipped UPS, so please allow up to 4-6 weeks for delivery. Tax must be included if shipping to DC (5.75%), VA (5.0%), MD (6%), NY (7.0%), TN (7% state & 2.25% local). Expect delays; Do not send money order or check without an order form.

Harvard Prison Legal Assistance Project
6 Everett Street Harvard Law School, Ste. 5107 · Cambridge, MA 02138
617-495-3969 or 617-495-3127 (Toll free hotline) · clinics.law.harvard.edu/plap
The Harvard Prison Legal Assistance Project is a law student clinic providing service to indigent inmates, including advocacy for those charged with violating prison regulations, people appearing before Parole Board and disciplinary hearings, and research assistance for domestic post-conviction. Because this program is university-affiliated, it may not be staffed during transitional periods in the academic schedule. Collect calls accepted. Provides administrative advocacy, not litigation; they do not take on any direct legal representation. Serves people in Mass only.

Legal Action Center
225 Varick St, 4th Floor · New York, NY 10014
212-243-1313 or Toll-free at 800-223-4044 · www.lac.org
The Legal Action Center's mission is to assist New York state residents to fight discrimination against those with histories of addiction, HIV/AIDS, or criminal records, and to advocate for sound public policies in these areas. Write for list of publications. Serves New York state only.

National Office of the NLG - Prison Law Project
P.O. Box 1266 · New York, NY 10009
212-679-5100 · www.nlg.org/jailhouse-lawyers-handbook/
The National Office of the National Lawyers Guild in New York does not provide lawyers or legal assistance; they offer free membership for jailhouse lawyers, which includes the ability to vote on national resolutions and to receive the quarterly publication, Guild Notes. Also publishes Jailhouse Lawyers Handbook with Center for Constitutional Rights. See PARC RECOMMENDED BOOKS at the end of this Directory for more info on how to order. If CCR does not respond to your request for the Handbook in 2+ months, then request from the National NLG. There is also an online form available at www.jailhouselaw.org/ to request a Handbook.

Pennsylvania Institutional Law Project
The Cast Iron Building 718 Arch St, Suite 304 South · Philadelphia, PA 19106 · 215-925-2966 · www.pailp.org
PILP seeks to deliver civil legal services to the institutional population in Pennsylvania, and was created and designed to meet the needs of low income residents of PA prisons, jails, hospitals, and state centers. PILP also publishes (or provides) free copies of the about a number of legal publications. Write for more info. Most resources only for prisoners in Pennsylvania.

People's Law Office
1180 N Milwaukee Ave · Chicago, IL 60642-4019
773-235-0070 · www.peopleslawoffice.com
Fights for justice for people in Illinois who have been tortured or physically abused, wrongfully arrested or convicted, unfairly sentenced to death, or targeted as a result of their political beliefs or organizing efforts on behalf of movements struggling for justice and liberation. Serves Illinois only.

The materials contained in this resource directory are presented to aid in the rehabilitation of prisoners, as per federal and state laws.
This 24-page resource directory has been published by the Prison Activist Resource Center; PO Box 70447, Oakland, CA, 94612. If included, please mail back the evaluation form with any updates.
Prison Law Office
General Delivery · San Quentin, CA 94964
510-280-2621 · www.prisonlaw.com
The Prison Law Office litigates and monitors California and Arizona class action lawsuits regarding medical care, mental health care, and disabled access for prisoners. Also has extensive set of legal informational handouts. Write with your specific questions and they will send you a packet if they have one that applies. Se habla Español. Serves Californians and Arizonans only.

Prison Legal News
PO Box 1151 · Lake Worth, FL 33460
561-360-2523 · www.prisonlegalnews.org
Prison Legal News (PLN) is a project of the Human Rights Defense Center. It is a 72-page monthly journal covering prison related news, summaries of recent case-law decisions affecting prisoners, and analysis from across the country. A one-year subscription is $30 for prisoners, $35 for individuals and $90 for lawyers and institutions. Single copies of current or back issues are $5. PLN also sells many books related to prison issues; write for a copy of their book list - see PARC’s recommendations at the back of this directory!

Southern Center for Human Rights
60 Walton Street NW · Atlanta, GA 30303-2122
404-688-1202 · www.schr.org
SCHR provides legal representation to people facing the death penalty in Georgia and Alabama only, as well as in cases of unconstitutional conditions of confinement. SCHR also provides free access to a number of publications and handouts, including your free speech rights in prison and Georgia parole handbook. Serves people in Georgia and Alabama only.

The MacArthur Justice Center
Northwestern Pritzker School of Law 375 E Chicago Ave · Chicago, IL 60611 · 312-503-8576 · www.law.northwestern.edu/macarthur
The MacArthur Justice Center is a nonprofit law firm with locations in Illinois, Louisiana, Mississippi, Missouri, and Washington D.C. It takes on cases regarding police misconduct, solitary confinement, wrongful convictions, and class actions around prison conditions and parole. Now also a law clinic at Northwestern law school. Write to Chicago address for other locations. Serves nationwide. Expect delays.

DEATH PENALTY RESOURCES
Death Penalty Information Center
1701 K Street NW Suite 205 · Washington, DC 20006
202-289-2275 · deathpenaltyinfo.org
DPIC focuses on disseminating studies and reports related to the death penalty to the news media and general public covering subjects such as race, innocence, politicization, costs of the death penalty, and more. Most of their publications are freely downloadable from their website, or available for a small fee in printed format. Request a copy of their “Resource Order Form,” and also a current list of their publications.

National Coalition to Abolish the Death Penalty
1629 K ST NW Suite 300 · Washington, DC 20006
703-957-8198 · www.ncadp.org
National advocacy organization with research and information about death penalty use in each state. Does not offer legal resources. May not respond to individual letters.

LGBTQI-FOCUSED ORGANIZATIONS AND RESOURCES
Black and Pink
2406 Fowler Ave Suite 316 · Omaha, NE 68111
(531) 466-3346 · www.blackandpink.org
Black and Pink is a national prison abolitionist organization dedicated to abolishing the criminal punishment system and liberating LGBTQIA2S+ people and people living with HIV/AIDS who are affected by that system through advocacy, support, and organizing. It has 13 volunteer-led chapters, including in Albuquerque, Boston, Chicago, Denver, Los Angeles, Milwaukee, Missoula, New York City, and Portland OR. Pairs people with pen pals and sends newsletters; new pen pal website at blackandpinkpenpals.org. Write for more info and for local chapter information.

Black and Pink Minneapolis - Pen Pal Project
2002 23rd Ave S c/o Boneshaker Books · Minneapolis, MN 55404
mwtppp.wordpress.com/
Formerly Midwest Trans Prisoner Pen Pal Project. This project was formed to connect Midwest-based incarcerated trans/gender non-conforming people with other trans/gender non-conforming and allied community member pen pals for friendship. This project was initially launched to reach out to transgender prisoners who are placed in lock down (administrative segregation), and now accepts pen pal requests from LGBTQIA2S+ individuals mainly in MN, IA, ND, and SD.

GLBTQ Legal Advocates & Defenders (GLAD)
18 Tremont, Suite 950 · Boston, MA 02108
617-426-1350 · www.glad.org/
Through strategic litigation, public policy advocacy and education, GLAD works in New England and nationally to create a just society free of discrimination based on gender identity and expression, HIV status and sexual orientation. As part of this work, GLAD takes very select legal representation on behalf of LGBTQ prisoners. Has a victory in Sept. 2018 achieving transfer of a trans woman to a women’s prison in Maine. Also has a New England centered resource guide. Mostly serves people in New England.

Hearts on a Wire
1315 Spruce St. William Way Center · Philadelphia, PA 19107
heartsonawire.org
Hearts on a Wire is a grassroots organization working to address the needs of incarcerated transgender people in Pennsylvania prisons. They are a group of trans and gender variant people building a movement for gender self-determination, racial and economic justice, and an end to policing and imprisoning our communities. Offers a free newsletter to incarcerated and detained people. Write to be added to their mailing list. In your letter asking to be added, please tell us something about your relationship to the trans community. Serves transgender people in Pennsylvania only.

Lambda Legal
120 Wall St, 19th Floor · New York, NY 10005-3919
212-809-8585 · www.lambdalegal.org/
Lambda Legal carries out its legal work principally through test cases selected for the likelihood of their success in establishing positive legal precedents that will affect LGBTQ people and those affected by HIV. Lambda Legal recently represented a trans prisoner successfully in a lawsuit against the Texas prison system.

National Center for Transgender Equality
1032 15th St NW Suite 199 · Washington, DC 20005
(202) 642-4542 · transequality.org/
Advocates for change policies and society to increase understanding and acceptance of transgender people. Its Racial and Economic...
Justice Initiative includes work on reforming detention conditions for transgender people in correctional facilities and in immigration detention. In 2019, NCTE published Failing To Protect & Serve, an audit of the policies at the 25 largest police departments and a model policy to help local advocates and law enforcement. Operating remotely in January 2022 and will continue to do so for an undetermined period of time. They are still active during the pandemic but remote status may impact phone and written responses. Will send resources nationwide.

Prisoner Correspondence Project
QPIRG Concordia c/o Concordia University 1455 de Maisonneuve Ouest · Montréal, QC H3G 1M8 prisonercorrespondenceproject.com/
The Prisoner Correspondence Project is a solidarity project for gay, lesbian, transgender, gendervariant, two-spirit, intersex, bisexual and queer prisoners in Canada and the United States, linking them with people a part of these same communities outside of prison through a direct-correspondence program Letters to PCP in Canada cost $1.15 in US postage. Has pen pals who speak/write French. Serves people nationally.

Queer Detainee Empowerment Project
308 W. 46th St. · New York City, NY 10036 347-645-9339 · www.qdep.org
Part of the Center for Transformative Action. Assists folks coming out of immigration detention in New York in securing structural, health/wellness, educational, legal, emotional support and services.

Sinister Wisdom
2333 McIntosh Road · Dover, FL 33527 813-502-5549 · sinisterwisdom.org/
Publishes work by lesbians only - prose, poetry, essays, graphics, and book reviews. Will send free to women. Nationwide to women.

Sylvia Rivera Law Project
147 West 24th Street, 5th Fl · New York, NY 10011 212-337-8550 x303 · www.srlp.org
Provides free legal services to released prisoners who are transgender, intersex, gender nonconforming people who are low-income, and/or people of color. They specialize in providing assistance on name changes, identity documents, public benefits, immigration, shelter and more. Operating remotely in January 2022 and will continue to do so for an undetermined period of time. They are still active during the pandemic but remote status may impact phone and written responses. Serving individuals in New York only.

The Transformative Justice Law Project
203 N Lasalle, Suite 2100 · Chicago, IL 60601 312-558-1472 · www.tjlp.org
TJLP is a collective of radical lawyers, social workers, activists, and community organizers who are deeply committed to prison abolition, transformative justice, and gender self-determination. They provide free, zealous, life-affirming, and gender-affirming holistic criminal legal services to low-income and street-based transgender and gender non-conforming people in Illinois (only) who are targeted by the criminal legal system. Serves people in Illinois only.

Transgender, Gender Variant, and Intersex (TGI) Justice Project
370 Turk St #370 · San Francisco, CA 94102 415-554-8491 · www.tgijp.org/
The TGI Justice Project works primarily with transgender prisoners and formerly incarcerated transgender people in California, and sends out their “Stiletto Prison Newsletter” and their very informative 72-page “Still We Rise-Prison Resource Guide” to all TGI prisoners. TGI also supports TGI prisoners being released to the San Francisco Bay Area, and are part of a broader movement fighting for racial and social justice. Some services nationwide but more services for Californians. Expect delays in response to letters.

Transgender Law Center
PO Box 70976 Detention Project · Oakland, CA 94612-0976 510-587-9696 collect line for inmates & detainees: 510-380-8229 · transgenderlawcenter.org
Transgender Law Center’s Detention Project works to end the abuses transgender and gender nonconforming (TGNC) people experience in institutional settings such as prisons and jails. Resources include state DOC and BOP policies on trans rights; guides for filing grievances and lawsuits; know-your-rights guides for trans and LGBT people; medical information about transition-related health care; reentry resources; and other information. Serves people nationwide, but more specific information for Californians.

Tranzmission Prison Project
PO Box 1874 · Asheville, NC 28802 tranzmissionprisonproject.org
An LGBT+ focused abolition and advocacy group based out of Asheville, NC. A volunteer-run, non-hierarchical organization providing free books, zines, resources and other means of support to incarcerated queer individuals nationwide.

WOMEN’S ORGANIZATIONS AND RESOURCES
Aid to Inmate Mothers
PO Box 986 · Montgomery, AL 36101-0986 334-262-2245, 800-679-0246 · www.inmatemoms.org
Provides services to Alabama’s incarcerated women with emphasis on enhancing personal growth and strengthening the bonds between inmate mothers and their children. Serves women in Alabama only.

California Coalition for Women Prisoners
4400 Market St · Oakland, CA 94608 415-255-7036, ext. 4 · womenprisoners.org/
CCWP is a grassroots social justice organization, with members inside and outside prison, that challenges the institutional violence imposed on women, transgender people, and communities of color by the prison industrial complex (PIC). The struggle for racial and gender justice is central to dismantling the PIC and CCWP prioritizes the leadership of the people, families, and communities most impacted in building this movement. CCWP also visits women prisoners in CA and produces a newsletter "The Fire Inside," free to women prisoners. Serves individuals in California only. L.A. Chapter – PO Box 291585, Los Angeles, CA 90029

CCWP Writing Warriors
4400 Market St California Coalition for Women Prisoners · Oakland, CA 94608 · 415-625-7054 · www.womenprisoners.org
Writing Warriors: Advocacy through Correspondence Across the Walls is a project that opens contact with more people incarcerated at the women’s prisons in California. Our mission and the programs are different from a traditional prison pen pal program by connecting with people individually. We offer supportive relationships with women, trans and GNC people at CCWF. Writing Warriors volunteers will primarily communicate via JPAY email but can also correspond thru U.S. mail via the CCWP Oakland office address. Only provides services to California prisons.

Chicago Books to Women in Prison
4511 N Hermitage Ave · Chicago, IL 60640 chicagobwp.org/
All-volunteer, nonprofit that distributes paperback books (including

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Spanish books) free of charge to women and trans people in prisons nationwide. They send three books in a package. Please provide at least five general options of genre or subject matter. Currently serves state prisons in AZ, CA, FL, IL, IN, KY, MS, and OH, as well as all federal prisons. Cook County Jail. Libros en español también

Hour Children
36-11 12th St · Long Island City, NY 11106
718-433-4724 · www.hourchildren.org
Mission is to support incarcerated mothers and their children. Provides resources and services outside and inside New York state prisons only. Also provides services in Spanish (también ofrece servicios en español). Only provides services to New York state.

National Clearinghouse for the Defense of Battered Women
990 Spring Garden Street, Suite 703 · Philadelphia, PA 19123
215-763-1144 · www.ncdbw.org/
The Clearinghouse assists defense teams on cases involving domestic violence survivors charged with crimes related to their abuse. It does not provide directly legal representation, but consults with defense teams. They have a number of publications downloadable for free on this issue intersecting with criminal cases, immigration, and family law proceedings. Serves women nationally, but expect delay in response to letters.

Tulane University Women's Prison Project
6329 Freret Street · New Orleans, LA 70118
law.tulane.edu/clinics/womens-prison-project
Law student clinic focused on incarcerated individuals who are also survivors of abuse. Provides individual representation for post-conviction, parole, and clemency proceedings where abuse was a factor in the crime of conviction. Expect delays during the summer. Serves survivors in Louisiana only, but will consult nationwide with defense attorneys.

Women's Prison Association
110 Second Ave · New York, NY 10003
646-292-7742 · www.wpanoine.org
The Women's Prison Association (WPA) offers a range of services aimed at helping women in the New York City area. Their direct service network is organized in three broad areas: Residential and Family Services; Reentry Services; and neighborhood based services. Provides transitional planning and education in NY women’s prisons, as well as HIV counseling and testing. Serves women in New York state only.

**INNOCENCE PROJECTS**

Alaska Innocence Project
P.O. Box 201656 · Anchorage, AK 99520 · 907-279-0454
All cases for consideration by AKIP should be submitted by mail to the address above with a brief factual summary of the case and a list of the evidence which might be available to prove innocence. No other documents should be submitted for initial review. AKIP does not accept telephone or e-mail applications.

Arizona Justice Project
111 E Taylor St Suite 365 · Phoenix, AZ 85004
602-496-0286 · www.azjusticeproject.org
Accepts both DNA and non-DNA cases and represents indigent Arizona prisoners whose claims of innocence have gone unheeded. They also conduct post-conviction DNA testing in cases of forcible rape, murder, and non-negligent homicide cases, shaken baby syndrome and arson and other cases where the testing might demonstrate actual innocence. Serves Arizona only.

California Innocence Project
California Western School of Law 225 Cedar St · San Diego, CA 92101 · 619-525-1485 · californiainnocenceproject.org
Accepts cases only where the conviction occurred in the following Southern California counties: Imperial, Kern, Los Angeles, Orange, Riverside, San Bernardino, San Diego, San Luis Obispo, Santa Barbara, and Ventura (for all other CA counties, see the Northern California Innocence Project). In addition to DNA cases, they also review cases that may involve witness recantations, changes in science, government misconduct, or ineffective assistance of counsel – so long as there is evidence of innocence to support the claim. Serves people convicted in Southern California counties only.

Center on Wrongful Convictions - Women's Project
Center on Wrongful Convictions, Northwestern University Pritzker School of Law 375 E Chicago Ave · Chicago, IL 60611-3069
312-503-8576
www.law.northwestern.edu/legalclinic/wrongfulconvictions/womensproject
The Center of Wrongful Convictions Women's Project monitors potential cases of wrongful convictions women across the country, facilitates the sharing of information about such cases, and educates the public about relevant issues. They consider cases in which the person seeking assistance must be in no way responsible for the crimes of which she was convicted, and the trial must be completed and have resulted in a conviction and sentence.

Center on Wrongful Convictions at Northwestern Pritzker School of Law
Northwestern Pritzker School of Law 375 E Chicago Ave · Chicago, IL 60611-3069
312-503-2391 · www.law.northwestern.edu/wrongfulconvictions
Accepts cases of actual innocence in the United States, both DNA and non-DNA Cases. Will consider arson and shaken baby syndrome cases. No sentence requirements. All requests must come directly from the person seeking representation.

Center on Wrongful Convictions of Youth
Northwestern Pritzker School of Law 375 E Chicago Ave · Chicago, IL 60611-3069 · 312-503-8576
www.law.northwestern.edu/legalclinic/wrongfulconvictionsyouth/
The CWCY is the only innocence project in the country that focuses exclusively on individuals who were convicted or accused of crimes when they were adolescents or younger. They are dedicated to identifying, investigating, and litigating credible innocence claims of wrongfully convicted young people and preventing future wrongful convictions.

Centurion Ministries, Inc.
Attn: Case Development Manager 1000 Herrontown Rd · Princeton, NJ 08540 · 609-921-0334 · www.centurionministries.org
Advocacy and investigative organization that considers cases of factual innocence primarily in murder and rape cases carrying life or death sentences, but other cases of factual innocence may be considered. They do not take on accidental death, self-defense cases, or cases where the defendant had any involvement in the crime. Prisoners fitting the above criteria may send a letter (four pages or less) outlining the facts of the case, with a summary including the following points: what they were convicted of; brief description of the crime; why they were arrested and taken to trial; what evidence was used to convict; and what evidence there is that points toward innocence.

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Committee for Public Counsel Services Innocence Program  
21 McGrath Hwy · Somerville, MA 02143  
617-209-5666 · www.publiccounsel.net/innocence-program  
The CPCs Innocence Program aims to identify and litigate new trial motions on behalf of indigent Massachusetts state defendants who are actually innocent of the crimes of which they have been convicted. They review and litigate both DNA and non-DNA based innocence claims, with special attention to cases involving eyewitness identification evidence, false confessions, and flawed or invalidated forensic science testimony. Write for questionnaire. Do not send original documents. Serves Massachusetts only.

Connecticut Innocence Project  
55 Farmington 8th Floor · Hartford, CT 06105  
860-258-4940 · www.ct.gov/ocpd/cwp  
Accepts cases of actual innocence in Connecticut; DNA and non-DNA cases. Sentence must include at least a ten year period of incarceration and be no less than five years from estimated release date. There must be some new evidence in the case which would establish innocence. Serves Connecticut only.

George C. Cochran Innocence Project (Mississippi)  
George C. Cochran Innocence Project PO Box 1848 University, MS 38677 · 662-915-5207 · innocenceproject.olemiss.edu  
The Project currently accepts applications for legal representation from prisoners convicted in Mississippi who believe that they may have a claim of actual innocence. The Project only reviews cases from central and north Mississippi counties-excluding 30 south Mississippi counties served by the Innocence Project New Orleans (see LOUISIANA listing). The Project only accepts application requests directly from prisoners and only by mail.

Georgia Innocence Project  
50 Hurt Plaza East Suite 350 · Atlanta, GA 30303  
(404) 373-4433 · www.georgiainnocenceproject.org/  
Accepts cases of actual innocence in Georgia; DNA and non-DNA cases; you must have at least five years left on your sentence to serve in prison, or you must be on the Georgia Sex Offender Registry. Serves Georgia Only.

Great North Innocence Project  
229 19th Avenue South, Suite 285 · Minneapolis, MN 55455  
612-624-4779 · www.greatnortherninnocenceproject.org  
Reviews wrongful conviction cases where newly discovered evidence is identified and can provide clear and convincing proof of actual innocence. Actual innocence means the defendant played no role in the commission of the crime. Serves Minnesota, North Dakota and South Dakota only.

Hawaii Innocence Project  
2515 Dole Street, Suite 255 William S. Richardson School of Law,  
Attn: Jennifer Brown · Honolulu, HI 96822  
808-956-6547 · www.hawaiinnocenceproject.org/  
Legal non-profit clinic accepts applications from anyone who has been convicted of a crime occurring in Hawai’i AND is factually innocent of that crime. Applications can be downloaded from the website or can be mailed to you. Serves Hawaii only.

Idaho Innocence Project  
1910 University Dr c/o Biology Department, Boise State University ·  
Boise, ID 83725-1515  
208-426-4207 · innocenceproject.boisestate.edu  
Idaho Innocence Project accepts post-conviction cases from prisoners who do not currently have legal counsel. They will respond to the letter and let the prisoner know if any further information is needed before making a decision about their case. Do not send any legal documents or original. Serves Idaho Only.

Illinois Innocence Project  
One University Plaza University of Illinois Springfield · Springfield, IL 62703-5407  
(217) 206-6569 · www.uis.edu/illinoisinnocenceproject/  
Reviews cases where the applicant claims to be actually innocent of the crime(s) for which he or she is convicted. Must be substantial new evidence to support a claim of innocence, such as DNA evidence. Must have at least 8 years left on your sentence and not already be represented. Cannot take on all applicants. Expect delays, especially during summer. Serves Illinois only.

Innocence and Justice Clinic  
Wake Forest University Law School: Attn: Innocence & Justice Clinic  
1834 Wake Forest Road · Winston-Salem, NC 27106  
336-758-5430 · innocence-clinic.law.wfu.edu  
Cases accepted: Cases of actual innocence in North Carolina; DNA and non-DNA cases; no sentence requirements. Serves North Carolina only.

Innocence Matters  
PO Box 1098 · Torrance, CA 90505  
310-755-2518 · www.innocencematters.org  
A very small number of post-conviction cases are accepted where Innocence Matters assumes the role of the lead lawyer, but only if the following criteria are met: Inmate is currently serving time for a Los Angeles County case; is factually innocent; is indigent and is willing to take and able to pass a polygraph; or if inmate has been rejected by the California Innocence Project. Please understand that we have a long waiting list and it will be many months before you hear back from us. DO NOT SEND CASE MATERIALS! LARGE ENVELOPES WILL BE RETURNED UNOPENED. Due to the incredibly high volume of requests we receive, there is no guarantee we will handle your case even if you are eligible for our services.

Innocence Project (national)  
40 Worth St, Suite 701 · New York, NY 10013  
212-364-5340 · www.innocenceproject.org  
The Innocence Project works to exonerate the wrongly convicted through DNA testing and reforms to the criminal justice system to prevent future injustices. They accept only cases in which DNA testing can prove innocence. Write to request intake form. Accepts applications nationwide EXCEPT from AZ, CA, IL, MI, OH, WI or Puerto Rico.

Innocence Project at the UVA School of Law  
University of Virginia School of Law 580 Massie Rd · Charlottesville, VA 22903  
434-924-3732 · www.innocenceprojectuva.org/contact  
Evaluates cases of wrongful convictions if three criteria are met: (1) the inmate must have been convicted of a crime in Virginia, (2) the conviction must be final, and (3) the inmate is actually innocent of the crime of which he or she was convicted. Decision is based on the likelihood of being able to prove innocence, the availability of legal remedies, and capacity. To be considered, send a letter requesting their application packet. Serves Virginia only.

Innocence Project New Orleans  
4051 Ulooa Street · New Orleans, LA 70119  
504-943-1902 · www.ip-no.org  
Accepts cases of factual innocence; must be serving a life sentence
or a near-life sentence with at least 10 years left to be served; direct appeal has been denied; cannot afford an attorney; is not serving a sentence on another conviction. Serves Louisiana and South Mississippi only.

Innocence Project of Florida
1100 E Park Avenue · Tallahassee, FL 32301
850-561-6767 · www.floridainnocence.org
Accepts cases of actual innocence in Florida; DNA and Non-DNA cases. No sentence requirements. Does not accept federal cases or cases on direct appeal. Also provides transitional and aftercare services to exonerees. Serves Florida only.

Innocence Project of Iowa
19 S. 7th St. · Estherville, IA 51334
www.iowainnocence.org
Reviews and litigates cases of wrongful conviction in Iowa. It partners with the Midwest Innocence Project and the Wrongful Conviction Division of the State Public Defender of Iowa in its review and litigation of cases. Most likely to take cases that include: DNA evidence; mistaken eyewitness identification; false confessions; convictions due to police, prosecutorial, or judicial neglect or misconduct; unreliable scientific methods, tests, or procedures; false witness testimony; and egregious defense counsel neglect or misconduct. Write for a questionnaire. Serves Iowa only.

Innocence Project of Texas
300 Burnett St, Suite 160 · Ft. Worth, TX 76102
innocenceatexas.org/
The Innocence Project of Texas can only review cases that meet the following tests: The prisoner is claiming actual innocence; the conviction is a felony which took place in a Texas state court; and all direct appeals have been completed. Does not accept requests for assistance via email, phone, or fax. Serves Texas state prisoners only (no federal).

Kentucky Innocence Project
Department of Public Advocacy 5 Mill Creek Park
Frankfort, KY 40601
502-564-8006 · dpa.ky.gov/who_we_are/KIP/Pages/KIP.aspx
Prospective clients should meet the following criteria: a Kentucky conviction & incarceration; a minimum ten-year sentence; a minimum of three years until eligible to go before the parole board or if parole has been deferred, a minimum of three years to the next appearance before the parole board; new evidence of innocence discovered since the conviction which can be investigated; and a claim of actual innocence. Serves Kentucky only.

Korey Wise Innocence Project at Colorado Law
University of Colorado Law School Wolf Law Building, 404 UCB · Boulder, CO 80309-0404
303-492-2640 · www.colorado.edu/law/academics/clinics/korey-wise-innocence-project
The Korey Wise Innocence Project (KWIP) will not take cases in which the defendant already has a lawyer, or is entitled to a lawyer at state expense. The KWIP will take a case only where there is a genuine and provable claim of innocence. The KWIP gets involved only when the traditional methods of appealing a conviction have failed. Only Colorado cases will be accepted (state and federal). Write for a copy of evaluation criteria.

Loyola Law School's Project for the Innocent
Alarcón Advocacy Center 919 Albany St. · Los Angeles, CA 90015
213-736-8141 · www.lals.edu/academics/experientiallearning/clinics/
Dedicated to the exoneration of the wrongfully convicted. If a true claim of innocence is provable, clinic students will help draft a habeas petition. Must have case for factual innocence, have exhausted all their appeals, and are no longer represented by an attorney. Serves California only. Expect delays in the summer.

Mid-Atlantic Innocence Project
1413 K St. NW, Suite 1100 · Washington, DC 20005
202-888-1766 · exonerate.org/
Free investigative and legal assistance to prisoners convicted in the District of Columbia, Maryland, and Virginia who are factually innocent and whose innocence can be proven by DNA testing or by other newly discovered evidence. The prisoner must not be currently represented by another attorney in his or her criminal case, or have the right to appointed counsel in the case. Write for questionnaire. District of Columbia, Maryland and Virginia only.

Midwest Innocence Project
3619 Broadway Blvd., Suite 2 · Kansas City, MO 64111
816-221-2166 · www.themip.org
Accepts cases of actual innocence in AR, IA, KS, MO, and NE; applicant must have more than 10 years left to serve on their sentence; cannot be currently represented by another attorney; must have exhausted all appeals. Also reviews death penalty cases. Partners with the Iowa Innocence Project; if you write to both, expect only one response.

Montana Innocence Project
PO Box 76067 · Missoula, MT 59807
406-243-6899 · www.mtinnocenceproject.org
Accepts DNA and non-DNA cases. Prisoners must have been convicted of a felony crime in a Montana state or federal court; must have completed trial, sentencing and direct appeals; must not currently be represented by an attorney. Priority is given to cases where convincing and corroborating evidence can establish actual innocence. Serves Montana only.

New England Innocence Project
1035 Cambridge St Ste 28A · Cambridge, MA 02141
(617) 945-0762 · www.newenglandinnocence.org
Accepts cases of actual innocence in CT, MA, ME, NH, RI, and VT in which the prisoner has a claim of factual innocence; no time requirement DNA and non-DNA cases; will consider arson and shaken baby syndrome cases; may consider child abuse cases. Serves New England states, except New York.
New Mexico Innocence and Justice Project  
P.O. Box 36719 · Albuquerque, NM 87176-6719 · nmijp.org 
NMUP’s primary mission is to provide assistance and referrals to people wrongfully convicted in our state. NMUP is an independent organization, and has no affiliation with any other project in New Mexico. They will be opening to review and refer cases soon. In the meantime, please direct questions or concerns to info@nmijp.org. Serves New Mexico only.

North Carolina Center on Actual Innocence  
PO Box 52446 · Durham, NC 27717-2446 
919-489-3268 · www.ncccai.org/ 
Accepts cases of actual innocence in North Carolina; DNA and non-DNA cases; will consider arson and shaken baby syndrome cases, and may consider child abuse cases; typically limit to those in custody, but exceptions are made. Serves North Carolina only.

North Carolina Innocence Inquiry Commission  
Administrative Office of the Courts PO Box 2448 · Raleigh, NC 27602 
919-890-1580 · www.innocencecommission-nc.gov 
The North Carolina Innocence Inquiry Commission was created by the North Carolina General Assembly in 2006 and is charged with providing an independent and balanced truth-seeking forum for credible post-conviction claims of innocence in North Carolina. The Commission is separate from the appeals process. A person empowered by the Commission process is declared innocent and cannot be re-tried again. Serves North Carolina only.

Northern California Innocence Project  
500 El Camino Real Santa Clara Univ School of Law · Santa Clara, CA 95053 · 408-554-4790 · ncip.org/ 
Accepts actual innocence cases for people convicted in a Northern or Central California county; DNA and non-DNA cases; no minimum sentence requirements. The applicant must have been convicted in state court of a serious felony. Will consider cases involving faulty forensic science, police or prosecutor misconduct, ineffective assistance of counsel, eyewitness misidentification, false testimony and false confessions. Northern and Central California only.

Ohio Innocence Project  
University of Cincinnati College of Law PO Box 210040 · Cincinnati, OH 45221-0040 
513-556-0752 · www.law.uc.edu/oip 
Accepts cases of actual innocence in Ohio; DNA and non-DNA cases; no sentence requirements. Only serves prisoners in Ohio.

Ohio Public Defender Wrongful Conviction Project  
250 East Broad St, Suite 1400 Attn: Project Director, Joe Bodenhamer · Columbus, OH 43215 
800-686-1573 · opd.ohio.gov/wps/portal/gov/opd/law-library/innocence/innocence 
Cases accepted for review: Cases of actual innocence in Ohio; non-DNA cases only; arson cases; Shaken Baby Syndrome cases; child sex abuse cases; all other claims of actual innocence. Ohio only.

Oklahoma Innocence Project  
Oklahoma City University School of Law 800 N Harvey Ave · Oklahoma City, OK 73102 
405-208-6161 · www.okinnocence.com/ 
The Oklahoma Innocence Project accepts cases of actual innocence in Oklahoma; DNA and non-DNA cases; no sentence requirements. Must have credible evidence of factual innocence and be convicted in Oklahoma state court (no federal convictions).

Oregon Innocence Project  
PO Box 5248 · Portland, OR 97208 
503-944-2270 · www.oregoninnocence.org 
The Oregon Innocence Project’s mission is to exonerate the innocent, educate and train law students, and promote legal reforms aimed at preventing wrongful convictions. They provide free legal assistance to inmates convicted in an Oregon court who assert factual innocence, and where there is the possibility of proving innocence.

Palmetto Innocence Project  
P.O. Box 11623 · Columbia, SC 29201 
803-779-0005 · palmettoinnocence.org/ 
Focuses on claims of actual innocence or contentions of serious injustice in the criminal process exist. Must have at least 3 years left on sentence; conviction/appeals are final; and new evidence of innocence, such as DNA evidence, key trial witness recantation (e.g. change in testimony), or other credible evidence substantially affecting the case result. Serves South Carolina only.

Pennsylvania Innocence Project  
1515 Market St, 3rd Floor Temple University Beasley School of Law · Philadelphia, PA 19102 
215-204-4255 · www.innocenceprojectpa.org 
The Pennsylvania Innocence Project only takes on cases from factually innocent individuals who have been wrongfully convicted and exhausted their appeals. The Project takes on cases with or without DNA evidence, and will consider arson, shaken baby syndrome, and child abuse cases. Only serves people convicted in Pennsylvania.

Reinvestigation Project  
Office of the Appellate Defender 11 Park Place, Suite 1601 · New York, NY 10007 
212-402-4100 · oadnyc.org/reinvestigation-project 
Accepts cases of wrongful conviction and actual innocence for felony convictions that were previously assigned to OAD on appeal. Cases are randomly assigned by the court, and consist of indigent defendants who were convicted in the Bronx and Manhattan. OAD’s Reinvestigation Project works on DNA and non-DNA wrongful conviction cases and does not have any sentence requirements. At this time, the Reinvestigation Project is not funded to accept cases that have not been assigned to the office on direct appeal.

Rocky Mountain Innocence Center  
358 South 700 East, B235 · Salt Lake City, UT 84102 
801-355-1888 · rminnocence.org/ 
Accepts cases of actual innocence in Nevada, Wyoming or Utah; DNA and non-DNA cases; seven or more years left to serve on sentence; must be completely innocent; significant new evidence must be available to prove the prisoner’s innocence.

The Exoneration Initiative  
233 Broadway, Suite 2370 · New York, NY 10279 
212-965-9335 · exonerationsinitiative.org 
Accepts cases of actual innocence in New York; DNA and non-DNA cases (specializes in non-DNA); no sentence requirements.

The Exoneration Project  
311 North Aberdeen St Third Floor Suite E · Chicago, IL 60607 
www.exonerationproject.org 
Legal clinic reviewing cases of innocence for people who have gone to trial and were found guilty of crimes they did not commit. They consider post-conviction cases from across the nation for individuals wrongfully convicted of different types of crimes and with different sentence lengths, including cases where a defendant has served their complete sentence or pled guilty. They do not consider cases of self.
defense. In order to apply for representation, the defendant must be innocent of the crime and the trial must be completed and have resulted in a conviction. Expect delays in the summer. Will consider cases nationwide.

The Last Resort Exoneration Project
One Newark Center Seton Hall University School of Law · Newark, NJ 07102
973-642-8500 · law.shu.edu/exoneration-project/index.cfm
Free investigative and legal services to the convicted innocent of New Jersey who have substantial claims of factual innocence and are willing to cooperate with requests aimed at discovering the truth. Serves New Jersey only.

Thurgood Marshall School of Law Innocence Project
Earl Carl Institute for Legal and Social Policy, Texas Southern University 3100 Clouston St · Houston, TX 77004
713-313-1139 · www.tsulaw.edu/centers/ECI/centers/criminal_justice
Handles claims of actual innocence typically involving DNA evidence testing, mistaken identification, or that a crime never actually occurred. Thurgood Marshall law students work directly on the project and screen cases, obtain and review case histories, investigate facts, interview involved persons, write case time lines and summaries, perform case analyses, and prepare written case evaluations and pleadings. Serves Texas only.

University of Baltimore Innocence Project Clinic
1420 N Charles St · Baltimore, MD 21201
410-837-6543 · law.ubalt.edu/clinics/innocenceproject.cfm
The University of Baltimore Innocence Project Clinic seeks to identify individuals who have been convicted in Maryland state courts of crimes they did not commit and to provide them with assistance in the investigation of their claims. In appropriate cases, representation will be provided in post-trial litigation efforts to secure exonerations. Accepts cases of actual innocence in Maryland; DNA and non-DNA cases. Serves Maryland only.

University of Miami Law Innocence Clinic
1311 Miller Drive · Coral Gables, FL 33146
305-284-2339 · law.miami.edu/academics/clinics/innocence-clinic
The clinic handles cases involving innocent individuals incarcerated for a minimum of 10 years who have new evidence ranging from recanting witnesses to new witnesses discovered by students to prosecutorial misconduct and ineffective assistance of counsel. The clinic also accepts cases involving DNA evidence. Floridians only.

Washington Innocence Project
PO Box 85869 · Seattle, WA 98145
206-636-9479 · wainnocenceproject.org/
In order to qualify for representation, a prisoner must: Be wrongly convicted of crimes in Washington; be unable to afford counsel; no longer have the right to appointed counsel; have completed the direct appeals process; have at least three years of prison time remaining to be served; have a claim of innocence that can be proven through DNA testing or other newly discovered evidence; and have no involvement in the crime whatsoever. Must have been convicted in Washington state to qualify.

West Virginia Innocence Project
West Virginia University College of Law PO Box 6130 · Morgantown, WV 26506 · 304-293-7249 · wvinnocenceproject.law.wvu.edu/
Accepts cases of actual innocence in West Virginia; DNA and non-DNA cases; three or more years left to serve; will consider arson and shaken baby syndrome cases. Serves West Virginia only.

Wisconsin Innocence Project
University of Wisconsin Madison 975 Bascom Mall · Madison, WI 53706-1399 · 608-262-1002 · law.wisc.edu/jfr/clinicals/jp/
The Wisconsin Innocence Project (WIP) is a clinic at the University of Wisconsin Law School. WIP reviews cases of actual innocence. Must be incarcerated in Wisconsin, have at least seven years left of your sentence, and have a significant chance that substantial new evidence may be found to support a claim of innocence. This newly discovered evidence (NDE) could be physical evidence that was not previously subjected to forensic examination, such as DNA testing. NDE may also include non-physical evidence, such as from an eyewitness who was previously unknown or a recantation from a victim, if such a recantation is supported by other new evidence. Serves Wisconsin only.

WMU-Cooley Law School Innocence Project
300 South Capitol Ave WMU-Cooley Law School · Lansing, MI 48933
517-371-5140 · www.cooley.edu/academics/experiential-learning/innocence-project
Accepts cases of actual innocence in Michigan; DNA cases only; must be in custody; no time requirement. Students assist assigned attorneys with reviewing case files, screening applications, investigating facts, conducting interviews, and analyzing cases. Serves Michigan only.

HEALTH CARE RESOURCES
AIDS Law Project of Pennsylvania
1211 Chestnut St, Suite 600 · Philadelphia, PA 19107
215-587-9377 · www.aidslawpa.org
Nonprofit public-interest law firm providing free legal assistance to people living with HIV and AIDS, including PA prisoners. Also has an office in New Jersey at 709 Haddonfield-Berlin Rd., Voorhees Township, NJ, 08043. English and Spanish spoken. Serves Pennsylvania and New Jersey only.

National Hepatitis Corrections Network
1621 South Jackson Street, Suite 201 · Seattle, WA 98144
206-732-0311 · www.hcvinprison.org
The NHCN serves as a hub of resources and information about hepatitis C in prisons and jails, including publishing resources about Hep C treatment in prison and producing educational materials for incarcerated people about hepatitis. The NHCN is a program of the Hepatitis Education Project (HEP), a nonprofit organization based in Seattle, WA. Serves people nationally.

Prison Health News
4722 Baltimore Avenue · Philadelphia, PA 19143
215-326-9431 · prisonhealthnews.wordpress.com/
Publishes a newsletter four times a year for people in prison about health issues like COVID-19, hepatitis C, HIV, diabetes, asthma, depression, PTSD, exercise, nutrition and more. Prison Health News strives to lift up the voices and expertise of currently and formerly incarcerated people. On their website, articles on many health topics are available for download. Write to them for a free subscription.

TPAN
5537 N. Broadway · Chicago, IL 60640
773-989-9400 · www.tpan.com/
The Test Positive Aware Network. Publishes Positively Aware, a bimonthly magazine covering HIV/AIDS treatment, research, policy and lifestyle. Also offers articles on many HIV-related topics, including HIV and aging, prevention, and treatments. Offers free subscriptions to prisoners.

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PO Box 415 ꞏ Bolinas, CA
Prison Yoga Project
send to you directly. If you are
818-773-9999 ꞏ www.na.org
PO Box 9999 ꞏ Van Nuys, CA 91409
Narcotics Anonymous
abuse and its pr
compassionprisonproject.org
active today.
415-459-9800 ꞏ www.insightprisonproject.org
The Insight Prison Project
Since 2010, it has sent more t
compassion that leads to positive personal and pro-social choic
everyone develop the self-awar
Healing and Recove
8726 S. Sepulveda Blvd. Suite D #420 ꞏ Los Angeles, CA 90045
compassionprisonproject.org
A grassroots organization focused on bringing adverse childhood experiences (ACES) and trauma awareness to prisons and communities. Has created a powerful compassion-based curricula for people who have experienced ADEs, empowering them with awareness, information and tools for healing. Circle facilitation. Write for information about their Trauma Talks curriculum, if you want to support getting a program at your facility, or for pen pal waitlist.
CURE-SORT
PO Box 1022 ꞏ Norman, OK 73070-1022
405-639-7262 ꞏ www.cure-sort.org
CURE-SORT (Sex Offenders Restored through Treatment) has information, resources, contacts, and support to individuals, families, treatment providers, and professionals who work with issues of sexual abuse and its prevention. CURE-SORT is an issue chapter of Citizens United for the Rehabilitation of Errants (CURE).
Narcotics Anonymous
PO Box 9999 ꞏ Van Nuys, CA 91409
818-773-9999 ꞏ www.na.org
NA publishes a wide variety of materials concerning drug addiction and recovery, some of which are expressly produced for persons currently incarcerated, including Behind the Walls. Offers services in many different languages. También ofrece literatura en español, incluyendo Entre Rejas. Has many pamphlets and booklets available for free download from the internet. Ask friends or family to print and send to you directly. If you are looking for meeting locations for parole plans, ask a friend or family member to look on website for listings: www.na.org. Provides information nationally.
Prison Yoga Project
PO Box 415 · Bolinas, CA 94924 · prisionyoga.org
Prison Yoga Project supports incarcerated people with trauma-informed yoga and mindfulness practices as a means of self-empowerment and self-rehabilitation. PYP believes yoga helps everyone develop the self-awareness, self-worth, empathy, and compassion that leads to positive personal and pro-social choices. Since 2010, it has sent more than 26,000 copies of Yoga: A Path for Healing and Recovery free of charge on request. Serves people everywhere.
The Insight Prison Project
PO Box 29 · San Quentin, CA 94964
415-459-9800 · www.insightprisonproject.org
IPP offers transformational restorative justice based programs for incarcerated people, which are supported by crime survivors and community volunteers. IPP currently conducts 13 weekly classes at San Quentin State Prison, involving some 175 prisoners. IPP’s Victim Offender Education Group (VOEG) is a nationally recognized restorative justice program. IPP also offers our VOEG program in 15 other prisons. IPP provides in-prison services in California, Massachusetts, Oregon, and Colorado. IPP does NOT currently offer correspondence courses, books, pen pals, or legal services.
The Osborne Association
809 Westchester Avenue · Bronx, NY 10455
718-707-2600 · www.osborneny.org
Osborne offers a wide range of direct services to justice-system-involved people and their children and families. Our programs and services are evidence- and experience-based and designed to reduce crime and reliance on incarceration, heal the damage and trauma of crime and incarceration, and enhance opportunity for those affected by crime and incarceration. Offers services to incarcerated parents as well. Write for list of programs and services. The Osborne Association has three locations: in the Bronx, Brooklyn, and Newburgh. Only Services People in New York.
FREE BOOKS PROJECTS
Alabama Books to Prisons Project
4413 5th Avenue South · Birmingham, AL 35222
www.burdockbookcollective.com/books-to-prisons
Run through the Burdock Book Collective, this program fulfills book requests and manages a penpal program for people incarcerated in Alabama prisons. LGBTQA friendly: “As queers and allies ourselves, we aim to provide a space for personal expression and communication free from homophobia and transphobia.”
Appalachian Prison Book Project
PO Box 601 · Morgantown, WV 26507
appalachianprisonbookproject.org/
The Appalachian Prison Book Project (APBP) sends free books and provides educational opportunities to people incarcerated in the Appalachian region. We serve six states: Kentucky, Maryland, Ohio, Tennessee, Virginia, and West Virginia. You can request by topic area or title, and we will do our best to find a good book for you.
Asheville Prison Books
67 N. Lexington c/o Downtown Books & News
Asheville, NC 28801 · avlpb.org
Sends free reading material to folks incarcerated in North Carolina and South Carolina, including county jails, detention centers, state prisons, and federal facilities. They do not have a catalogue, but try to match requests to books as best they can. Serves people in North Carolina and South Carolina only.
Athens Books to Prisoners
30 1st Street · Athens, OH 45701
athensbookstoprisoners.weebly.com
Athens Books to Prisoners is a volunteer-run organization that sends free books to prisoners in Ohio only.
Big House Books
PO Box 5586 · Jackson, MS 33926
bighousebooksmns.org/
Sends books to Mississippians in prisons and juvenile detention centers. Every person has the right to educate oneself; let’s make that a reality!
Please wait 5 months between requests.

Books Behind Bars - New Jersey
PO Box 2611 · Wildwood, NJ 08260
www.bookbehindbarsnj.com

A grassroots, volunteer-run prison abolition project that provides free books upon request to people incarcerated in New Jersey prisons.

Books Behind Bars - Virginia
Friends of the Jefferson-Madison Library 1500 Gordon Ave · Charlottesville, VA 22903 · booksbehindbars.info

Serves people incarcerated in Virginia only. Write with requests for up to three books per month. They will do their best to fulfill all requests, but cannot guarantee specific title availability.

Books Through Bars
4722 Baltimore Ave · Philadelphia, PA 19143
215-727-8170 · www.booksthroughbars.org

Free books across the Eastern Seaboard. Prisoners may request by topic (not exact title or author), and provide several areas of interest if possible. Sends to DE, MD, NJ, NY, PA & VA only.

Connecticut Prison Book Connection
PO Box 946 · Rocky Hill, CT 06067-0946
CT Prison Book Connection is an all-volunteer run organization that sends free books to prisoners across the United States. All books are donated from various sources. Individuals may request books by subject/genre. Please request multiple topics of interest in order to get something desired. Books in different languages are provided but are on a first come first serve basis and very limited.

DC Books to Prisoners
PO Box 34190 · Washington, DC 20043
dcboksstoprisoners.org

Request reading material by mail. Lease request by prioritized subject and not specific book title (we rely on donations), and list prison restrictions if known. DC Books to Prisoners responds to state and federal prisoners in AK, AL, AR, CA, CO, DE, GA, HI, IA, ID, IN, KS, KY, LA, MD, MN, MO, MS, MT, NC, ND, NE, NM, NV, OH, OK, SC, SD, TN, TX, UT, VA, WV, and WY as well as federal prisoners (only) in AZ and requests from DC residents in federal prisons in all states. Please wait 5 months between requests.

East Bay Prisoner Support
PO Box 22449 · Oakland, CA 94609
www.eastbayprisionersupport.wordpress.com

Formed in 2007 as a prison abolitionist, anti-authoritarian collective. Write to receive a catalog of anarchist, decolonial, queer liberation, anti-capitalist, black, brown and indigenous-oriented literature, sent free to folks everywhere. También enviamos literatura en español.

Great Falls Books Through Bars
PO Box 391 · Greenfield, MA 01302
www.greatfallsbooksthroughbars.org

All volunteer group that distributes books to contribute to the education, entertainment and support of incarcerated people. Will read requests and find the closest matches they can among their book collection.

Inside Books Project
PO Box 301029 · Austin, TX 78703
512-655-3121 · www.insidebooksproject.com

Sends free books and literature to prisoners in Texas only. Also sends a very informative prisoner resource guide free to prisoners in all states. Send two stamps, or pre-addressed stamped envelope containing two stamps for a copy of their resource guide.

Ithaca College Books Thru Bars
PO Box 113 c/o Ithaca College Library · Broctondale, NY 14817
icbooks@ithacabooks.com

Set within Ithaca College, this group works to send reading literature to incarcerated individuals as well as raise awareness of issues related to incarceration. Serves NY, NY, VT, MA, RI, CT, NJ, and PA. Include a request for a genre, author, or title and any mailing restrictions for your facility. Requests will be honored as best as possible. Be patient for response as they only pack and mail twice per semester.

LGBT Books to Prisoners
1202 Williamson St #1 c/o Social Justice Center Incubator · Madison, WI 53703 · lgbtbookstoprisoners.org/

Volunteer-run organization that sends books and other educational materials, free of charge, to LGBT-identified people in prison across the US (except those in TX). Will send books in Spanish (enviar libros en Español). Sends up to two packages and books per year. Prefers requests by topic/genre, but can occasionally fulfill specific requests. Serves all states except Texas.

Liberation Library
2040 N Milwaukee Ave c/o In These Times · Chicago, IL 60647
www.liberationlib.com

The only organization that provides books of their choosing to youth in Illinois prisons. Volunteer-run. Write for a catalog of options.

Liberation Lit
PO Box 45071 · Kansas City, MO 64171
816-377-8682 · liberationlit.org

Abolitionist group of volunteers sending books to individuals in Missouri and Kansas only. Also runs a small pen pal program.

Louisiana Books 2 Prisoners
3157 Gentilly Blvd. #141 · New Orleans, LA 70122
504-272-7323 · www.lab2p.org

Louisiana Books 2 Prisoners sends books to people who are locked up in jails, prisons, and ICE facilities in Louisiana, Alabama, and Arkansas. Write for book request form, or have a comrade print and mail to you.

Louisville Books to Prisoners
1512 Portland Ave. #1 c/o McQuixote Books and Coffee · Louisville, KY 40203
502-625-5227 · www.louisvillebookstoprisoners.org

Ships free books directly to prisoners in Kentucky and Virginia only. Request reading material by prioritized subjects and list facility restrictions if known. Serves Kentucky and Virginia only.

Midwest Books to Prisoners
1321 N Milwaukee Ave, PMB #460 · Chicago, IL 60622
www.midwestbookstoprisoners.org/

Midwest Books to Prisoners is staffed by volunteers who collect book donations, read letters, pack packages and solicit donations. Books are sent to prisoners in the following states: IL, IN, IA, KS, MI, MN, MO, NE, OH, ND, SD & WI. Unfortunately, due to policy restrictions by MDOC and INDOC, we cannot send books to Minnesota or Indiana state prisons at this time.

Midwest Pages to Prisoners Project
PO Box 1324 · Bloomington, IN 47402
812-727-0155 · www.pagesforprisoners.org

Midwest Pages to Prisoners provides free books and zines to prisoners in these ten Midwest states only: AR, IA, IN, KS, MN, MO,
ND, NE, OK, & SD. In your letter, please tell us what type of reading material you are interested in—sharing subjects and genres of interest is most helpful.

**Missouri Prison Books Program**
438 N. Skinker Blvd c/o World Community Center · St. Louis, MO 63130 · missouriprisonbooks.org
All volunteer organization that sends free books on request to incarcerated people in Missouri.

**NYC Books Through Bars**
c/o Bluestockings Bookstore 116 Suffolk Street
New York, NY 10002 · www.booksthroughbarsnyc.org
Has a large assortment of fiction and non-fiction, including political and history books, and other educational books. Does not send religious texts. Fills requests from all states except AL, FL, LA, MA, MI, MS, NC, PA, OH & WI, and has a priority for New York prisoners.

**Oklahoma Prison Books Collective**
PO Box 52255 Oklahoma PBC · Tulsa, OK 74152
Sends books to all incarcerated people in Oklahoma. Will try to fulfill specific requests as best as they can, but best is to make a general request by topic. Only sends paperback books.

**Open Books & the Prison Book Project**
c/o Open Books Bookstore 1040 N Guilemard St · Pensacola, FL 32501 · 850-453-6774 · www.openbooksncpa.org
The Prison Book Project sends free books to indigent prisoners in Florida prisons. Write with categories of books you would like. Serves people in Florida only.

**Pittsburgh Prison Book Project**
PO Box 71357 · Pittsburgh, PA 15213
412-361-3022 ext. 4 · pghprisonbookproject.org/
- All-volunteer non-profit organization that sends free educational books and quality reading material to prisoners in Pennsylvania only. Formerly Book ’Em. Request books by subject/genre (they usually can’t fill specific book requests by title). Sends books to individuals in Pennsylvania only.

**Prison Book Program**
c/o Lucy Parsons Bookstore 1306 Hancock St, Suite 100 · Quincy, MA 02169 · 617-423-3298 · www.prisonbookprogram.org
National books to prisoners organization. Offers a free 6-page “National Prisoner Resource List,” and a free resource list for LGBTQ. Does not send books or any other materials to any jails. Books may be delayed up to 4 to 6 months. Allows two book shipments per year. Serves people nationally EXCEPT CA, IL, MD, MI, NV, and TX, as well as some other individual prisons.

**Prison Books Collective Publishing and Distribution**
PO Box 625 · Carrboro, NC 27510
919-443-9238 · prisonbooks.info
The Prison Books Collective Publishing and Distribution is a books-to-prisoners nonprofit based in Carrboro and Durham, NC, that sends books to prisoners in Alabama and North Carolina and maintains an extensive zine catalog available across the US. PBC sends books to incarcerated men in NC and incarcerated people of all genders in AL, sending literature into federal, state, and county facilities. (Women in NC should mail the NC Women’s Prison Book Project.) PBC sends zines across the nation; our catalog, available online or by mail, includes radical essays, guides, games, and Words of Fire, our literary magazine of art and writing by incarcerated people.

**Prison Library Project**
586 West First Street c/o The Claremont Forum · Claremont, CA 91711 · 909-626-3066 · www.claremontforum.org/prison-library-project/
Sends free reading materials to individuals nationwide. The goal is to promote literacy, personal responsibility, reflection, and growth. The project is led and sustained by volunteers.

**Prisoner Express**
PO Box #6556 CTA / Durland Alternatives Library · Ithaca, NY 14851 607-255-6486 · www.prisonerexpress.org
Prisoner Express News is published every six months and sent free of charge to incarcerated individuals throughout the United States. They are also available for download online. PE also sends books and educational packets as available. Prisoner Express has ongoing programs in creative writing, chess, meditation, journaling and art. Sends to people nationally.

**Prisoners Literature Project**
c/o Bound Together Books 1369 Haight St · San Francisco, CA 94117 · 510-749-4160 · www.prisonlit.org
The Prisoners Literature Project is an all-volunteer grassroots organization that sends free books to prisoners across the U.S. Please request types of books, not specific titles. They do not carry Christian books or legal texts. Please limit requests to once per year, and be patient while they try to find books to match your requests. Inform them of any book restrictions at your prison. PLP is one of PARC’s partners - ask them for your next copy of the PARC directory! Serves people nationally except Texas (check out Inside Books Project instead).

**Read Between the Bars**
PO Box 44014 c/o Daily Planet Publishing · Tucson, AZ 85733 · www.readbetweenthebars.com
Grassroots collective in Tucson that originated in March 2007 sending free books. Serves people in Arizona federal detention centers.

**RedBird Books-to-Prisoners**
PO Box 10599 · Columbus, OH 43201
Dedicated to providing Ohio prisoners with free books and reading materials. Send requests by subject with priority to individuals incarcerated in Ohio.

**Rogue Liberation Library**
PO Box 524 · Ashland, OR 97520 · peacehouse.net/RLL/
Rogue Liberation Library, a program of he Peace House, sends free books and reading materials to foster knowledge, creativity, communication, personal development, and well-being. Request books by subject, not specific titles or authors. List prison book restrictions if known. Does not send to prisons that require all books be new. Does not send legal materials. Limit requests to once every three months. Books are sent free of charge to people in state prisons in the western half of the U.S. and federal prisons nationwide where allowed by state and federal regulations.

**Saxapahaw Prison Books**
1425 Russell Street c/o Center for Social Justice · Orangeburg, SC 29115 · 828-216-0243 · saxapawhawbooks2prisoners.wordpress.com/
Sends free books to individuals incarcerated in Georgia and South Carolina. Also has a number of resources, including an Advocacy Handbook for People Imprisoned in Georgia and regional re-entry resources, that it will print and mail. Write for more info on resources.
Seattle Books to Prisoners
c/o Left Bank Books 92 Pike St, Box A · Seattle, WA 98101
206-527-3359 · www.bookstoprisoners.net
Volunteer run, donation based organization providing free reading materials to incarcerated individuals. Request by subject; very few religious or legal materials. Does not ship to prisons that require all books sent be new. Write directly to request. Supported by partners Portland Books to Prisoners, Boots to Prisoners Olympia, and Books to Prisoners Spokane. Serves people nationwide, except CA and MA, and short term facilities.

Urbana-Champaign Books to Prisoners
PO Box 515 · Urbana, IL 61803
708-782-4608 (voicemail only) · www.books2prisoners.org
UC Books to Prisoners is an Urbana, Illinois based project providing books at no cost by mail to inmates in state and federal prisons, as well as in two county jail libraries in Illinois only.

Wisconsin Books to Prisoners Project
The Social Justice Center 1202 Williamson Street #1 · Madison, WI 53703 · 608-257-6050 · wisconsinbookstoprisoners.org/
Wisconsin Books to Prisoners is an all-volunteer, non-profit organization that sends books free of charge to state and federal prisoners in Wisconsin. Does not respond to email inquires. Please request by genre or subject category. Sends to Wisconsin only.

Women's Prison Book Project
3751 17 Ave S · Minneapolis, MN 55407
612-871-7110 · wppb.org
Provides women and transgender persons in prison with free reading materials covering a wide range of topics. WPBP also has a free resource guide for women and trans prisoners and a newsletter which publishes prisoner articles. Partners with Black and Pink Minneapolis' pen pal project (see LGBTQ resource section). Ofrecen materiales de lectura en Español. Only serves women and trans prisoners.

NEWSLETTERS AND MAGAZINES

Anarchist Black Cross Los Angeles
P.O. Box 11223 · Whittier, CA 90603
www.abcf.net/
Since the beginning of the Twentieth Century, the Anarchist Black Cross (ABC), has been on the frontline in supporting those imprisoned for struggling for freedom and liberty. In May of 1995, a small group of ABC collectives merged into a Federation whose aim was to focus on the overall support and defense of political prisoners and prisoners of war. Write for information on political prisoners and for addresses of other chapters in Bakersfield CA, Inland Empire CA, Orange County, Lancaster PA, Philadelphia PA, and New York City.

Grant Publications
PO Box 28812 · Greenfield, WI 53228-0812
(414) 543-5616
Magazine subscription services with years of experience servicing inmates. Send SASE for more information. Order any five (5) magazine subscriptions and get one (1) year magazine subscription for free from specially marked list with (*). Serves people nationwide.

San Quentin News
Main Street · San Quentin, CA 94964
sanguentinnews.com
San Quentin News is a 20-page monthly newsletter written, edited, and produced by prisoners incarcerated at San Quentin State Prison. The SQ News encourages prisoners, staff, or others outside the institution to submit articles, poems, artwork and letters to the editor for possible inclusion. To receive a mailed copy of the SQ News, send $1.61 in postage. This process should be repeated every month for each new edition.

Slingshot Magazine
PO Box 3051 · Berkeley, 94703
510-540-0751 ext. 3 (voicemail only) · slingshotcollective.org/
Slingshot is a quarterly, independent, radical newspaper published in the East Bay since 1988 by the Slingshot Collective. Subscriptions are free to USA prisoners. Accepts submissions of articles, artwork, calendar items, spots to add to the radical contact list, suggestions for distribution, and thoughts about what they should be doing next. Serves people nationally.

The Angolite
Louisiana State Penitentiary c/o Cashiers Office · Angola, LA 70712
The Angolite is published and edited by prisoners at the Louisiana State Penitentiary in Angola, LA. Subscriptions are $20 per year, $38 for 2 years, or $54 for three years. Write for order form.

Turning the Tide: Journal of Inter-communal Solidarity
PO Box 1055 · Culver City, CA 90232
www.amiracist.org
Published by Anti-Racist Action - Los Angeles/People Against Racist Terror (ARA-LA/PART) since 1988. Issues released at least quarterly; 5-6 issues some years. Free to prisoners; subscriptions for non-prisoners are $12 for low income; $20 regular; $30 international/institutional; $50 sustainer. Payable to "Anti-Racist Action" at above address. Back issues may be available.

VENDORS AND PUBLISHERS

Edward R. Hamilton Books
PO Box 15 · Falls Village, CT 06031-0015
www.hamiltonbook.com
Vendor of overstock and bargain books, some hardbound and others paperbound (type of binding listed in catalogs). Sends out free book catalogs, organized by the following subject areas: Arts & Education; Fiction; Healthy Living; History; Home & Garden; Biography; Cookbooks; Military History; Craft/Needlecrafts; Science & Nature; New Arrivals; and Bargain Books. Serves people nationally.

Forbidden Books Library, LLC
PO Box 534 RE: ORDER FORM · Schererville, IN 46375
Publishes and distributes "The Texas Write Writer's Survival Guides" including THE TEXAS CITEBOOK which contains 1,400+ Texas caselaw references on 100 legal topics and has a foreword by the National Lawyers Guild. To receive an order form and more info send SASE.

Freebird Publishers
PO Box 541 · North Dighton, MA 02764
774-406-8682 · www.FreebirdPublishers.com
Offers prisoner titles such as Cell Chef Cookbook, Life With A Record, Start Thinking Outside Prison, and other books, guides, newsletters, collectible artwork photos, greeting cards, and niche items created for and by incarcerated individuals. Send for their packet of color brochures, and include a pre-addresses stamped envelope for faster service. Produces Inmate Shopper (2018-19 Issue), which is America's largest book of resources for inmate's

The materials contained in this resource directory are presented to aid in the rehabilitation of prisoners, as per federal and state laws.
This 24-page resource directory has been published by the Prison Activist Resource Center; PO Box 70447, Oakland, CA, 94612. If included, please mail back the evaluation form with any updates.
services plus many other sections of reading and entertainment. PARC especially recommends the Inmate Shopper because it reviews and rates many of the businesses that service inmates. Order online, phone, email or send a payment for $26.99 (includes priority shipping & tracking) to the above address. Accepts JPay and Corrlinks at Diane@FreebirdPublishers.com. MoneyGram also accepted.

**Haymarket Books**
PO Box 180165 · Chicago, IL 60618
773-583-7884 · www.haymarketbooks.org

Haymarket Books is a nonprofit, radical book distributor and publisher, a project of the Center for Economic Research and Social Change. They believe that activists need to take ideas, history, and politics into the many struggles for social justice today. The books they offer reflect their values. Write for a copy of their catalog (discounts for prisoners). Serves people nationally.

**Pathfinder Press**
PO Box 162767 · Atlanta, GA 30321-2767
404-669-0600 (voice mail only) · www.pathfinderpress.com

Pathfinder Press is a publisher which carries books on the works of revolutionary and working class leaders, in many different languages. Prisoners receive a 50% discount off the cover price, with a flat rate of $2.75 for shipping and handling per order (one or more titles). Write for a free catalog. Serves people internationally.

**PM Press**
PO Box 23912 · Oakland, CA 94623
510-703-0327 · www.pmpress.org

PM Press carries counter-culture, anti-prison, and similar titles including The Prison-Industrial Complex and the Global Economy, Let Freedom Ring: A Collection of Documents from the Movements to Free U.S. Political Prisoners, and more. Prisoners receive a 50% discount. No longer offers printed catalog; must view website (asking for outside help if needed) for listings of books. Check your selection against the prison’s contraband list as many political books are banned. Serves nationally.

**The Paperback Shop**
4817 FM 646 B · Dickinson, TX 77539
281-534-3370 · www.imailtoprison.com

A family operated used bookstore that has specialized in mailing books to inmates for 25 years. Send an S.A.S.E. for our information and one page info/order form. This is a bookseller, not a free books program. Please, read the information and instructions on the form before sending a list of books wanted. They carry new and used paperbacks, magazine subscriptions, calendars, and puzzles. They do not have a catalog, but will work with you to send the books that you want. Families & Friends can also order online. Nationwide service, but depends on state regulations for receiving books in your state. Nationwide Service, But depends on state regulations for receiving books in your state.

**EDUCATIONAL RESOURCES**

Adams State University Prison College Program
Prison College Program Office Attn: Jim Bullington 208 Edgemont Bl, Suite 3000 · Alamosa, CO 81101
719-587-7671 or 1-800-548-6679 · www.adams.edu/academics/print-based/prison-college-program/

Take courses and earn a degree through print-based correspondence. Print-based course offered as part of the paralegal I & II, and advanced paralegal certificate programs have a tuition rate of $799, and are offered in collaboration with the Center of Legal Studies. All other print-based courses have a tuition-rate of $220 per credit hour or $660 per 3 credit course. offers Associates and Bachelor degrees. Write for course catalog and application information. Serves people nationally.

The materials contained in this resource directory are presented to aid in the rehabilitation of prisoners, as per federal and state laws.

This 24-page resource directory has been published by the Prison Activist Resource Center; PO Box 70447, Oakland, CA, 94612. If included, please mail back the evaluation form with any updates.

**PRISON WRITING / ARTS PROGRAMS**

**PEN Prison Writing Program**
588 Broadway, Suite 303 · New York, NY 10012
212-334-1660 · pen.org/prison-writing/

The PEN prison writing program provides hundreds of imprisoned writers across the country with free writing resources, skilled mentors, and audiences for their work. Its program supports free expression, and encourages the use of the written word as a legitimate form of power. In additional to mentoring, PEN publishes a national list of prison-based creative writing programs, sponsors an annual writing contest, publishes the free book Handbook for Writers In Prison, conducts workshops, and seeks to promote prisoners' work publicly through literary publications and readings. Serves writers nationally.

**Prison Creative Arts Project**
701 E. University Ave, 1801 East Quadrangle, LSA Residential College · Ann Arbor, MI 48109
734.647.6771 · lsa.umich.edu/pcap

The Prison Creative Arts Project (PCAP) facilitates fine arts, creative writing, and theatre workshops in juvenile detention centers and prisons in Michigan. Its programs include weekly creative arts workshops in prisons, exhibitions by currently and formerly incarcerated artists, an annual literary journal of creative writing by incarcerated adults, and a reentry arts program. Michigan only.

**Prisons Foundation**
2512 Virginia Ave NW, #58043 · Washington, DC 20037
202-393-1511 · www.prisonsfoundation.org/

Prisons Foundation publishes books written by or about prisoners. Their publishing program includes posting books onto their website for download. They also exhibit art created in prison (see www.SafeStreetsArts.org). Write directly for book submission guidelines prior to sending a manuscript. The prison author retains full rights to their book, for later placement with a literary agent or commercial publisher if desired. It also now offers quality Dictionaries and Thesauruses for only $3.95 each, and will mail them directly to prisoners. Serves writers nationally.

**The American Prison Writing Archive**
198 College Hill Rd Hamilton College · Clinton, NY 13323-1218
315-859-4125 · apw.dhinitiative.org/

The American Prison Writing Archive is an digital archive of non-fiction essays that offers the public first-hand testimony to the living and working conditions experienced by prisoners, prison employees, and prison volunteers. All prisoners can contribute. Non-fiction essays, based on first-hand experience, should be limited to 5,000 words (15 double-spaced pages). Clearly hand-written pages are also welcome. They charge no fees and read all writing submitted. Write in for the permissions-questionnaire, which MUST accompany all submissions. Serves writers nationally.
**Ashland University Correctional Education**
26 W. Main St · Ashland, OH 44805
419-207-6922 · www.ashland.edu/founders/programs/correctional-education

Ashland University serves over 1,000 incarcerated students annually with college curriculum. The programs are offered to adult prisoners in the Ohio Department of Rehabilitation and Correction, and juvenile prisoners in the Ohio Department of Youth Services. A recent emphasis has been placed on the development and delivery of online courses for the correctional programs which do not require live internet access. Serves Ohio only.

**Bard Prison Initiative**
Bard College PO Box 5000 · Annandale-on-Hudson, NY 12504-5000
845-758-7308 · bpi.bard.edu

The Bard Prison Initiative (BPI) creates the opportunity for incarcerated men and women at Bayview, Eastern, Elmira, Greene Haven, and Woodbourne Correctional Facilities to earn a Bard College degree while serving their sentences. BPI enrolls nearly 300 incarcerated men and women across a full spectrum of academic disciplines, and offers over 60 courses each semester. To apply, one must have a high school diploma or its equivalent. Admission to BPI is highly competitive — typically there are ten applications for each available spot. Many gain admission after more than one application. The admissions process involves both a written exam and a personal interview. Only serves individuals in select New York State prisons.

**Blackstone Career Institute**
PO Box 3717 · Allentown, PA 18106-0717
610-871-0031 or 800-826-9228 · blc.edu

Blackstone Career Institute provides vocational training courses in select New York State prisons.

**Blackstone Career Institute**
PO Box 3717 · Allentown, PA 18106-0717
610-871-0031 or 800-826-9228 · blackstone.edu/paralegal-courses-inmate-information

Blackstone’s accredited Paralegal Certificate Program enables students to learn about the law and the paralegal field by studying at their own pace and at their facility. It can be completed in less than a year and provides information that can be put into practice while incarcerated and once released. No computers, proctors, or faculty instructors are required. Soft-covered books and materials are used for ease of entry into most institutions. Their Paralegal certificate program includes the 900 clock hours of coursework needed to sit for the Accredited Legal Professional (ALP) exam and/or the Professional Paralegal (PP) certification, or the Certified Legal Assistant/Certified Paralegal (CLA/CP) exam. Write for more info.

**Cornell Prison Education Program**
300 Kennedy Hall c/o Cornell University · Ithaca, NY 14853
607-255-9091 · cpep.cornell.edu

Cornell University offers college-level liberal arts curriculum to a select group incarcerated at several correctional facilities near Cornell University. New York State only.

**Education Justice Project**
University of Illinois at Urbana-Champaign 1001 S. Wright St. · Champaign, IL 61820
217-300-5150 · www.educationjustice.net

The Education Justice Project (EJP) is a comprehensive college-in-prison program at Danville Correctional Center in central Illinois. Students earn transferable University of Illinois credit. EJP publishes two reentry guides, Mapping Your Future: A Guide to Successful Reentry in Illinois and A New Path: A Guide to the Challenges and Opportunities After Deportation. Mapping Your Future focuses on Illinois, but also is useful to people in other states. Hard copies are available for free from EJP and by download. A New Path is a guide for people getting deported to Mexico and Central America. It is also available for free and online. Both available in English and Spanish.

**Hudson Link for Higher Education in Prison**
PO Box 862 · Ossining, NY 10562
914-941-0794 · www.hudsonlink.org

Hudson Link for Higher Education in Prison provides college educations, life skills and re-entry support to incarcerated men and women incarcerated in NY state correctional facilities. Hudson Link also provides wraparound alumni services. Through Hudson Link, degree-granting college programs are offered to prisoners at Fishkill, Sing Sing, Greene, Shawangunk and Sullivan Correctional Facilities for Men and Taconic Correctional Facility for Women, with the following degrees offered: Associates Degree in Liberal Arts, Associate and Bachelor’s Degrees in Behavioral Science, and Bachelor Degree in Organizational Management. Serves New York state only.

**Inside-Out Prison Exchange Program**
1938 Liacouras Walk, MB 299-06, Suite 301 Temple University · Philadelphia, PA 19122
215-204-5163 · www.insideoutcenter.org

Organization supporting education model that brings together campus-based college students with incarcerated students for a class held inside jail or prison. This is a training center for Inside-Out education programs all across the country. It does not directly teach students. Write to find out if there is a program in your state.

**Level**
411 W Monroe St · Austin, TX 78704 · learnlevel.org

Level provides free printed educational, job training and personal development guides for people in prison anywhere in the US. Send a letter to request content.

**Ohio University Correctional Education**
Grosvenor 018 · Ohio University · Athens, OH 45701
800-444-2420 · www.ohio.edu/ecampus/print/correctional/

Ohio University offers print-based courses to earn degree or simply take courses. Offers Associates, Bachelors, and Legal Studies Certificate courses. Write for a student inquiry packet and application, or get family/friends to download from the internet and mail directly to you. Offers courses nationally.

**Prison University Project**
PO Box 492 · San Quentin, CA 94964
415-455-8088 · www.prisonuniversityproject.org

Prison University Project is a nonprofit organization that supports the College Program at San Quentin State Prison, an associate’s degree program. Courses are taught by volunteers, most of them graduate students, instructors, and faculty members from San Francisco Bay Area colleges and universities. Also works to expand higher education for incarcerated Californians more generally. Published report on higher education in prison available.

**Project Rebound, Cal State LA**
Cal State LA 5151 STATE UNIVERSITY DR. · Los Angeles, CA 90032
(562) 274-6327 · www.calstatela.edu/engagement/project-rebound

Project Rebound is a program to help formerly incarcerated students prepare, apply, enroll and graduate with a degree from CAL State LA. The program offers academic and financial counseling, peer mentoring and tutoring, and career placement. Serves released Californians only. Write for list of Project Rebound locations at all California state colleges.

The materials contained in this resource directory are presented to aid in the rehabilitation of prisoners, as per federal and state laws. This 24-page resource directory has been published by the Prison Activist Resource Center; PO Box 70447, Oakland, CA, 94612. If included, please mail back the evaluation form with any updates.
Project Rebound, San Francisco State
San Francisco State University 1650 Holloway Ave, T-138 · San Francisco, CA 94132-1722
415-405-0954 · asi.sfsu.edu/programs/project-rebound
Project Rebound is a program to help formerly incarcerated students prepare, apply, enroll and graduate with a degree from SF State University. The program offers academic and financial counseling, peer mentoring and tutoring, and career placement. Serves released Californians only. Write for list of Project Rebound locations at all California state colleges.

Upper Iowa University
PO Box 1857 Self Paced Degree Program · Fayette, IA 52142
800-553-4150 · www.uiu.edu/online/self-paced/courses.html
Upper Iowa University offers a Self-Paced Degree Program, with courses in paper format that can be completed at a distance. The Self-Paced paper format is structured around written assignments and proctored exams. Offers associate degrees in business administration, criminal justice, liberal arts, psychology, and social science. Write for tuition costs ($990 per course 2021-22 academic year) and course catalog. Write, do not call. Nationwide.

RELIGIOUS PROGRAMS / SPIRITUAL RESOURCES

Alep Institute
9540 Collins Ave · Surfside, FL 33154-7127
305-864-5553 · aleph-institute.org
The Aleph Institute is a non-profit Jewish organization dedicated to assisting and caring for the wellbeing of members of specific populations that are isolated from the regular community, including prisoners and people institutionalized or at risk of incarceration due to mental illness or addictions. Aleph addresses their religious, educational, and spiritual needs, advocates and lobbies for their civil and religious rights, and provides support to their families at home left to fend for themselves. Jewish prisoners may write to receive free books, regular monthly literature, holiday offerings, and family programs.

American Bible Academy
PO Box 1627 · Joplin, MO 64802-1627
Free English and Spanish Bible correspondence courses for prisoners. All courses are 120 pages in length. Info also available from www.abarc.org

Anthroposophical Prison Outreach Project
1923 Geddes Ave · Ann Arbor, MI 48104
734-662-9355 x238 · www.anthroposophy.org
Do you, as a prisoner, feel that there must be some meaning in your prison experience that is still to be discovered? Or that you can give it meaning? If so, you might be interested in Anthroposophy — the path from the spirit in man to the spirit in the universe. Anthroposophy embraces a spiritual view of the human being and cosmos, but its emphasis is on knowing, not faith. It is a path in which the human heart and hand, and especially our capacity for thinking, are essential. You may write to receive an initial package of literature containing a booklet titled Self-Development In The Penitentiary, as well as other articles and meditation exercises.

Association For Research and Enlightenment
215 67th St. c/o Prison Outreach Program · Virginia Beach, VA 23451
800-333-4499 or 757-428-3588
Books about the life and work of Edgar Cayce, prayer, meditation, ancient mysteries, dreams, death and the afterlife, reincarnation and karma, the Bible, universal laws, self-transformation, and prophecy. Prisoners are limited to one book every two months.

BBI Media
PO Box 687 · Forest Grove, OR 97116
503-430-8817 · www.bbimedia.com/
Offers free subscriptions to prison chaplains and prison libraries at women's facilities. Requests must be submitted on official prison letterhead. Publishes Witches & Pagans and SageWoman.

Chuang Yen Monastery
Our organization sends free Buddhist books to prisoners who request them, answers questions regarding Buddhist beliefs and practice that prisoners may have, and sponsors a free Buddhist Correspondence Course for prisoners. Sends nationally. Expect delays due to covid.

Compassion Works For All
PO Box 7708 · Little Rock, AR 72217-7708
(501) 508-4334 · www.compassionworksforall.org
Provides monthly Dharma Friends newsletters, and also the following resource lists; Personal Health and Nutrition, 12 Step and Buddhism, Buddhist Resources, Christian Spiritual Resources, Hindu and Yoga Spiritual Resources, Other Spiritual and Psychological Healing Resources, Todd Fletcher's Buddhist Resource List, Ani Tendron's Recommended Buddhist Readings.

Human Kindness Foundation Prison-Ashram Project
Human Kindness Foundation PO Box 61619 · Durham, NC 27715
919-383-5160 · humankindness.org/
The Human Kindness Foundation's Prison-Ashram Project sends free books and newsletters to people in prisons and jails all over the U.S., including We're All Doing Time by the late Bo Lozoff. HKF encourages a way of life based upon three common principles taught by the great sages of all religions: Simple living, a dedication to service, and a commitment to personal spiritual practice. Write to request materials in English or Spanish. Limited materials also available to addresses outside the U.S.

ISKCON Prison Ministry
PO Box 2676 · Alachua, FL 32616
iskconprisonministry.org/
Sends free material about bhakti-yoga study and practice; books, prayer beads, CDs, MP3s, and incense. We need to know: 1) Which items you are allowed to have, 2) Are you allowed hardbound or only softbound books? 3) Which items can be sent to you directly and which only through the chaplain? The books cover reincarnation, karma, and how to live a simple, godly life, and find internal peace and joy no matter what your circumstances.

Islamic Society of North America
6555 S. County Road 750E · Plainfield , IN 46168
317-839-8157 · www.isna.net
ISNA's vision is to be an exemplar of the peace movement and, in truth, the hush movement. Sends Qurans and other introductory books on Islamic study to prison libraries and inmates. Ability to send books depends on the prison's policy. Also publishes a bi-monthly magazine, Islamic Horizons for $24/year. Serves people nationwide.

Jewish Prisoner Services International
PO Box 85840 · Seattle, WA 98145-1840
206-617-2367 · jpsi.org
JPSI is a Jewish chaplaincy organization that strives to fulfill the Talmudic obligation of all Jews being responsible for each other, along with other religious mandates of their faith. JPSI strives to...
insure that Jewish prisoners are permitted to practice their faith by providing the advocacy and religious materials to further that goal. Write for a prisoner info form. Serves Jewish prisoners nationally; expect delay in response.

Maoist Internationalist Ministry of Prisons
PO Box 40799 · San Francisco, CA 94140
www.prisoncensorship.info
Maoist Internationalist Ministry of Prisons, MIM(Prisons), is a revolutionary anti-imperialist group fighting criminal injustice, helping prisoners to organize and educate themselves. Sends books to prisoners, and offers prisoners a free subscription to their newspaper. Write to MIM(Prisons) for a free prisoner subscription and to get involved in revolutionary organizing and education projects.

Prison Mindfulness Institute (Prison Dharma Network )
PO Box 206 · South Deerfield, MA 01373
www.prisonmindfulness.org
Goal is to provide prisoners, prison staff and prison volunteers, with the most effective, proven tools for rehabilitation, self-transformation, and personal & professional development through mindfulness-based interventions (MBI’s). The Prison Dharma Network works with volunteers who offer meditation inside prisons. Its Books Behind Bars program will mail mindfulness, meditation, and Buddhism to people inside prison. its Prison Dharma Press sells additional books about buddhism and meditation in prison.

Set Free Prison Ministries
PO Box 5440 · Riverside , CA 92517
1-951-729-5499 · www.setfreeprisonministries.org
Provides Bible study courses in English and Spanish to people free of charge. Curriculum consists of Bible courses from the Navigators in Colorado Springs, Moody Bible Institute in Chicago, and Emmaus Correspondence School in Iowa. Provides free postage both mailing and return. Serves people nationally.

SYDA Foundation Yoga Prison Project
PO Box 99140 · Emeryville, CA 94662
323-219-5362 · www.siddhayoga.org/syda-foundation/prison-project
Dedicated to disseminating the Siddha Yoga teachings and practices to incarcerated individuals. Sends free monthly newsletter and the Siddha Yoga Home Study Course to prisoners. Write to get signed up for the Yoga Study Project. Serves people nationally.

REGIONAL ADVOCACY PROJECTS

ARIZONA

Middle Ground Prison Reform
2121 South Mill Avenue Suite 222 · Tempe, AZ 85282
480-966-8116 · www.middlegroundprisonreform.org
Middle Ground Prison Reform has been working for Arizona’s prisoners and their families since 1983. Their main areas of activity are: 1) public education about the need for criminal justice reform; 2) legislative advocacy on behalf of prisoners and their visitors; 3) litigation to protect and define the rights and responsibilities of prisoners and their supporters; 4) referral to community resources for ex-offenders. They do not publish a hard copy newsletter. Instead, they encourage friends and family of prisoners to visit their website and download and mail copies of pertinent information inside to prisoners. Serves Arizona only.

CALIFORNIA

California Families to Abolish Solitary Confinement
8018 E. Santa Ana Canyon Rd. Suite 100 #213 · Anaheim, CA 92808-1102
714-290-9077 · solitarywatch.org/cfasc/
CFASC is dedicated to stopping the inhumane treatment of prisoners within the California penal system, especially those held in solitary confinement. Their ultimate goal is to end the use of solitary confinement. CFASC is primarily an organization working with family members. Serves Californians only.

California Prison Focus
4408 Market St. Suite A · Oakland, CA 94612
510-836-7222 · www.prisons.org
Human and civil rights group that investigates conditions in the California SHUs (control/isolation units), organizes and advocates for prisoners’ rights, and provides self-help legal materials. Their newsletter, Prison Focus, is distributed free to SHU prisoners, $8 a year to other prisoners, and $20 a year to all others. Serves California only; will send newspaper nationally.

California’s Parole Suitability HEARING SUPPORT
12350 Marshall Ave #133 · Chino, CA 91710
805-6-CAPSHS
Provides individual assistance in preparing for upcoming parole suitability hearings. Can also assist the support network (family, friends) with information of how to support their incarcerated loved one during the preparation time. Members will review hearing transcripts from past parole board hearings and provide suggestions on how to improve performance before the Board. Serves only individuals in California.

Disability Rights Education & Defense Fund
3075 Adeline St, Suite 210 · Berkeley, CA 94703
510-644-2555 · www.dredf.org
Assistance is generally limited to providing basic disability civil rights informational materials and referrals, with attention to CDCR state prisoners. DREDF does not provide assistance with individual disability benefits applications or denial of Social Security Disability benefits. Serves people in California only.

Friends Committee on Legislation of California
1225 8th St, Suite 220 · Sacramento, CA 95814-4809
916-443-3734 · www.fcica.org
Quaker-founded group that advocates and lobbies for CA state laws that are just, compassionate, and respectful of the inherent worth of every person. Staff can continue to answer questions about legislative matters by phone or letter. Serves CA only.

Legal Services for Prisoners with Children
4400 Market Street · Oakland, CA 94608
415-255-7036 · www.prisonerswithchildren.org
LSPC publishes manuals, reports, fact sheets and pamphlets for CA prisoners in the following areas: Family Matters (guardianship, visitation, pregnancy); Reentry Services; Prison Conditions (isolation and other), and Divorce Issues. They also publish A Manual on SSI/SSDI for Prisoners and Their Advocates. Serves California only.

Life Support Alliance
PO Box 277 · Rancho Cordova, CA 95741
916-402-3750 · www.lifesupportalliance.org
Addresses the needs and concerns of the lifer population and community, and assisting lifers in becoming suitable for parole and articulating that suitability to the Board of Parole Hearings. LSA offers a free monthly newsletter, and the quarterly California Lifer Newsletter with reviews of the latest published and unpublished state and federal cases concerning parole issues, parole board news, legislation and articles on prison, parole and correctional issues of interest to prisoners and their families. Each issue contains 50 - 70 pages.
Subscription rates are: Inmates, $35 per year, $60 for 2 yrs, $90 for 3 yrs. Free individuals, $99 per year, $180 for 2 years. California only.

Project AVARY
PO Box 150088 · San Rafael, CA 94915-0088
415-457-8799 · www.projectavary.org
Project AVARY offers long-term support and enrichment for children and youth in the San Francisco Bay Area with a parent in prison or jail. The program services include a summer camp, monthly outings, leadership training, and family support. Write for further details.

Santa Cruz Barrios Unidos
1817 Soquel Ave · Santa Cruz, CA 95062
831-457-8208 · www.barriosunidos.net
The Santa Cruz Barrios Unidos Prison Project is dedicated to providing cultural and spiritual education, support, and hope to incarcerated individuals. The Project advocates for prison policy reform and programs that reduce recidivism, support re-entry, and reunify families. Our educational materials are sent nationally in responding to mail requests. Serves Californians only.

Stanford Justice Advocacy Project
Stanford Law School 559 Nathan Abbott Way
Stanford, CA 94305-8610
650-736-7757 · law.stanford.edu/stanford-justice-advocacy-project/
Represents people serving unjust three strikes sentences for minor crimes, assists released prisoners successfully reentering their communities, and advocates for fairer and more effective criminal justice policies in California and across the country. Only serves Californians; expect delays; will not respond if they cannot serve you.

UnCommon Law
318 Harrison Street suit 103 · Oakland, CA 94607
(510) 271-0310 · www.uncommonlaw.org
Law firm providing parole services to individuals in California; also provides resources on supporting people serving life and long-term sentences.

COLORADO
Colorado Criminal Justice Reform Coalition
1212 Mariposa St, Suite 6 · Denver, CO 80204
303-825-0122 · www.ccjrc.org

HAWAII
Community Alliance on Prisons
PO Box 37158 · Honolulu, HI 96837-0158
808-927-1214 · caphawaii.wordpress.com
A coalition that focuses on alternatives to incarceration, prison reform legislative issues, community education, and effective interventions for all of Hawaii’s lawbreakers. CAP’s goal is to educate the community on best practices and proven strategies that preserve human dignity, reform our criminal justice system, and motivate the greater community to take action on these important issues. Serves individuals in Hawai’i only.

IDAHO
Ex-Offender Re-Entry Services Guide
Ex-Offender Re-Entry Services, Idaho Department of Labor 317 West Main St · Boise, ID 83735 · 208-332-3570
www.labor.idaho.gov/dnn/Portals/0/Publications/ex-offender.pdf
The 16-page Ex-Offender Re-Entry Services Guide (last updated 1/2020) has been designed to enhance and expand services to ex-offenders in Idaho, and assist in their re-entry into the State's work force. Contains local office information for Idaho Dept. of Labor. Available for download. Only serves people in Idaho.

LOUISIANA
Promise of Justice Initiative
1024 Elysian Fields · New Orleans, LA 70116
504-529-5955 · promiseofjustice.org/
Legal services nonprofit that advocates for humane, fair, and equal treatment of individuals in jails and prison. Publishes a resource guide that includes additional information on organizations to contact for legal representation and advice, as well as other resources that might be helpful. Has a prison conditions project fighting to end the death penalty and solitary confinement in Louisiana prisons. Has litigated issues including medical care at Angola, inhumane heat, and conditions in Baton Rouge Parish prison, and juveniles serving LWOP sentences. Serves people in Louisiana only.

Tulane University Law Library
6329 Freret Street · New Orleans, LA 70118
Offers photocopies of case-law citations, law review articles, criminal procedures, etc. to prisoners incarcerated in Louisiana jails & parish or state prisons only. Requests should have specific case cites, docket numbers or article titles, and are limited to one per month and a maximum of 50 pages. Only serves people in LA state prisons or jails; no federal prisoner requests.

MAINE
Maine Prisoner Advocacy Coalition
PO Box 446 · Lisbon, ME 04250
www.maineprisoneradvocacy.org
The Maine Prisoner Advocacy Coalition (MPAC) is comprised of Maine prisoners, their friends and families, victims of crime, and others committed to ethical, positive, and humane changes in Maine’s prison system. They focus on solitary confinement, inhumane conditions of confinement, and reentry services. Serves Maine only.

MASSACHUSETTS
Northeastern University Prisoners’ Rights Clinic
416 Huntington Ave c/o Northeastern University School of Law · Boston, MA 02116
www.northeastern.edu/law/experienceclinics/prisoners-rights.html
This Northeastern University program represents state prisoners in Eastern Mass. through a student clinic with free legal assistance on a variety of serious criminal issues, including disciplinary charges, parole applications, parole revocation and more. Active during school year only (expect delays during the summer).

Prisoners’ Legal Services of Massachusetts
50 Federal Street, 4th Floor · Boston, MA 02110
617-482-2773 x104 · www.plsmsa.org
Prisoners’ Legal Services provides legal representation and administrative advocacy in civil (non-criminal) matters related to prisoners’ treatment in Massachusetts prisons and jails, and upon release on parole. Only serves indigent or poor, current or former Mass prisoners in issues including inadequate medical or mental health care, assaults or violence by staff, unsafe or inhumane conditions in Mass jails or prisons, arbitrary use of isolation, and/or unfair denial or revocation of parole. Serves people in Mass. only.

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MICHIGAN
The Michigan Lifers Association
4417 Second Avenue ste 211 · Detroit, MI 48201-1641
313-442-3629
Support for Michigan lifers led by Willis X. Harris, found innocent after serving over 23 years in the Michigan prison system. Write for information about programming and support for lifers. Note there is no online presence, but they are easily reached by phone or mail. Serves people in MI specifically but also all across the US and Canada.

MINNESOTA
Legal Assistance to Minnesota Prisoners
Mitchell Hamline School of Law: Legal Practice Center 875 Summit Ave · St Paul, MN 55105
651-227-9171 · michellhamline.edu/clinics/lamp-legal-assistance-to-minnesota-prisoners
Legal Assistance to Minnesota Prisoners (LAMP) provides civil representation to indigent persons incarcerated in Minnesota. Students at the Mitchell Hamline School of Law represent clients from interview through any trial. Cases include domestic relations, imprisonment-related matters (institutional grievances, parole, and detainers), and the full range of other civil problems including debtor-creditor, wills, contracts, torts, and civil rights issues. LAMP does not handle appeals for inmates to contest their convictions.

MISSISSIPPI
Foundation for the Mid South (Mississippi Reentry Guide)
134 East Amite Street c/o Foundation for the Mid South · Jackson, MS 39201 · 601-355-8167 · www.msreentryguide.com
This 196-page Mississippi Reentry Guide is intended to provide essential information and resources about services to ex-offenders and those that support them. Their goal is to ensure that those leaving incarceration will have an easier and more successful transition back into their community. Mississippi only.

NEW YORK
Jail and Prison Services at New York Public Library
Jail & Prison Services; The New York Public Library 40 West 20th Street · New York, NY 10011
www.nypl.org/help/community-outreach/correctional-services
The NYPL’s Correctional Library Services publishes "Connections", the most exhaustive guide and directory of resources in New York City available to help people when they are leaving correctional facilities. The guidebook is free to those incarcerated in New York State prisons and local jails, with mailed copies prioritized for soon-to-be-released individuals. Aquí encontrará una traducción al español disponible como un archivo PDF. Personas que están encarceladas pueden solicitar hasta 40 páginas impresas de "Conexiones" a la vez (que se enviarán por carta), escribiendo a: NYPL Correctional Services, 445 Fifth Ave, NY, 10016. New York only.

Legal Aid Society Prisoner's Rights Project
LawHelpNY c/o Pro Bono Net
151 West 30th St · New York, NY 10001
212-577-3300 · www.lawhelpny.org/organization/legal-aid-society-prisoners-rights-project/
The Prisoner’s Rights Project (PRP) protects and enforces the legal rights of New York City and New York State prisoners through litigation, advice, and assistance to individual prisoners. PRP does not deal with criminal cases or sentences or matters related to parole. Serves New York only.

Prisoners’ Legal Services of New York
41 State St, Suite M112 · Albany, NY 12207
518-438-8046 · www.plsny.org/
Provides free legal services to New York State prisoners. Also publishes Pro Se newsletter six times per year for prisoners in New York State prisons, providing information and analysis on recent developments in prison law. To subscribe, send a subscription request with prisoner's name, DIN number, and facility to: Pro Se, 114 Prospect Street, Ithaca, NY 14850. Past issues of Pro Se from 2002-2016 are downloadable from web. Write for the office near you. Serves NY state prisons only; not county jails or federal prisoners.

NORTH CAROLINA
North Carolina Prisoner Legal Services
1110 Wake Forest Rd · Raleigh, NC 27604
919-856-2200 · www.ncplsp.org/
NCPLS provides legal assistance to prisoners in the North Carolina Department of Correction ranging from advice about prisoner’s legal rights to representation in litigation in state and federal court. Cases are accepted based on referrals from attorneys as well as direct requests from prisoners or individuals acting on behalf of prisoners incapable of requesting legal assistance. The organization is divided into three teams of attorneys and paralegals: Post-Conviction, Civil, and Support Services. Serves people in North Carolina only.

OREGON
The Pathfinder Network
PO Box 3257 · Gresham, OR 97030
503-892-5396 · www.thepathfindernetwork.org/
Formerly Pathfinders of Oregon. Has several successful programs in prisons and the community. Classes inside prison including Parenting Inside Out and the Healing Opportunities, Promoting Empowerment (HOPE) program. Outside, Pathfinders Network provides reentry support, including peer mentoring and parenting classes, at the Center for Family Success. Serves Oregon only.

PENNSYLVANIA
Human Rights Coalition
PO Box 34580 · Philadelphia, PA 19101
267-293-9169 · hrcoallition.org/
The Human Rights Coalition (HRC) advocates for abolishment of solitary confinement in Pennsylvania prisons. They also publish the HRC Legal Pamphlet Series, other pamphlets and information letters, and the "PA Prison Directory Action Guide" (2009) (too many pages for them to print & mail, but available for download on their website). Serves Penn. only.

Pennsylvania Prison Society
230 South Broad Street, Suite 605 · Philadelphia, PA 19102
215-564-4775 · www.prisonersociety.org
PPS offers resources to Pennsylvania prisoners in the form of an official visiting program to help people in custody with issues they may be experiencing while in confinement, transportation support for visitors to state prisons, a free resource program where information requested is sent via mail, and re-entry services, including mentoring and referrals. It also publishes "Graterfriends," a newsletter published 6 times a year by and for incarcerated people with issues relevant to them ($3.00 for an annual prisoner subscription). Only has access to people in state or county custody in the state of Pennsylvania; newsletter and resource program available to all.
SOUTH DAKOTA
Hope Prison Ministry South Dakota
PO Box 284 · Sioux Falls, SD 57104
605-338-7526 · www.hopeprisonministry.com
Assists men and women leaving prisons in South Dakota with clothing, housing, transportation, and food to support them in making a new start and re-establishing themselves in society. Offers fellowship and friendship beyond the walls.

TENNESSEE
Project Return
109 Lafayette Street · Nashville, TN 37210
615-327-9654 · www.projectreturninc.org
Project Return equips former offenders with the education, coaching, and support services necessary to gain employment and begin a new life. Project Return conducts pre-release programs in correctional facilities to prepare inmates for their release dates. Serves Tennessee only.

TEXAS
Texas Civil Rights Project
P.O. Box 17757 · Austin, TX 78760
512-474-5073 · txcivilrights.org/
Works on reform projects including ending solitary confinement in Texas, challenging debtor's prison practices, ending tortuous heat conditions, and improving mental health. Does not provide individual representation. Serves Texans only.

PARC RECOMMENDED LEGAL AND EDUCATIONAL PRISON BOOKS

A Jailhouse Lawyer's Manual
435 West 116th Street c/o Columbia Human Rights Law Review, Attn: JLM Order · New York, NY 10027
212-854-1601 · www3.law.columbia.edu/hrlr/jlm
NEW RELEASE! The 12th EDITION is here! A Jailhouse Lawyer's Manual (12th Ed. 2020, 1520 pages, $30) is a handbook of legal rights and procedures designed to inform prisoners of their rights and how to use to judicial process to secure these rights on both the federal and state level, with an emphasis on New York State law. It also has published the following supplements: 1) on Louisiana state law; 2) on Texas state law; and 3) on Immigration and consular access, containing information about the immigration law consequences of criminal convictions for people who are not U.S. Citizens. Individual chapters are also available for download. For incarcerated persons, the 12th Edition of the main JLM is $30; supplements range from $15-25 by state. The Manual is not downloadable from its website, and loved ones can send you specific chapters. For non-prisoners, the main JLM is $140 and supplements range from $50-100. Due to the ongoing COVID-19 pandemic, please expect additional delays in delivery of the JLM. They are working as hard as they can—with a limited team—to respond to orders of the JLM as soon as possible

Battling the Administration: An Inmate’s Guide to a Successful Lawsuit
Wynword Press PO Box 557 · Bonners Ferry, ID 83805
www.wynwordpress.com/shop/battling-the-administration
Battling the Administration (David J. Meister, April 2014, 566 pages, $24.95 + $5 S&H) is a self-help manual that guides readers through the complex U.S. civil court system, teaches them how to pursue a lawsuit in the face of the constraints imposed by incarceration, and enables a successful outcome for the prisoner's civil rights lawsuit. The book includes extensive case-law citations and advice on organizing, investigating and prosecuting a case. Know your civil rights and how to defend them in court. Has not been updated since 2014, so research what the lower courts have said about the Supreme Court precedents listed; the advice on preparation and writing skills are still very relevant for any prison-based litigator.

Exoneree Diaries
PO Box 180165 Haymarket Books · Chicago, IL 60618
773-583-7884 · www.haymarketbooks.org
Exoneree Diaries: The Fight for Innocence, Independence, and Identity (Alison Flowers, 2016, $18.95 +$2.50 S&H hardcover; $12.56 for softcover + S&H, use coupon code EXONEREED40 for a 40% discount). Through intimate portraits of four exonerated prisoners, investigative journalist Alison Flowers explores what happens to innocent people once released from the jailhouse doors into the unknown. As she tells

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This 24-page resource directory has been published by the Prison Activist Resource Center; PO Box 70447, Oakland, CA, 94612. If included, please mail back the evaluation form with any updates.
666 Broadway, 7th Floor The Center for Constitutional Rights · New York, NY 10012 · jailhouselaw.org/
Published jointly by the National Lawyers Guild and the Center for Constitutional Rights, explains how a prisoner can start a lawsuit in federal court to fight against mistreatment and bad conditions in prison. This handbook is a free resource for people in prison who wish to file a federal lawsuit addressing poor conditions in prison or abuse by prison staff. It also contains limited general information about the United States legal system. Has excellent explanation of the Prison Litigation Reform Act. Essential resource for any jailhouse lawyer. Last updated in 2021. To receive a paperback copy, mail a request to the above address and wait at least 2 months for return. Requests are bundled and sent only several times per year. If no response after 3 months, write to the National NLG Prison Law Project for a copy: P.O. Box 1266; New York, NY, 10009. The Handbook is also available downloaded from their website (jailhouselaw.org/) Request an outside source to print and mail it to you. List of chapter headings: (1) How to Use the JLH; (2) Overview of Types of Lawsuits and the Prison Litigation Reform Act’ 3) Your Rights in Prison; (4) Who to Sue and What to Ask for; (5) How to Start Your Lawsuit; (6) What Happens After You File Your Suit; (7) The Legal System and Legal Research, and more.

Prison Legal News Manuals and Litigation Guides
Prison Legal News PO Box 1151 · Lake Worth, FL 33460
561-360-2523 · www.prisonlegalnews.org/store/products/
The following are available through Prison Legal News, PO Box 1151 Lake Worth, FL 33460, 561-360-2523
www.prisonlegalnews.org/store/products/
- The Habeas Citebook: Prosecutorial Misconduct. By Alissa Hull. $59.95. Latest offering in Prison Legal News Publishing’s Citebook series. Like the other Citebooks in the series, it’s designed to help pro se prisoner litigants to identify and raise viable claims for potential habeas corpus relief, focused on prosecutorial misconduct.
- Prison Education Guide. Christopher Zoukis, 2016, 280 pages, $49.95. Provides step-by-step instructions to find the right educational program, enroll in courses and complete classes to meet their academic goals.
- The Disciplinary Self-Help Litigation Manual. Dan Manville, 2nd Ed, 2015, 368 pages, $49.95. Educates about your rights throughout the disciplinary process and helps guide you at all stages, from administrative hearing through litigation.
- The Habeas Citebook: Ineffective Assistance of Counsel. Brandon Sample, 2nd Ed, 2016, 275 pages, $49.95. The book is also practical and useful; includes templates and forms, as well as plain-English explanations of some of the inherently mystifying concepts of habeas law.

The California Prison and Parole Law Handbook
General Delivery Law Office · San Quentin, CA 94964
800-630-4104 · prisonlaw.com/resources/prison-handbook/
The California Prison and Parole Law Handbook (Heather MacKay & Prison Law Office, 5th Ed, 2019, 1170 pages) is newly updated in 2019! It is a comprehensive overview of the laws and policies affecting people in state prisons and on parole in California. Includes extensive discussion of the administrative appeals and court actions that people can use to protect their rights and to seek remedies. 19 chapters, plus resource lists, forms, and sample legal documents. It is available for download for free online at prisonlaw.com/resources/prison-handbook/.
Paper copies for people in custody are $20 and $200 for all others. Prices include tax, shipping and handling. The Prison Law Office has a monthly drawing for free copies of The Handbook for people in custody. To be put in the pool, a person should send a copy of their trust account statement showing that they have not had more than $25 in their account in the past six months to address above.

Your Life on the List
www.oncefallen.com
State by state survival guide for those forced to register upon release from incarceration. The latest edition is available via Amazon for $14.95. It can also be downloaded (free of charge) by going to oncefallen.com where there is a vast amount of information for incarcerated and formerly incarcerated individuals, including housing lists, information on legal issues, and newsletters.

The materials contained in this resource directory are presented to aid in the rehabilitation of prisoners, as per federal and state laws.
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Selected excerpts from the UNITED NATIONS STANDARD MINIMUM RULES FOR THE TREATMENT OF PRISONERS
(the Nelson Mandela Rules)


Basic Principles
• All prisoners shall be treated with the respect due to their inherent dignity and value as human beings. No prisoner shall be subjected to, and all prisoners shall be protected from, torture and other cruel, inhuman or degrading treatment or punishment, for which no circumstances whatsoever may be invoked as a justification.

Books
• Every prison shall have a library for the use of all categories of prisoners, adequately stocked with both recreational and instructional books, and prisoners shall be encouraged to make full use of it.

Contacts with the Outside World
• Prisoners shall be allowed, under necessary supervision, to communicate with their family and friends at regular intervals: By corresponding in writing and using, where available, telecommunication, electronic, digital and other means; and, By receiving visits.
• Prisoners should have access to effective legal aid.
• Prisoners who are foreign nationals shall be allowed reasonable facilities to communicate with the diplomatic and consular representatives of the State to which they belong.
• Prisoners shall be allocated, to the extent possible, to prisons close to their homes or their places of social rehabilitation.

Education and Recreation
• Provision shall be made for the further education of all prisoners capable of profiting thereby.
• So far as practicable, the education of prisoners shall be integrated with the educational system of the country so that after their release they may continue their education without difficulty.

Exercise and Sport
• Every prisoner who is not employed in outdoor work shall have at least one hour of suitable exercise in the open air daily if the weather permits.
• Young prisoners and others of suitable age and physique are to receive physical and recreational training during the period of exercise.

Food
• Every prisoner shall be provided by the prison administration at the usual hours with food of nutritional value adequate for health and strength, of wholesome quality and well prepared and served.

Guiding Principles
• The duty of society does not end with a prisoner’s release. There should, therefore, be governmental or private agencies capable of lending the released prisoner efficient aftercare directed towards the lessening of prejudice against him or her and towards his or her social rehabilitation.

Health-Care Services
• Prisoners should enjoy the same standards of health care that are available in the community, and should have access to necessary health-care services free of charge without discrimination on the grounds of their legal status.
• All prisons shall ensure prompt access to medical attention in urgent cases. Prisoners who require specialized treatment or surgery shall be transferred to specialized institutions or to civil hospitals.
• Clinical decisions may only be taken by the responsible health-care professionals and may not be overruled or ignored by non-medical prison staff.
• In women’s prisons, there shall be special accommodation for all necessary prenatal and postnatal care and treatment. Arrangements shall be made wherever practicable for children to be born in a hospital outside the prison.

Information to and Complaints by Prisoners
• Every prisoner shall be allowed to make a request or complaint regarding his or her treatment, without censorship as to substance, to the central prison administration and to the judicial or other competent authorities, including those vested with reviewing or remedial power.
• Every request or complaint shall be promptly dealt with and replied to without delay.
• A prisoner must not be exposed to any risk of retaliation, intimidation or other negative consequences as a result of having submitted a request or complaint.
• Allegations of torture or other cruel, inhuman or degrading treatment or punishment of prisoners shall be dealt with immediately and shall result in a prompt and impartial investigation conducted by an independent national authority.

Institutional Personnel
• All prison staff shall possess an adequate standard of education and shall be given the ability and means to carry out their duties in a professional manner.

Instruments of Restraint
• The use of chains, irons or other instruments of restraint which are inherently degrading or painful shall be prohibited.

Restrictions, Discipline and Sanctions
• In no circumstances may restrictions or disciplinary sanctions amount to torture or other cruel, inhuman or degrading treatment or punishment. The following practices, in particular, shall be prohibited: Indefinite solitary confinement; Prolonged solitary confinement; Placement of a prisoner in a dark or constantly lit cell; Corporal punishment or the reduction of a prisoner’s diet or drinking water; Collective punishment.

Searches of Prisoners and Cells
• Searches shall be conducted in a manner that is respectful of the inherent human dignity and privacy of the individual being searched, as well as the principles of proportionality, legality and necessity.
• Searches shall not be used to harass, intimidate or unnecessarily intrude upon a prisoner’s privacy.
• Prisoners shall have access to and be allowed to keep in their possession without access by the prison administration, documents relating to their legal proceedings.