



## PARC National Prisoner Resource Directory

Dear Community,

April 2026

We present to you the April 2026 edition of PARC's National Prisoner Resource Directory. To our long-time readers, thank you for your patience as you may have noted there was no 2025 edition last year. This edition comes with many updates and a number of new organizations. We have worked hard to create an accurate and helpful set of resources for you. Please share this Directory with others, so that as many people as possible may benefit from the information. We continue to welcome information from you about which organizations have updated information or have become inactive.

Here are some tips for how to communicate with the organizations in this issue:

- **Expect delays.** Be patient and give organizations time to reply. Most of the groups listed here are all-volunteer, grassroots organizations that do this work as they are able.
- Write clearly and include your full return address on both the envelope and any letters you write.
- Keep a log of who you reach out to and dates when you reached out. **Keep copies** of all money orders or checks.
- If you don't hear back from an organization in over 3 months, try writing again, and let them know it is your second or third contact.
- For free books programs, **request books by genre or topic, not by title.** Nearly all these organizations depend on donations so don't have all titles. If you need a specific title, try one of the discount vendors listed.

As we attempt to keep up with a rapidly changing world, we acknowledge the setbacks and also look for optimism where we can find it. Locally in California, we celebrate that the prison population is continuing to decline, reaching 90,000 systemwide at the end of 2024 and expected to keep declining. Release efforts are now pointed toward resentencing measures. These have led to the release of over 9,000 individuals, mostly elders, with extraordinarily low rates of return. We support efforts to expand this approach and to increase opportunities for the rehabilitated to return home. Meanwhile, we are disheartened by many aspects of current climate, especially around the criminal punishment system. We remember the messages of activists who led the way decades before us in carrying on traditions of fierce determination and their focus on collective liberation. There is much to gain by joining together and caring for one another.

Our current focus remains to maintain and distribute this Directory. Please note we have removed all pen pal organizations per prison regulations and in furtherance of our core mission to focus on social justice rather than social connections. As an all-volunteer organization, we do our best to respond to individual letters. **We are not a law office and cannot provide any legal advice or referrals.** Because we do not have an office with regular hours, we are unable to provide support over the phone. We do not keep a database of people who write to us, so make note if you have written to us before. Do not send us original documents.

We are a dispersed collective of volunteers, mostly librarians, elders, lawyers, and activists. We are entirely funded by individual and private donations, and would like to thank our funders, including a grant made from war taxes redirected by the People's Life Fund. We'd also like to thank of our partners across the country, including the Prison Literature Project and other free books projects who ship out this Directory and support the costs of printing and mailing, as well as the network of abolitionist librarians who contributed valuable research in updating entries.

Thank you, Reader, for building this community with us.

In solidarity toward justice,

**PARC COLLECTIVE**

"Struggle is good and change is good. They are not easy, but isn't that what life is?  
Is life really about making it easy? I don't think so. I think life is living." -B♀ Brown

**PARC is not a law office or legal referral service. We cannot give legal advice.  
Please do not send original documents to us.**

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confinement in CA. Publishes Jailhouse Lawyers Handbook with National Lawyers Guild. See PARC RECOMMENDED BOOKS at the end of this Directory for more info. Last updated in 2021. Wait at least 2 months for response. Download chapters, or get an order form to request a Handbook at <https://www.jailhouselaw.org/>

**Coalition for Prisoners’ Rights Newsletter**

PO Box 1911 · Santa Fe, NM 87504  
<http://realcostofprisons.org/coalition.html>  
 Published a monthly newsletter with news about prisoners nationwide from 2009 to 2023. Archived issues are on the website.

**Critical Resistance**

P.O. Box 22780 · Oakland, CA 94609-2301  
 510-444-0484 (Prisoner Solidarity Line, for those imprisoned)  
 510-984-2106 (Line for all other inquiries)  
<http://www.criticalresistance.org>  
 CR seeks to build an international movement to end the Prison Industrial Complex by challenging the belief that caging and controlling people makes everyone safe. CR also publishes “The Abolitionist,” twice a year, printed in both English and Spanish, which is free to prisoners and can be subscribed to on their website. Previous editions of The Abolitionist are available online at: <https://criticalresistance.org/abolitionist/>

**Families Against Mandatory Minimums**

1100 13th Street NW Suite 201 · Washington, DC 20005  
 202-822-6700 · <http://www.famm.org>  
 Nonprofit organization fighting for fair and proportionate sentencing laws that allow judicial discretion; improved prison conditions; and an increase in compassionate release. Provides resources and private Facebook group for impacted families and monthly, virtual storytelling and workshops in legislative advocacy. Does not provide legal service. May not respond to letters.

**Helping Educate to Advance the Rights of the Deaf (HEARD)**

PO Box 1160 · Washington, DC 20013  
 202-436-9278 (Videophone for Incarcerated People) 202-381-0112 (Video & Voice Main Office Line) · <http://behearddc.org>  
 HEARD is a cross-disability abolitionist organization that supports deaf/disabled incarcerated people through grassroots advocacy, community organizing, peer support, mutual aid, education, and research. HEARD provides limited direct advocacy support to deaf/disabled incarcerated people, including deaf/disabled defendants who have not yet been convicted. We also provide limited re-entry support for deaf/disabled people returning home from incarceration. HEARD created and maintains the only national database of deaf/disabled incarcerated people. We use this information to guide our advocacy efforts and educate our communities about the urgent concerns that deaf/disabled people face in our legal system, prisons, and with coming home. Small organization. May not respond quickly to letters. Provides services in American Sign Language. Nationwide.

**NATIONWIDE ORGANIZATIONS AND RESOURCES**

**AFSC Prison Watch Project**

89 Market St, 6th Floor · Newark, NJ 07102  
 973-705-7353 · <https://afsc.org/programs/prison-watch>  
 Publishes Survivors Manual: Surviving in Solitary, by Bonnie Kerness (2012, 94 pages), a powerful collection of voices from solitary, as people currently or formerly held in isolation vividly describe their conditions and their daily lives. The collection also includes artwork and poetry. Free to prisoners and \$3 for all others. Other publications are available to request including a free 6-page brochure entitled LGBTQ+ Prisoner Resource Guide (2017). Serves people nationwide.

**All of Us or None**

4400 Market St · Oakland, CA 94608  
 415-255-7036 x337 · <http://www.allofusornone.org>  
 All of Us or None is a grassroots organizing project of Legal Services for Prisoners with Children. All of Us or None fights for the full restoration of our civil and human rights of formerly and currently incarcerated people and families. They are fighting against the discrimination that people face every day because of arrest or conviction history. The goal of All of Us or None is to strengthen the voices of people most affected by mass incarceration and the growth of the prison-industrial complex.

**Amnesty International**

311 W 43rd St 7th floor · New York, NY 10036  
 212-807-8400 · <http://www.amnestyusa.org>  
 Compiles information regarding prison conditions such as the use of prolonged solitary confinement and other abuses in prison for advocacy purposes; also works on police accountability and ending the death penalty. May not respond to individual letters.

**Center for Constitutional Rights**

666 Broadway 7th floor · New York, NY 10012  
 212-614-6464 · <http://ccrjustice.org>  
 Non-profit legal and educational organization committed to the creative use of law as a positive force for social change and dedicated to advancing and protecting constitutional rights. CCR recently litigated the Ashker v Governor challenge to solitary

### **Just Detention International**

3325 Wilshire Bl, Suite 1630 Cynthia Totten, Attorney, CA Attorney  
Reg. #199266 · Los Angeles, CA 90010  
213-384-1400 (Headquarters) 202-506-3333 (East Coast Office) ·  
<http://www.justdetention.org>

JDI seeks to end sexual abuse and exploitation in all forms of detention. It publishes a Resource Guide listing service providers in all 50 states that can help incarcerated survivors, as well as a Survivor Packet, which includes Hope for Healing, with contact information for local rape crisis centers and legal aid organizations; and a letter of hope from another prisoner rape survivor. If seeking legal advice, write confidentially at the listed address to Cynthia Totten. Serves people nationally.

### **Lewisburg Prison Project**

PO Box 128 · Lewisburg, PA 17837  
<http://www.lewisburgprisonproject.org>

Advocates for incarcerated individuals regarding conditions of confinement. No longer affiliated with the PA Institutional Law Project (PILP). LPP responds to requests for information and provides materials to help educate inmates about their civil rights, including access to healthcare and freedom from abuse and assault. LPP does not assist people with criminal matters, habeas cases, sentencing issues, or parole, and they cannot assist with early or compassionate release. Resources available online or by mail. May not answer phone calls. Nationwide.

### **Prisoner Visitation and Support**

1501 Cherry Street · Philadelphia, PA 19102  
215-241-7117 · <http://www.prisonervisitation.org>

Prisoner Visitation and Support (PVS) is a volunteer visitation program for people incarcerated in federal and military prisons throughout the United States. PVS visits everyone without judgement with special priority given to those on death row, in solitary confinement, serving long sentences, or not receiving regular visits from family and friends. Has materials available in Spanish and limited Spanish speaking volunteers. Can visit anyone in federal or military facilities, including immigration detainees.

### **Root & Rebound**

PO Box 280680 · San Francisco, CA 94128  
510-279-4662 · <https://www.rootandrebound.org/>

Services for those preparing for release in California and South Carolina only. Offers large reentry guide for a \$20 fee, and a FREE Reentry Toolkit (condensed version of the Guide) containing legal information about your rights in reentry. Accepts calls on Friday's 9am-3pm only for reentry questions at 510-279-4662. Will help you prepare to and transition home, plus navigate challenges due to having a record. California and South Carolina only.

### **Solitary Watch**

PO Box 11374 · Washington, DC 20008  
<https://solitarywatch.org/>

Solitary Watch works to expose and oppose the use of solitary confinement in U.S. prisons and jails. They welcome submissions of non-fiction writing (up to 1500 words) and artwork by those currently or formerly serving time in solitary for their Voices from Solitary series, and pays \$300 for published pieces. May not respond timely to letters. Limited resources in Spanish. Serves people nationally.

### **The Sentencing Project**

1150 Connecticut Ave NW Suite 601 · Washington, DC 20036  
202-628-0871 · <http://www.sentencingproject.org>  
The Sentencing Project is a national policy research and advocacy organization that works for a fair and effective criminal justice system by promoting sentencing reform and alternatives to incarceration. They produce reports on prison-related topics, including prison populations nationally, state-by-state data, life sentences, voting rights, and more. May not respond to letters. Unable to provide individual legal assistance.

## **LEGAL RESOURCES**

### **Abolitionist Law Center**

PO Box 23032 · Pittsburgh, PA 15222  
<http://abolitionistlawcenter.org>

The ALC is a public interest law firm inspired by the struggle of political and politicized prisoners, and organized for the purpose of abolishing class and race based mass incarceration in the United States. To accomplish this goal, the ALC engages in litigation on behalf of people whose human rights have been violated in prison, produces educational programs to inform the general public about the evils of mass incarceration, and works to develop a mass movement against the American penal system by building alliances and nurturing solidarity across social divisions. Only accepts very select cases, primarily in Pennsylvania.

### **Columbia Legal Services**

1301 Fifth Avenue Suite 1200 · Seattle, WA 98101  
206-464-5911 · <https://columbi legal.org/get-help/>

Columbia Legal Services (CLS) represents people confined in Washington's carceral facilities, including jails, prisons, juvenile detention facilities, immigration detention, mental health facilities, and facilities for people with developmental disabilities. CLS focuses on class action litigation and policy advocacy that addresses systemic issues related to conditions of confinement, discrimination, rehabilitation, re-entry, and decarceration. Serves people in Washington state only.

### **Correctional Association of New York**

P.O. Box 793 · Brooklyn, NY 11207  
212-254-5700 · <http://www.correctionalassociation.org>

Founded in 1844, the Correctional Association of New York (CANY) is an independent, non-profit organization with a legislative mandate to monitor and report on conditions in New York State prisons. Under current law, CANY conducts monitoring visits, publishes reports, and informs policies about conditions in New York State prisons. CANY communicates with the incarcerated individuals, their loved ones, and their advocates via phone, mail, and email. While CANY cannot provide legal assistance or extensive individual advocacy, it does compile an Action Guide of resources, and on a limited basis and with the consent of an impacted individual, make referrals to entities who may be better positioned to provide the necessary redress. Serves New York only.

### **Death Penalty Information Center**

1701 K Street NW Suite 750 · Washington, DC 20006  
202-289-2275 · <http://deathpenaltyinfo.org>

DPI focuses on disseminating studies and reports related to the death penalty to the news media and general public covering subjects such as race, innocence, politicization, costs of the death penalty, and more. Most of their publications are freely downloadable from their website, or available for a small fee in printed format. Request a copy of their "Resource Order Form," and also a current list of their publications.

### **Disability Rights Texas**

2222 West Braker Lane · Austin, TX 78758  
512-454-4816 voice/TDD · <http://www.dr.tx.org>

Advocacy for disabled people in Texas, including those in some correctional facilities. Resources available to assist with disability discrimination in Correctional Facilities, or suing a Government entity for an injury. To request legal advocacy services, call 1-800-252-9108. Only serves people in Texas.

### **Equal Justice Initiative**

122 Commerce St · Montgomery, AL 36104  
334-269-1803 · <https://eji.org/criminal-justice-reform/>

EJI is located in Montgomery, Alabama, and provides legal representation to people who have been illegally convicted, unfairly sentenced, or abused in state jails and prisons. They challenge the death penalty and excessive punishment and provide re-entry assistance to formerly incarcerated people. Works mainly in Southern states.

### **Florida Justice Institute**

40 NW 3rd St Suite 200 · Miami, FL 33128  
305-358-2081 · <http://fji.law>

The Florida Justice Institute (FJI) is a public interest law firm that conducts civil rights litigation and advocacy in the areas of prisoners' rights, housing discrimination, disability discrimination, and other areas impacting the poor and disenfranchised. This includes cases for persons currently or formerly incarcerated in a Florida prison or jail involving mistreatment while incarcerated, or involving the conditions of the facility. Does not assist with criminal law cases or postconviction cases such as habeas corpus petitions. Only serves people in Florida.

### **Forbidden Books Library, LLC**

PO Box 534 RE: ORDER FORM · Schererville, IN 46375  
In 2022, published "The Texas Writ Writer's Survival Guides" including THE TEXAS CITEBOOK which contains analysis on 100 legal topics. To receive an order form and more info send SASE. As soon as payment is received, books will be ordered. Mostly for Texans.

### **Harvard Prison Legal Assistance Project**

6 Everett Street Harvard Law School, Ste. 5107  
Cambridge, MA 02138 · 617-495-3127  
<https://clinics.law.harvard.edu/plap/>

Law student clinic providing post-conviction services to indigent incarcerated people, including advocacy for those charged with violating prison regulations, parole support, and legal research assistance for those who are currently incarcerated. Expect delays

in summer. Collect calls accepted. Spanish support available. Serves Massachusetts only.

### **Legal Action Center**

39 Broadway, 26th Floor · New York, NY 10006  
212-243-1313 or Toll-free at 800-223-4044 · <http://www.lac.org>  
The Legal Action Center (LAC) uses legal and policy strategies to fight discrimination, build health equity, and restore opportunity for people with arrest and conviction records, substance use disorders, and HIV or AIDS. They also help people fight for their right to medication for addiction treatment (MAT) or medication for opioid use disorder (MOUD). Primarily serves people in New York state, but sends resources to incarcerated people throughout the US.

### **National Office of the NLG - Prison Law Project**

P.O. Box 1266 · New York, NY 10009  
212-679-5100 · <https://www.nlg.org/jailhouse-lawyers-handbook/>  
Does not provide lawyers or legal assistance; they offer free membership for jailhouse lawyers, which includes the ability to vote on national resolutions and to receive the tri-annual newsletter, Guild Notes. The NLG also publishes the Jailhouse Lawyers Handbook with the Center for Constitutional Rights. See PARC RECOMMENDED BOOKS at the end of this Directory for more info on how to order.

### **Pennsylvania Institutional Law Project**

The Cast Iron Building 718 Arch St, Suite 304 South · Philadelphia, PA 19106 · 215-925-2966 · <https://pilp.org>  
Provides free civil legal assistance to people who are incarcerated or detained in Pennsylvania on their constitutional and civil rights claims. PILP's intake process is primarily by letter or legal mail. Intake may also be conducted by phone, M-F 9am-5pm; via email; or online at <https://pilp.org/contact> (click "Submit Request for Online Assistance").

### **People's Law Office**

1180 N Milwaukee Ave · Chicago, IL 60642-4019  
773-235-0070 · <http://www.peopleslawoffice.com>  
Fights for justice for people in Illinois who have been tortured or physically abused, wrongfully arrested or convicted, unfairly sentenced to death, or targeted as a result of their political beliefs or organizing efforts on behalf of movements struggling for justice and liberation. Serves Illinois only.

### **Prison Law Office**

General Delivery · San Quentin, CA 94964  
510-280-2621 · <http://www.prisonlaw.com>  
The Prison Law Office ("PLO") litigates and monitors California and Arizona class action lawsuits regarding medical and mental health services, lack of reasonable accommodations for people with disabilities, use of excessive force, unsanitary living conditions, prolonged extreme solitary confinement, and due process violations. Also has an extensive set of legal informational handouts about various California prison- and county jail-related issues. Note: PLO engages in class action lawsuits and does not represent people in individual cases. People can write with specific questions and they will send a packet if they have one that applies. Se habla Español. Serves Californians and Arizonans only. Encouraged to write or email rather than call.

### **Prison Legal News**

PO Box 1151 · Lake Worth, FL 33460

561-360-2523 · <http://www.prisonlegalnews.org>

Publishes a monthly magazine that provides cutting edge review and analysis of prisoners' rights, court rulings and news concerning criminal justice-related issues. Subscriptions are \$36/yr incarcerated individuals and \$90/yr for lawyers, government agencies and corporations. Single copies of current or back issues are \$6. PLN also sells many books related to prison issues, including The Habeas Citebook: Prosecutorial Misconduct, Prison Education Guide, The Disciplinary Self-Help Litigation Manual, The Habeas Citebook: Ineffective Assistance of Counsel, and Prisoners' Self Help Litigation Manual. Write for a copy of the book list.

### **Prisoner's Legal Services of Massachusetts**

50 Federal Street 7th Floor · Boston, MA 02110

in MA prisons: 617-482-4124; in prisons outside MA: Call 617-482-2773 Speed-dial number authorized on MA DOC (state prison) PIN cards: 9004 · <https://plsma.org/>

Prisoners' Legal Services of Massachusetts advocates for the civil and human rights of people incarcerated in Massachusetts state prisons, county jails and houses of correction, and ICE detention. Priority areas are conditions of confinement, medical and mental healthcare, race equity, solitary confinement, and staff-on-prisoners assaults. Immigration resources available: contact information for post-conviction screening, immigration attorneys (legal services and private), consulates, and community organizations. Immigration legal self-help materials, including know-your-rights materials, what to expect in immigration court, deportation defense, third country deportations, how to find out if you have an ICE detainer, how to request proof of citizenship, and how to FOIA a copy of your immigration file. Also offer post-deportation resources by country.

### **Southern Center for Human Rights**

60 Walton Street NW · Atlanta, GA 30303-2122

404-688-1202 · <http://www.schr.org>

SCHR provides legal representation to people facing the death penalty in Georgia and Alabama only, as well as in cases of unconstitutional conditions of confinement. SCHR also provides free access to a number of publications and handouts, including your free speech rights in prison and Georgia parole handbook. Serves people in Georgia and Alabama only.

### **The MacArthur Justice Center**

Northwestern Pritzker School of Law

375 E Chicago Ave, Suite 800 · Chicago, IL 60611

312-503-8576 · <http://www.law.northwestern.edu/macarthur>

The MacArthur Justice Center is a nonprofit law firm with locations in Illinois, Louisiana, Mississippi, Missouri, and Washington D.C. It takes on cases regarding police misconduct, solitary confinement, wrongful convictions, and class actions around prison conditions and parole. Now also a law clinic at Northwestern law school. Write to Chicago address for other locations. Serves nationwide. Expect delay or form response.

## **LGBTQI-FOCUSED ORGANIZATIONS AND RESOURCES**

### **Advocates for Trans Equity**

228 Park Avenue South PMB 38268 · New York, NY 10003-1502

(202) 642-4542 · <https://transequality.org/>

Advocates for Trans Equality fights for the legal and political rights of transgender people in America. Leveraging decades of experience on the frontlines of power, we shift government and society towards a future where we are no less than equal. We have resources and experts on the Prison Rape Elimination Act and trans people interacting with police and the carceral system and will send resources nationwide.

### **Baltimore Safe Haven**

814 Collington Ave. · Baltimore, MD 21205

443-869-6867 · <https://www.baltimoresafehaven.org/>

We provide vital support and resources to LGBTQ+ and trans individuals who are currently incarcerated, including assistance with healthcare, mental health, and access to services. Additionally, we offer comprehensive re-entry programs for individuals returning to the community, focusing on housing support, employment assistance, and connections to essential resources. Our goal is to empower individuals at every stage of their journey, from incarceration to reintegration, and help them build a stable and successful life beyond the criminal justice system.

### **Black and Pink**

6223 Maple Street #4600 · Omaha, NE 68104

<http://www.blackandpink.org>

Black & Pink National is a prison abolitionist organization dedicated to abolishing the criminal punishment system and liberating LGBTQIA2S+ people and people living with HIV/AIDS who are affected by that system through advocacy, support, and organizing. Headquartered in Omaha, Black and Pink has chapters in Denver, Missoula, and Providence.

### **GLBTQ Legal Advocates & Defenders (GLAD)**

18 Tremont, Suite 950 · Boston, MA 02108

617-426-1350 · <https://www.gladlaw.org/>

Through strategic litigation, public policy advocacy and education, GLAD works in New England and nationally to create a just society free of discrimination based on gender identity and expression, HIV status and sexual orientation. As part of this work, GLAD takes very select legal representation on behalf of LGBTQ prisoners. Has a victory in Sept. 2018 achieving transfer of a trans woman to a women's prison in Maine. Also has a New England centered resource guide. Mostly serves people in New England.

### **Lambda Legal**

120 Wall St, 19th Floor · New York, NY 10005-3919

212-809-8585 · <https://www.lambdalegal.org/>

Lambda Legal carries out its legal work principally through test cases selected for the likelihood of their success in establishing positive legal precedents that will affect LGBT people and those affected by HIV. Lambda Legal recently represented a trans prisoner successfully in a lawsuit against the Texas prison system.

### **LGBT Books to Prisoners**

1202 Williamson St #1 c/o Social Justice Center Incubator · Madison, WI 53703 · <https://lgbtbookstoprisoners.org/>  
Volunteer-run organization that sends books and other educational materials, free of charge, to LGBT-identified people in prison across the US. Enviar libros en Español. Sending 2 packages of books per year in 2026. Prefers requests by topic, but can occasionally fulfill specific requests. Serves all states except Texas (and state prisons where rules prohibit all book donations).

### **Miss Major Alexander L. Lee TGIJP Black Trans Cultural Center**

131 Franklin St. · San Francisco, CA 94102  
415-554-8491 · <http://www.tgijp.org/>  
The Miss Major Alexander L. Lee TGIJP Black Trans Cultural Center (fka TGI Justice Project) works closely with transgender, gender non-conforming, and intersex (TGI) people who are currently or formerly incarcerated across what is known as the United States - with a particular emphasis on TGI Californians and Floridians. We provide inside correspondence (letters of support for parole, resource guides, newsletters, magazines, coloring sheets, poetry, etc.); reentry, legal, and housing case management; court support; name and gender marker change support; referrals to other allied organizations; and financial support for reentry clients on a limited case-by-case basis. We cannot provide legal representation at this time, though we can provide referrals to pro-bono attorneys. TGIJP has been a leader in the global fight for Black trans liberation and abolition for 21 years.

### **Prisoner Correspondence Project**

QPIRG Concordia c/o Concordia University 1455 de Maisonneuve Ouest · Montréal, QC H3G 1M8

<https://prisoner Correspondence Project.com/>

The Prisoner Correspondence Project is a solidarity project for gay, lesbian, transsexual, transgender, gendervariant, two-spirit, intersex, bisexual and queer prisoners. Letters to PCP in Canada cost \$1.15 in US postage. Speak/write French. Serves people nationally in USA and Canada.

### **Sinister Wisdom**

2333 McIntosh Road · Dover, FL 33527  
813- 502- 5549 · <http://sinisterwisdom.org/>  
Publishes work by lesbians only - prose, poetry, essays, graphics, and book reviews. Will send free to women. Nationwide to women's prisons only.

### **Transgender Law Center**

PO Box 70976 Prison Mail Response Program · Oakland, CA 94612-0976 · 510-380-8229 · <http://transgenderlawcenter.org>  
TLC's Prison Mail Response Program provides incarcerated transgender and gender-nonconforming people with legal information and resources to help them advocate for themselves. Resources include prison and agency-specific policies, grievance and appeal processes, information on name and gender changes, transgender health care, know-your-rights materials, reentry resources, and other helpful organizations. Unfortunately, TLC is unable to provide legal advice, legal representation, or take on individual cases through this program. Please note that this phone number is for intake purposes only. Unfortunately, we are unable to provide legal information over the phone. This line is limited-staffed

and is only available Monday through Friday, 9:00 a.m. to 5:00 p.m. Pacific Time. If we are unable to take your call, you may always write to us.

### **Tranzmission Prison Project**

PO Box 1874 · Asheville, NC 28806  
Tranzmission Prison Project provides free books and zines to LGBTQIA+ individuals incarcerated in the southeast USA (West Virginia, Virginia, Kentucky, Tennessee, North Carolina, South Carolina, Georgia, Florida, Alabama, Mississippi, Louisiana, and Texas). For queer folks interested in receiving reading materials, please send us a letter including your name, ID number, facility name and address, genre requests, and facility restrictions.

## **WOMEN'S ORGANIZATIONS AND RESOURCES**

### **Aid to Inmate Mothers**

PO Box 986 · Montgomery, AL 36101-0986  
334-262-2245 · <http://www.inmatemoms.org>  
Provides services to Alabama's incarcerated women with emphasis on enhancing personal growth and strengthening the bonds between inmate mothers and their children. Serves women in Alabama only.

### **California Coalition for Women Prisoners**

4400 Market St · Oakland, CA 94608  
415-255-7036, ext. 4 · <https://womenprisoners.org/>  
CCWP is a grassroots abolitionist organization, with members inside and outside prison, that challenges the institutional violence imposed on women, transgender and non-binary people, and communities of color by the prison industrial complex (PIC). CCWP visits incarcerated people in CA women's prisons, offers a writing correspondence programs, and produces a newsletter, "The Fire Inside," free to incarcerated people. Primarily works with individuals in California but mails the newsletter to people around the country. L.A. Chapter – PO Box 291585, Los Angeles, CA 90029

### **Chicago Books to Women in Prison**

4511 N Hermitage Ave · Chicago, IL 60640  
<https://www.cbwp.org/>  
Serves: women's state prisons in AZ, AL, AR, CA, CO, CT, FL, HI, IL, IN, KY, MN, MS, TN, TX, VT, WA; all women in Federal prisons, and trans women being housed in men's prisons everywhere. Provides books in Spanish and can often get books in other languages, as well.

### **Hour Children**

40-09 21st St, 4TH Floor · Long Island City, NY 11101  
718-433-4724 · <http://www.hourchildren.org>  
Mission is to support incarcerated mothers and their children. Provides resources and services outside and inside New York state prisons only. Also provides services in Spanish (también ofrece servicios en español). Only provides services to New York state prisons.

### **National Defense Center for Criminalized Survivors**

540 Fairview Avenue N Suite 208 · St Paul, MN 55104  
(800) 903-0111 ext. 3 (toll free) · <https://www.bwjp.org/>  
The National Defense Center for Criminalized Survivors (NDCCS), formerly known as the National Clearinghouse for the Defense of Battered Women, addresses the unique needs of victims and survivors of gender-based violence who have been criminalized as a result of their experiences of being abused. NDCCS does not provide direct legal representation; it works with defense teams of survivors by providing case-specific technical assistance, resources, and support. Accepts collects calls from criminalized survivors at 267-876-7027, Mon-Fri, 9am-5pm ET. NDCCS works nationwide.

### **Women's Prison Association**

110 Second Ave · New York, NY 10003  
646-292-7742 · <http://www.wpaonline.org>  
The Women's Prison Association (WPA) offers a range of services aimed at helping women in the New York City area. Their direct service network is organized in three broad areas; Residential and Family Services; Reentry Services; and community-based services. Provides transitional planning and education in NY women's prisons, as well as HIV counseling and testing. Serves women in New York state only.

### **Women's Prison Project of Tulane Law Clinic**

6329 Freret Street · New Orleans, LA 70118-6248  
504-865-5153 · <https://law.tulane.edu/womens-prison-project>  
Law student clinic providing legal representation to survivors of intimate partner violence, sexual assault, and trafficking - with a particular focus on survivors serving life or long sentences, and those charged or imprisoned after killing an abuser in self-defense or for having committed crimes under an abuser's coercion or duress. Write for application. Expect delays during the summer. Serves survivors in Louisiana only, but will consult nationwide with defense attorneys.

## **INNOCENCE PROJECTS**

### **Alaska Innocence Project**

P.O. Box 201656 · Anchorage, AK 99520  
907-279-0454  
All cases for consideration by AKIP should be submitted by mail to the address above with a brief factual summary of the case and a list of the evidence which might be available to prove innocence. No other documents should be submitted for initial review. AKIP does not accept telephone or e-mail applications.

### **Arizona Justice Project**

4001 N 3rd Street, Suite 401 · Phoenix, AZ 85012  
<http://www.azjusticeproject.org>  
Accepts both DNA and non-DNA cases and represents indigent Arizona prisoners whose claims of innocence have gone unheeded. They also conduct post-conviction DNA testing in cases of forcible rape, murder, and non-negligent homicide cases, shaken baby syndrome and arson and other cases where the testing might demonstrate actual innocence. Also works on excessive sentencing cases. Serves Arizona only.

### **California Western Innocence and Justice Clinic**

California Western School of Law 225 Cedar St · San Diego, CA 92101 · 619-525-1485 · [https://www.cwsl.edu/experiential\\_learning/clinics/california\\_western\\_innocence\\_and\\_justice\\_clinic/index.html](https://www.cwsl.edu/experiential_learning/clinics/california_western_innocence_and_justice_clinic/index.html)  
The Innocence and Justice Clinic, formerly the California Innocence Project, provides free legal assistance to wrongfully convicted individuals who are still incarcerated. To request an application, write to: 225 Cedar St, San Diego, CA 92101. For your case to be considered you must have been convicted, already completed your appeals, be innocent of the crime for which you are imprisoned and have new evidence of your innocence exists or is discoverable. The Clinic only considers cases where the conviction occurred in the following counties: San Diego, Los Angeles, Orange, Imperial, Riverside, San Bernadino, Southern District of California (Federal) and Central District of California (Federal).

### **Center on Wrongful Convictions**

Northwestern Pritzker School of Law 375 E Chicago Ave · Chicago, IL 60611-3069  
312-503-2391 · <https://cwc.law.northwestern.edu/>  
Accepts cases of actual innocence in the United States, both DNA and non-DNA Cases. Will consider arson and shaken baby syndrome cases. No sentence requirements. All requests must come directly from the person seeking representation. Receives thousands of inquiries per year.

### **Committee for Public Counsel Services Innocence Program**

75 Federal Street 6th Floor · Boston, MA 02110 · (617) 209-5666  
<https://www.publiccounsel.net/pc/innocence-program>  
The CPCS Innocence Program aims to identify and litigate new trial motions on behalf of indigent Massachusetts state defendants who are actually innocent of the crimes of which they have been convicted. They review and litigate both DNA and non-DNA based innocence claims, with special attention to cases involving eyewitness identification evidence, false confessions, and flawed or invalidated forensic science testimony. Write for questionnaire. Do not send original documents. Serves Massachusetts only.

### **Connecticut Innocence Project**

55 Farmington 8th Floor · Hartford, CT 06105  
860-258-4940 · <http://www.ct.gov/ocpd/cwp>  
Accepts cases of actual innocence in Connecticut; DNA and non-DNA cases. Sentence must include at least a ten year period of incarceration and be no less than five years from estimated release date. There must be some new evidence in the case which would establish innocence. Serves Connecticut only.

### **Cooley Law School Innocence Project**

300 South Capitol Ave Cooley Law School · Lansing, MI 48933  
517-334-5764 · <http://www.cooley.edu/academics/experiential-learning/innocence-project>  
Accepts cases of actual innocence in Michigan; DNA cases and forensic issues cases only; must be in custody; no time requirement. Students assist assigned attorneys with reviewing case files, screening applications, investigating facts, conducting interviews, and analyzing cases. Serves Michigan only.

### **Georgia Innocence Project**

50 Hurt Plaza East Suite 350 · Atlanta, GA 30303  
(404) 373-4433 · <https://www.georgiainnocenceproject.org/>  
Accepts cases of actual innocence in Georgia; DNA and non-DNA cases; you must have completed your direct appeal, and you must be currently incarcerated, or on the Georgia Sex Offender Registry. You must have been convicted in Georgia. Serves Georgia Only.

### **Great North Innocence Project**

229 19th Avenue South, Suite 285 · Minneapolis, MN 55455  
612-624-4779 · <http://www.greatnorthinnocenceproject.org>  
Reviews wrongful conviction cases where newly discovered evidence is identified and can provide clear and convincing proof of actual innocence. Actual innocence means the defendant played no role in the commission of the crime. Serves Minnesota, North Dakota and South Dakota only.

### **Hawaii Innocence Project**

2485 Dole Street, Suite 206 · Honolulu, HI 96822  
808-956-0596 · <https://www.hawaiiinnocenceproject.org/>  
Legal non-profit clinic accepts applications from anyone who has been convicted of a crime occurring in Hawai'i AND is factually innocent of that crime. Applications can be downloaded from the website or can be mailed to you. Serves Hawaii only.

### **Illinois Innocence Project**

One University Plaza, MS PAC 409 University of Illinois Springfield · Springfield, IL 62703-5407  
(217) 206-6569 · <https://www.uis.edu/illinoisinnocenceproject/>  
Reviews cases where the applicant claims to be actually innocent of the crime(s) for which he or she is convicted. Must be substantial new evidence to support a claim of innocence, such as DNA evidence. Must have at least 8 years left on your sentence and not already represented. Cannot take on all applicants. Expect delays, especially during summer. Serves Illinois only.

### **Innocence and Justice Clinic**

Wake Forest University Law School 1834 Wake Forest Road · Winston-Salem, NC 27109 · 336-758-5430  
<https://law.wfu.edu/academics/experiential/clinics/innocence/>  
Cases accepted: Cases of actual innocence in North Carolina; DNA and non-DNA cases; no sentence requirements. Expect delays. Serves North Carolina only.

### **Innocence Project (national)**

40 Worth St, Suite 701 · New York, NY 10013  
212-364-5340 · <http://www.innocenceproject.org>  
The Innocence Project works to free innocent people and reform the criminal legal system to prevent future injustices. The organization accepts cases where testing of biological evidence and/or scientific advances can exonerate a wrongfully convicted person. Write to request an intake form. Accepts applications nationwide EXCEPT from AZ, CA, IL, MI, OH, WA or PR.

### **Innocence Project at the UVA School of Law**

580 Massie Rd · Charlottesville, VA 22903  
434-924-3732 · <http://innocenceprojectuva.org/prospective-clients>  
Evaluates cases of wrongful convictions if three criteria are met: (1) the inmate must have been convicted of a crime in Virginia, (2) the

conviction must be final, and (3) the inmate is actually innocent of the crime of which he or she was convicted. Decision is based on the likelihood of being able to prove innocence, the availability of legal remedies, and capacity. To be considered, send a letter requesting their application packet. Serves Virginia only.

### **Innocence Project of Florida**

124 Marriott Drive Suite 104 · Tallahassee, FL 32301  
850-561-6767 · <http://www.floridainnocence.org>  
Accepts cases of actual innocence from Florida state; DNA and Non-DNA cases. Does not accept federal cases. Conviction must be final – no pending appeals. Also provides transitional and aftercare services to exonerees. Serves Florida state convictions only.

### **Innocence Project of Texas**

300 Burnett St, Suite 160 · Ft. Worth, TX 76102  
<https://innocencetexas.org/>  
Reviews cases that meet the following tests only: claims of actual innocence; the conviction is a felony which took place in a Texas state court; and all direct appeals have been completed. Must write in; does not accept requests for assistance via email, phone, or fax. Serves Texas state prisoners only (no federal).

### **Kentucky Innocence Project**

Dept. of Public Advocacy 5 Mill Creek Park · Frankfort, KY 40601  
502-564-8006 · <https://www.kentuckyinnocenceproject.org/>  
Prospective clients should meet the following criteria: a Kentucky conviction & incarceration; a minimum five-year sentence; a minimum of three years until eligible to go before the parole board or if parole has been deferred, a minimum of three years to the next appearance before the parole board; new evidence of innocence discovered since the conviction which can be investigated; and a claim of actual innocence. Serves Kentucky only.

### **Korey Wise Innocence Project**

2450 Kittredge Loop Road Wolf Law Building, 401 UCB · Boulder, CO 80309-0404 · 303-492-2640  
<https://www.colorado.edu/outreach/korey-wise-innocence-project/>  
The Korey Wise Innocence Project (fKWIP) will not take cases in which the defendant already has a lawyer, or is entitled to a lawyer at state expense. The KWIP will take a case only where there is a genuine and provable claim of innocence. The KWIP gets involved only when the traditional methods of appealing a conviction have failed. Only Colorado cases will be accepted (state and federal). Write for full evaluation criteria.

### **Maryland Office of the Public Defender Innocence Project Clinic at the University of Baltimore**

University of Baltimore School of Law 1420 N. Charles St. · Baltimore, MD 21201 · 410-837-6543 · <https://www.ubalt.edu/law/law-clinics/all-clinics/innocence-project/index.cfm>  
The MOPD Innocence Project Clinic at the Univ. of Baltimore seeks to identify individuals who have been convicted in Maryland state courts of crimes they did not commit and to provide them with assistance in the investigation of their claims. In appropriate cases, representation will be provided in post-trial litigation efforts to secure exonerations. Accepts cases of actual innocence in Maryland; DNA and non-DNA cases. Serves Maryland only.

### **Michigan Innocence Clinic**

University of Michigan Law School 701 S. State St. · Ann Arbor, MI 48109-3091 · 734-763-9353

<http://www.law.umich.edu/clinical/innocenceclinic/>

Accepts cases of actual innocence in Michigan; non-DNA cases only; no sentence requirements. Only accepts cases after a person has exhausted their direct appeals. The prisoner must not be currently represented by counsel, and the crime and conviction must have occurred in Michigan.

### **Mid-Atlantic Innocence Project**

1413 K St. NW, Suite 1100 · Washington, DC 20005

202-888-1766 · <https://exonerate.org/>

Free investigative and legal assistance to innocent prisoners convicted in the District of Columbia, Maryland, and Virginia who have provable claims of innocence, either by DNA testing or by other newly discovered evidence. The prisoner must not be currently represented by another attorney in his or her criminal case, or have the right to appointed counsel in the case. Write in for questionnaire. D.C., Maryland and Virginia only.

### **Midwest Innocence Project**

300 E 39th St · Kansas City, MO 64111

816-221-2166 · <http://www.themip.org>

Accepts cases of actual innocence in AR, IA, KS, MO, and NE; applicants must have more than 10 years left to serve on their sentence; cannot be currently represented by another attorney except for Iowa applicants; must have exhausted all appeals. Also reviews death penalty cases.

### **Montana Innocence Project**

PO Box 76067 · Missoula, MT 59807

406-243-6899 · <http://www.mtinnoceproject.org>

Accepts DNA and non-DNA cases of actual factual innocence. Also considers applications where the sentence was manifestly unreasonable given the circumstances and level of involvement in a crime, especially for those under 25 at sentencing, over 60 or medically infirm, women, survivors of domestic abuse, and where racial prejudice tainted the conviction. Must be a felony conviction in a Montana state or federal court; must have completed trial, sentencing and direct appeals; must not currently be represented by an attorney. Serves Montana only.

### **New England Innocence Project**

1035 Cambridge St Ste 28A · Cambridge, MA 02141

(617) 945-0762 · <http://www.newenglandinnocence.org>

Accepts cases of actual innocence in CT, MA, ME, NH, RI, and VT in which the prisoner has a claim of factual innocence; no time requirement DNA and non-DNA cases; will consider arson and shaken baby syndrome cases; may consider child abuse cases. Serves New England states, except New York.

### **New Mexico Innocence and Justice Project**

P.O. Box 36719 · Albuquerque, NM 87176-6719

<https://nmijp.org>

NMIJP's primary mission is to provide assistance and referrals to people wrongfully convicted in our state. NMIJP is an independent organization, and has no affiliation with any other project in New Mexico. They will be opening to review and refer cases soon. In the

meantime, please direct questions or concerns to [info@nmijp.org](mailto:info@nmijp.org). Serves New Mexico only.

### **North Carolina Center on Actual Innocence**

Shannon Plaza Station PO Box 52446 · Durham, NC 27717-2446

919-489-3268 · <http://www.nccai.org/>

Accepts cases of actual innocence in North Carolina and South Carolina; DNA and non-DNA cases; will consider arson and shaken baby syndrome cases, and may consider child abuse cases; typically limited to those in custody or with post-conviction restrictions, but exceptions are made. Serves NC and SC only.

### **North Carolina Innocence Inquiry Commission**

Administrative Office of the Courts, NC Innocence Inquiry

Commission PO Box 2448 · Raleigh, NC 27602

919-890-1580 · <http://www.innocencecommission-nc.gov>

The North Carolina Innocence Inquiry Commission was created by the North Carolina General Assembly in 2006 and is charged with providing an independent and balanced truth-seeking forum for credible post-conviction claims of innocence in North Carolina. The Commission is separate from the appeals process. A person exonerated by the Commission process is declared innocent and cannot be re-tried again. Serves North Carolina felonies only.

### **Northern California Innocence Project**

Northern California Innocence Project 500 El Camino Real · Santa

Clara, CA 95053 · 408-554-4790 · <http://ncip.org/>

Accepts actual innocence cases for people convicted in a Northern or Central California county; DNA and non-DNA cases; no minimum sentence requirements. The applicant must have been convicted in state court of a serious felony. Will consider cases involving faulty forensic science, police or prosecutor misconduct, ineffective assistance of counsel, eyewitness misidentification, false testimony and false confessions. Northern and Central California only.

### **Ohio Innocence Project**

University of Cincinnati College of Law PO Box 210040 · Cincinnati,

OH 45221-0040 · 513-556-0752 · <http://www.law.uc.edu/oip>

Accepts cases of actual innocence in Ohio; DNA and non-DNA cases; no sentence requirements. Only serves prisoners in Ohio.

### **Ohio Public Defender Wrongful Conviction Project**

Wrongful Conviction Project, Office of the Ohio Public Defender 250

East Broad St, Suite 1400 · Columbus, OH 43215

800-686-1573 · <https://opd.ohio.gov/law-library/innocence/Wrongful-Conviction-Project>

Will review cases of actual innocence in Ohio; non-DNA cases only; arson cases; Shaken Baby Syndrome cases; child sex abuse cases; all other claims of actual innocence. Serves Ohio only.

### **Oklahoma Innocence Project**

Oklahoma City University School of Law 800 N Harvey Ave, Suite

317 · Oklahoma City, OK 73102

405-208-6161 · <https://okinnoce.org/>

The Oklahoma Innocence Project accepts cases of actual innocence in Oklahoma; DNA and non-DNA cases; no sentence requirements. Must have credible evidence of factual innocence and be convicted in Oklahoma state court (no federal convictions). Serves Oklahoma only.

### **Pennsylvania Innocence Project**

Temple University Beasley School of Law 1515 Market St, Suite 300  
Philadelphia, PA 19102 · 215-204-4255 · <https://painnocence.org/>  
The Pennsylvania Innocence Project only takes on cases from factually innocent individuals who have been wrongfully convicted and exhausted their appeals. The Project takes on cases with or without DNA evidence, and will consider arson, shaken baby syndrome, and child abuse cases. Pennsylvania cases only.

### **Project for the Innocent**

Loyola Law School 919 Albany St. · Los Angeles, CA 90015  
213-736-8141 · <https://www.lls.edu/academics/experientiallearning/clinics/projectfortheinnocent/>  
Dedicated to the exoneration of the wrongfully convicted. If a true claim of innocence is provable, clinic students will help draft a habeas petition. Must have case for factual innocence, have exhausted all their appeals, and are no longer represented by an attorney. Include basic info about your case, including case number and date of conviction. Serves Central and So California only with focus on Los Angeles County.

### **Rocky Mountain Innocence Center**

358 South 700 East, B235 · Salt Lake City, UT 84102  
801-355-1888 · <http://rminnocence.org/>  
Accepts cases of actual innocence in Nevada, Wyoming or Utah; DNA and non-DNA cases; seven or more years left to serve on sentence; must be completely innocent; significant new evidence must be available to prove the prisoner's innocence.

### **The Exoneration Initiative**

233 Broadway, Suite 2370 · New York, NY 10279  
212-965-9335 · <http://exonerationinitiative.org>  
Accepts cases of actual innocence in New York; DNA and non-DNA cases (specializes in non-DNA); no sentence requirements but conviction must be final. Serves New York only.

### **The Exoneration Project**

311 North Aberdeen Suite 300 · Chicago, IL 60607  
<http://www.exonerationproject.org>  
Reviews cases of innocence. They consider post-conviction cases for individuals wrongfully convicted of different types of crimes and with different sentence lengths, including cases where a defendant has served their complete sentence or pled guilty. They do not consider cases of self-defense. Defendant must be innocent of the crime, trial must be completed and led to conviction. Expect delays in the summer. Will consider cases nationwide.

### **The Last Resort Exoneration Project**

Seton Hall University School of Law One Newark Center · Newark, NJ 07102 · 973-642-8087  
<https://law.shu.edu/exoneration-project/index.cfm>  
Free investigative and legal services to the convicted innocent of New Jersey who have substantial claims of factual innocence and are willing to cooperate with requests aimed at discovering the truth. Serves New Jersey only.

### **The Miami Law Innocence Clinic**

The Miami Law Innocence Clinic, University of Miami School of Law  
1311 Miller Drive, B400 · Coral Gables, FL 33146

305-284-8115 · <https://www.law.miami.edu/academics/experiential-learning/clinics/innocence/>

The clinic handles cases involving innocent individuals incarcerated for a minimum of 10 years who have new evidence ranging from recanting witnesses to new witnesses discovered by students to prosecutorial misconduct and ineffective assistance of counsel. The clinic also accepts cases involving DNA evidence. Florida only.

### **Thurgood Marshall School of Law Innocence Project**

Earl Carl Inst. for Legal and Social Policy, Texas Southern University 3100 Cleburne St · Houston, TX 77004 · 713-313-1139  
[http://www.tsulaw.edu/centers/ECI/centers/criminal\\_justice](http://www.tsulaw.edu/centers/ECI/centers/criminal_justice)  
Handles claims of actual innocence typically involving DNA evidence testing, mistaken identification, or that a crime never actually occurred. Thurgood Marshall law students work directly on the project and screen cases, obtain and review case histories, investigate facts, interview involved persons, write case timelines and summaries, perform case analyses, and prepare written case evaluations and pleadings. Serves Texas only.

### **Washington Innocence Project**

PO Box 85869 · Seattle, WA 98145  
206-636-9479 · <https://wainnocenceproject.org/>  
In order to qualify for representation, a prisoner must: Be wrongly convicted of crimes in Washington; be unable to afford counsel; no longer have the right to appointed counsel; have completed the direct appeals process; have at least three years of prison time remaining to be served; have a claim of actual innocence that can be proven through DNA testing or other newly discovered evidence; and have no involvement in the crime whatsoever. Must have been convicted in Washington state to qualify.

### **West Virginia Innocence Project**

West Virginia University PO Box 6130 · Morgantown, WV 26506  
304-293-7249 · <https://wvinnocenceproject.law.wvu.edu/>  
Accepts cases of actual innocence; DNA and non-DNA cases; three or more years left to serve. Serves W. Virginia only.

### **Wisconsin Innocence Project**

University of Wisconsin Madison Law School 975 Bascom Mall · Madison, WI 53706-1399  
608-262-1002 · <https://law.wisc.edu/fjr/clinicals/ip/>  
Reviews cases of actual innocence. Must have at least seven years left of your sentence, and have a significant chance that substantial new evidence may be found to support a claim of innocence. This newly discovered evidence (NDE) could be physical evidence that was not previously subjected to forensic examination, such as DNA testing. NDE may also include non-physical evidence, such as from an eyewitness who was previously unknown or a recantation from a victim, if such a recantation is supported by other new evidence. Serves Wisconsin only.

## **HEALTH CARE RESOURCES**

### **National Hepatitis Corrections Network**

1621 South Jackson Street, Suite 201 · Seattle, WA 98144  
206-732-0311 · <http://www.hcvinprison.org>  
The NHCN serves as a hub of resources and information about hepatitis C in prisons and jails, including publishing resources about

Hep C treatment in prison and producing educational materials for incarcerated people about hepatitis. The NHCN is a program of the Hepatitis Education Project (HEP), a nonprofit organization based in Seattle, WA. Serves people nationally.

### **Prison Health News**

4722 Baltimore Avenue · Philadelphia, PA 19143

<https://prisonhealth.news/>

Publishes a magazine four times a year for people in prison about health issues like COVID-19, hepatitis C, HIV, diabetes, asthma, depression, PTSD, exercise, nutrition and more. Strives to lift up the voices and expertise of currently and formerly incarcerated people. On their website, articles on many health topics are available for download. Write to them for a free subscription. If you have health questions, you can write to PHN, who will respond with relevant information. Serves people nationally.

### **Stanford Health Library**

211 Quarry Road, ste 201 Hoover Pavilion · Palo Alto, CA 94303

800-295-5177 · <http://healthlibrary.stanford.edu>

Our medical librarians are here to help you find answers to your health-related questions and connect you to support resources. We provide scientifically based information to help you make informed decisions about your health and health care. This is a free service open to all. Examples of requests include a general overview of a new diagnosis, treatment options and meditation and mindfulness resources. Please note we cannot take a list of symptoms and offer a diagnosis, nor do we offer advice or recommendations. Requests accepted via mail or phone only.

### **Vivent Health + TPAN**

5537 N. Broadway · Chicago, IL 60640

773-989-9400 · <https://www.tpan.com/>

The Test Positive Aware Network. Publishes Positively Aware, a bimonthly magazine covering HIV/AIDS treatment, research, policy and lifestyle. Also offers articles on many HIV-related topics, including HIV and aging, prevention, and treatments. Offers free subscriptions to prisoners.

## **REHABILITATION PROGRAMS**

### **Addictionresource.net**

<http://www.addictionresource.net/>

Web-based service with reliable information on addiction and rehabilitation, substance abuse, mental health, and treatment. Lists top facilities by city with rigorous research. No facility can pay to be on a list. Provides information on evidence-based treatments.

### **Compassion Prison Project**

6201 West 87th Street #4201 · Los Angeles, CA 90045

425-628-4611 · <https://compassionprisonproject.org>

Compassion Prison Project (CPP) uses trauma-awareness education and programming to create trauma-informed prisons and communities. Our 16-week compassion-based curriculum, Trauma Talks, helps participants understand how Adverse Childhood Experiences (ACEs) and trauma shape behavior, as well as develop practical tools for emotional regulation, self-agency, accountability, self-reflection, and compassion. Participants note increasing self-awareness and emotional understanding, a stronger sense of self-

agency, and greater personal responsibility. Trauma Talks is available in English and Spanish. For those with access to Edovo, our Compassion in Action podcast features the top trauma experts in the world, thought leaders and motivational speakers who share lived experience, insight, and practical guidance.

### **CURE-SORT**

PO Box 1022 · Norman, OK 73070-1022

405-541-8061 · <http://www.cure-sort.org>

CURE-SORT (Sex Offenders Restored through Treatment) has information, resources, contacts, and support to individuals, families, treatment providers, and professionals who work with issues of sexual abuse and its prevention. CURE-SORT is an issue chapter of Citizens United for the Rehabilitation of Errants (CURE). Provides info nationally. We are not a treatment program. We do not provide legal assistance.

### **Insight Prison Project**

PO Box 29 · San Quentin, CA 94964

415-459-9800 · <http://www.insightprisonproject.org>

Insight Prison Project (IPP) offers transformational restorative justice based programs for incarcerated people designed to facilitate insight, accountability, integrity, responsibility, compassion, empathy and healing. IPP's Victim Offender Education Group (VOEG), a nationally recognized program, is a 52+ week in-person restorative justice curriculum that is currently offered in 6 prisons in California and 6 in Colorado. IPP does NOT offer correspondence courses.

### **Narcotics Anonymous**

PO Box 9999 · Van Nuys, CA 91409

818-773-9999 · <http://www.na.org>

Narcotics Anonymous is a global organization offering recovery from the effects of addiction through working a twelve-step program, including regular attendance at group meetings. Membership is free, and we have no affiliation with any governmental, religious, medical, or other organizations. We offer resources in many languages. If you are looking for meeting locations for parole plans, ask a friend or family member to look on our website. Any incarcerated person may write to NA for free literature. When we receive a letter, we will send an introductory packet of NA literature and information. After receiving a second letter, we will provide a NA Basic Text or other NA book of their choice.

### **Osborne Association**

175 Remsen Street Suite 100 · Brooklyn, NY 11201

718-637-6560 · <http://www.osborneny.org>

Osborne provides a wide range of direct services to individuals and families affected by the criminal legal system. Our evidence- and experience-based programs are designed to reduce reliance on incarceration, heal the damage and trauma of crime and incarceration, and offer opportunities for transformation for those affected by crime and incarceration. Write for a full list of programs and services. Osborne Association has six locations: in the Bronx, Brooklyn, Buffalo, Newburgh, Troy, and Westchester. Only Serves People in New York.

### **SYDA Foundation Prison Project**

PO Box 99140 · Emeryville, CA 94662  
510-898-2700, ext. 4113 · <http://www.siddhayoga.org/syda-foundation/prison-project>

Dedicated to disseminating the Siddha Yoga meditation teachings and practices to incarcerated individuals. Offers free monthly In Search of the Self meditation course with newsletter to interested seekers. Write or call to get signed up. Serves people nationally.

### **FREE BOOKS PROJECTS**

#### **TIP: REQUEST BOOKS BY GENRE, NOT TITLE**

### **Alabama Books to Prisons Project**

4413 5th Avenue South · Birmingham, AL 35222

<https://www.burdockbookcollective.com/books-to-prisons>

Run through the Burdock Book Collective, this program fulfills book requests for people incarcerated in Alabama prisons. LGBTQA friendly: "As queers and allies ourselves, we aim to provide a space for personal expression and communication free from homophobia and transphobia. Alabama only.

### **Appalachian Prison Book Project**

PO Box 601 · Morgantown, WV 26507

<https://appalachianprisonbookproject.org/>

Sends free books and provides educational opportunities to people incarcerated in the Appalachian region. We serve Kentucky, Maryland, Ohio, Tennessee, Virginia, and West Virginia. Request by topic area or title, and we will look for a good book for you.

### **Asheville Prison Books**

67 N. Lexington c/o Downtown Books & News · Asheville, NC

28801 · (828)253-8654 · <https://avlpb.org/>

Sends free reading material to folks incarcerated in North Carolina and South Carolina, including county jails, detention centers, state prisons, and federal facilities. They do not have a catalogue, but try to match requests to books as best they can. Serves people in North Carolina and South Carolina only.

### **Athens Books to Prisoners**

PO Box 45 · Rutland, OH 45775

<http://athensbookstoprisoners.weebly.com>

Athens Books to Prisoners is a volunteer-run organization that sends free books to prisoners in Ohio only.

### **Big House Books**

PO Box 1002 · Jackson, MS 39215

<https://bighousebooksms.org/>

A volunteer-run nonprofit sending books to inmates in Mississippi correctional facilities since 2015. Mississippi only.

### **Books Behind Bars - New Jersey**

PO Box 2611 · Wildwood, NJ 08260

<http://www.booksbehindbarsnj.com/>

Grassroots, volunteer-run prison abolition project that provides free books upon request to people incarcerated in NJ prisons. Please include your name, ID number, facility name, address, and the kind of books you want. Since all of our books are donated, we can't guarantee exact titles (though we do our best). New Jersey only.

### **Books Behind Bars - Virginia**

Friends of the Jerrson-Madison Library 1500 Gordon Ave · Charlottesville, VA 22903 · <http://booksbehindbars.info>

Serves people incarcerated in Virginia only. Write with requests for up to three books per month. They will do their best to fulfill all requests, but cannot guarantee specific title availability.

### **Books Through Bars**

4722 Baltimore Ave · Philadelphia, PA 19143

215-727-8170 · <https://www.booksthroughbars.org/>

Free books across the Eastern Seaboard. If possible, please review organization's website for updated information before contacting. Sends to DE, MD, NJ, NY, PA & VA only.

### **Books to Prisoners (Seattle)**

c/o Left Bank Books 92 Pike St, Box A · Seattle, WA 98101

206-527-3339 · <https://www.bookstoprisoners.net/>

Provides free reading materials to incarcerated individuals. Most books are used; limited access to new books. Must write in; no requests by email or phone. Typical turnaround is 2+ months; people in short-term facilities should note in their request how long they anticipate being incarcerated. May request every 3 months. Include several choices of preferred subject, genre, or author. Libros en español rara vez disponibles. Serves people nationwide.

### **Books to Prisons Alabama**

PO Box 130699 · Birmingham, AL 25213

205-871-4695 · <https://www.givebookstoprisoners.com/>

Provides free books and magazines for the incarcerated in AL & TX only. No County or local jails. Write to request by genres, authors or subject matter.

### **DC Books to Prisoners**

PO Box 34190 · Washington, DC 20043

<http://dcbookstoprisoners.org>

Request free reading material by mail. Sends books to state and federal prisoners in AK, AL, AZ, CA, CO, DE, GA, HI, IA, IN, KY, LA, MD, MN, MS, MO, MT, NC, ND, NE, NM, NV, OH, OK, SC, SD, TN, TX, UT, VA, WV, and WY as well as federal prisoners (only) in AR, ID, and KS and requests from DC residents in federal prisons in all states. Please wait 5 months between requests.

### **Great Falls Books Through Bars**

PO Box 391 · Greenfield, MA 01302

<https://www.greatfallsbooksthroughbars.org>

Provides free books to people incarcerated in Federal facilities nationwide and state facilities in CA, FL, and TX only. Write to request specific titles, authors, and or general types of books you're interested in. If we don't have exact titles or authors on hand, we will do our best to send a close match from books available.

### **Inside Books Project**

PO Box 301029 · Austin, TX 78703

512-655-3121 · <https://insidebooksproject.org/>

Sends free books and literature to prisoners in Texas only. Also sends a very informative prisoner resource guide free to prisoners in all states. Please no SASE. Serves people in Texas prisons only.

## **TIP: REQUEST BOOKS BY GENRE, NOT TITLE**

### **Liberation Library**

2040 N Milwaukee Ave c/o In These Times · Chicago, IL 60647

<http://www.liberationlib.com>

The only organization that provides books of their choosing to youth in Illinois prisons. Volunteer-run. Write for a catalog of options.

### **Lopez Books**

PO Box 327 · Lopez Island, WA 98261

<https://www.lopezbookshop.com>

Free books program serving Washington and Alaska only. Send with general requests by genre and/or topic.

### **Louisiana Books 2 Prisoners**

3157 Gentilly Blvd. #141 · New Orleans, LA 70122

504-272-7323 (voicemail only) · <https://lab2p.org/>

Mail your book requests, please include a few preferred topics, genres or favorite authors. Our all-volunteer program sends books to people incarcerated in Louisiana, Alabama, and Arkansas, though not all facilities allow books from us.

### **Midwest Pages to Prisoners Project**

PO Box 1324 · Bloomington, IN 47402

<http://www.pagestoprisoners.org>

Provides free books and zines to prisoners the Midwest. In your letter, please tell us what genre and type of reading material you are interested in. Include your name, DOC#, facility name, mailing address, any restrictions on books being sent to your facility. Sends books to people in prison, jail or juvenile detention centers in AR, IA, IN, KS, ND, OK, and SD.

### **Missouri Prison Books Program**

6271 Delmar Books c/o Subterranean Books · St. Louis, MO 63130

<https://missouriprisonbooks.org/>

end your book requests by USPS mail only. We cannot accept email requests. As of 2026, not currently not able to send books into Missouri prisons. Serves those in the Midwest - Kansas, Illinois, and Indiana - outside of MO.

### **NYC Books Through Bars**

c/o Freebird Books 123 Columbia Street · Brooklyn, NY 11231

<https://booksthroughbarsnyc.org/>

Volunteer-run group that sends free books to incarcerated people across the nation. Write for free books. Does not send religious texts. Accepts requests from federal prisons and all states except AL, FL, LA, MA, MI, MS, NC, PA, OH, and WI, with a priority for NY. Priority for New York prisoners.

### **Open Books Prison Book Project**

1040 N. Guillemard St. · Pensacola, FL 32501

850-453-6774 · <https://www.openbookspcola.org/>

The Prison Book Project sends free books to indigent prisoners in Florida prisons. Florida only.

### **PDX Books Through Bars**

PO Box 11222 · Portland, OR 97211

<https://www.pdxbooks.org/>

Write to the PO Box to request general topics and genres. Up to 3

Books per person, please include the shipping address of your facility and any restrictions. Serves incarcerated people nationwide.

### **Pittsburgh Prison Book Project**

PO Box 71357 · Pittsburgh, PA 15213

<https://pghprisonbookproject.org/>

Volunteer organization that mails books and informational resources to incarcerated people across PA for free. Pennsylvania only.

### **Prison Book Program**

c/o Lucy Parsons Bookstore 1306 Hancock St, Suite 100 · Quincy, MA 02169

617-423-3298 · <https://prisonbookprogram.org/>

Provides free books and resources to people in prisons and jails upon request. Please request books by genre/topic/subject rather than by title. Also has an online book request form that loved ones can use. Offers a free National Prisoner Resource List containing contact information and service descriptions for 150+ organizations serving incarcerated people and their families, available in English and Spanish. Also offers a 92 page free legal guide, The Insider's Guide to Jailhouse Law, also available in English and in Spanish. Most book requests take 60-90 days to fulfill. Serves people in most federal prisons and most state facilities except Texas, Michigan and California. Does not serve ICE facilities.

### **Prison Books Collective Publishing and Distribution**

PO Box 625 · Carrboro, NC 27510

<https://prisonbooks.info>

Books-to-prisoners nonprofit based in Durham, NC. PBC's catalog includes radical essays, guides, games, and Words of Fire, our literary magazine of art and writing by incarcerated people (always accepting submissions). Sends books and zines to any incarcerated men in NC, incarcerated people of all genders in AL, and people incarcerated in federal prisons in DE, KY, MD, TN, VA, and WV. Women in NC should mail the NC Women's Prison Book Project. Zines available to people across the US—write for a catalog.

### **Prison Library Project**

915-C W. Foothill Blvd PMB 128 · Claremont, CA 91711

909-626-3066 · [www.claremontforum.org/prison-library-project/](http://www.claremontforum.org/prison-library-project/)

All genres of books available, including LGBTQ+, fiction and non-fiction, social sciences, and educational materials. Specific titles are not commonly available. Resource lists available. Include prison mail rules in your request letter and limit requests to once every 4 months. Family and friends can request books through our website. The total turnaround time is approximately two-three months. Serves nationwide.

### **Prisoners Literature Project**

c/o Bound Together Books 1369 Haight St · San Francisco, CA

94117 · 510-749-4160 · <https://www.prisonlit.org/>

Sends free books to prisoners across the U.S. No Christian or legal books available. Limit requests to once every 9 months, and be patient while they try to find books to match your requests. Inform them of any book restrictions at your prison. PLP is one of PARC's partners - ask them for your next copy of the PARC directory! Serves people nationally.

## **TIP: REQUEST BOOKS BY GENRE, NOT TITLE**

### **Providence Books Through Bars**

c/o Paper Nautilus Book Store 19 S Angell Street · Providence, RI 02906 (note new address) · <https://provbtb.org/>  
All-volunteer outfit that sends donated books to provide free reading material for incarcerated people to Federal prisons nationwide where accepted and State prisons in: AK, AZ, CA, CO, CT, DE, GA, ID, IN, KS, MD, MO, MT, NE, NV, NJ, NM, OK, SD, TX, UT.

### **Read Between the Bars**

PO Box 44014 c/o Daily Planet Publishing · Tucson, AZ 85733  
<http://www.readbetweenthebars.com>  
Non-profit collective sending free books since 2007. Request by genre. We do not have law books. Serves people in Arizona only.

### **RedBird Books-to-Prisoners**

PO Box 10599 · Columbus, OH 43201  
<https://www.facebook.com/share/14TDft42Bh4/>  
Provides free books to people incarcerated in Ohio. Request by subject matter; cannot guarantee titles. Ohio only.

### **Rogue Liberation Library**

c/o Peace House P.O. Box 524 · Ashland, OR 97520  
<https://peacehouse.net/rogue-liberation-library/>  
Ships free books to OR, CA, TX, NE, and selected federal prisons.

### **Saxapahaw Prison Books**

411 South 5th St · Brooklyn, NY 11211  
828-216-0243 · <https://www.saxapahawprisonbooks.org/>  
Free books to individuals incarcerated in Georgia. Write for more info on resources available. Georgia only.

### **Urbana-Champaign Books to Prisoners**

PO Box 515 · Urbana, IL 61803  
(217) 344-8820 · <https://www.books2prisoners.org/>  
Provides books to people incarcerated in state and federal prisons in Illinois only. It also runs a Champaign County Jail library and stocks the County Youth Detention Center library. Illinois only.

### **Women's Prison Book Project**

3501 Aldrich Ave S · Minneapolis, MN 55408 · <https://wpbp.org>  
Provides women (cisgender and transgender) in prison with free reading materials covering a wide range of topics. WPBP also has a free resource guide for women and trans prisoners. Partners with Black and Pink Minneapolis for correspondence (see LGBTQ resource section). Sends "A New Path," a reentry guide for those facing the threat of deportation to Mexico or Central America, upon request. Ofrecen materiales de lectura en Español. Only serves women and trans prisoners.

## **NEWSLETTERS AND MAGAZINES**

### **ABO Comix**

PO Box 11584 · Oakland, CA 94611 · <https://abocomix.org/>  
A.B.O. Comix is a DIY, punk zine rooted collective that amplifies the voices of LGBTQ+ people in prison through art, mutual aid, and creative resistance. We collaborate with abolitionist and queer advocacy groups to keep incarcerated artists connected to community and movement work on the outside. Any funds we raise

through publications and programming go back to incarcerated artists. Free quarterly newsletters to people in prison, featuring artwork, poetry, and prose from incarcerated artists, plus submission opportunities, resources, birthday shoutouts, and community updates. We provide books and publications at printing cost with no markup, with discounts for the indigent.

### **Anarchist Black Cross**

P.O. Box 110034 · Brooklyn, NY 11211  
<https://www.abcf.net/>  
ABC is on the frontline in supporting those imprisoned for struggling for freedom and liberty with a focus on the overall support and defense of political prisoners and prisoners of war. The ABC Federation is a collective of ABC groups working together to better support anarchist and "class war" political prisoners and prisoners of war. Write for information on political prisoners and for addresses of other chapters in Bakersfield CA, Inland Empire CA, Orange County, Lancaster PA, Philadelphia PA, and Los Angeles.

### **East Bay Prisoner Support**

PO Box 22449 · Oakland, CA 94609  
<http://www.eastbayprisonersupport.wordpress.com>  
Formed in 2007 as a prison abolitionist, anti-authoritarian collective. Write to receive a catalog of anarchist, decolonial, queer liberation, anti-capitalist, black, brown and indigenous-oriented literature (zines), sent free to prisoners in any state. También enviamos literatura gratuita en español.

### **Grant Publications**

PO Box 28812 · Greenfield, WI 53228-0812 · (414) 543-5616  
Magazine subscription services with years of experience servicing inmates. Send SASE for more information. Order any five (5) magazine subscriptions and get one (1) year magazine subscription for free from specially marked list with (\*). Expect delays. Serves people nationwide.

### **Maoist Internationalist Ministry of Prisons**

PO Box 40799 · San Francisco, CA 94140  
<http://www.prisoncensorship.info>  
Maoist Internationalist Ministry of Prisons, MIM(Prisons), is a revolutionary anti-imperialist group fighting criminal injustice, helping prisoners to organize and educate themselves. Sends books to prisoners, and offers prisoners a free subscription to their newspaper. Write for a free prisoner subscription and to get involved in revolutionary organizing and education projects. No tablet messaging apps.

### **Prisoner Express**

PO Box #6556 CTA / Durland Alternatives Library · Ithaca, NY 14851 · 607-255-6486 · <http://www.prisonerexpress.org>  
Prisoner Express News is published every six months and sent free of charge to incarcerated individuals throughout the United States. They are also available for download online. PE also sends books and educational packets as available. Prisoner Express has ongoing programs in creative writing, chess, meditation, journaling and art. Sends to people nationally.

### **San Quentin News**

Main Street · San Quentin, CA 94964 · <http://sanquentinnews.com>  
San Quentin News is a 20-page monthly newsletter written, edited, and produced by prisoners incarcerated at San Quentin State Prison. The SQ News encourages prisoners, staff, or others outside the institution to submit articles, poems, artwork and letters to the editor for possible inclusion. To receive a mailed copy of the SQ News, send \$1.61 in postage. This process should be repeated every month for each new edition.

### **The Angolite**

Louisiana State Penitentiary c/o Cashiers Office · Angola, LA 70712  
The Angolite is published and edited by prisoners at the Louisiana State Penitentiary in Angola, LA. Send a \$30 check to subscribe.

### **The Militant**

306 W. 37th Street, 13th floor · New York, NY 10018  
212-244-4899 · <https://themilitant.com/>  
The Militant is a socialist newsweekly published in the interests of working people in English as well as several pages in Spanish every week. Subscriptions for people in prison are discounted at \$6 for six months or \$12 for the year. Free subscriptions may be provided based on need. Write for an order form.

### **Turning the Tide: Journal of Inter-communal Solidarity**

PO Box 1055 · Culver City, CA 90232 · <http://www.antiracist.org>  
Published by Anti-Racist Action - Los Angeles/People Against Racist Terror. Issues released at least quarterly; 5-6 issues some years. Free to prisoners. Payable to "Anti-Racist Action" at above address. Back issues may be available. Include whether you can receive newsprint publications and where to send them

### **Vegetarian Resource Group**

PO Box 1463 · Baltimore, MD 21203  
410-366-8343 · <http://www.vrg.org>  
Subscribe to the Vegan Journal to receive information about healthy vegan living for those interested in health, ecology, and ethics. Subscription is \$25 for 1 year.

## **VENDORS AND PUBLISHERS**

### **Common Notions Press**

PO Box 18823 c/o Making Worlds Cooperative · Philadelphia, PA 19119 · (917) 592-8829 · <http://www.commonnotions.org>  
Social justice bookstore offering discounts to folks behind bars on all titles with an emphasis on collective liberation and new decolonial creative works. This is a collective made up of members of workers collectives, #blacklivesmatter, no border and New Sanctuary movements, anticapitalist arts organizations, antiwar actions, climate justice camps and the Palestinian Solidarity Movement. Discounts are available for folks behind bars, on all our titles.

### **Edward R. Hamilton Books**

PO Box 15 · Falls Village, CT 06031-0015  
<http://www.hamiltonbook.com>  
Update: expect long delays. Vendor of overstock and bargain books, some hardbound and others paperbound (type of binding listed in catalogs). Sends out FREE book catalogs, organized by the following subject areas: Arts & Education; Fiction; Healthy Living;

History; Home & Garden; Biography; Cookbooks; Military History; Craft/Needlecrafts; Science & Nature; New Arrivals; and Bargain Books. Serves people nationally.

### **Freebird Publishers**

221 Pearl Street Ste. 541 · North Dighton, MA 02764  
<http://www.FreebirdPublishers.com>  
Offers prisoner titles over 60 plus to choose from such as Cell Chef Cookbook, Life With A Record, Start Thinking Outside Prison, Post-Conviction Relief series, Habeas Corpus Manual, and many books, guides, photos, and a wide variety of gifts, all made in the USA. Send a pre-addressed, stamped envelope for a packet of color brochures. To see more, it's best to order their 98-page color catalog, send \$5, and add \$7 more for shipping with tracking. Produces Inmate Shopper (current issues always available), which is America's largest book of resources for inmate services, plus many other sections of reading and entertainment. PARC recommends the Inmate Shopper because it reviews and rates many businesses that serve inmates. Order online, by text, email, or mail by sending payment of \$29.99 (includes shipping & tracking) to the address listed at @freebirdpublishers. Cash App at \$freebirdpublishers, Venmo at @freebirdpublishers, PayPal at me/freebirdpublishers.

### **Haymarket Books**

PO Box 180165 · Chicago, IL 60618  
<http://www.haymarketbooks.org>  
Haymarket Books is a nonprofit, radical book distributor and publisher based in Chicago. They believe that activists need to take ideas, history, and politics into the many struggles for social justice today. The books they offer reflect their values and are mostly non-fiction. Write to request free books on themes around Black liberation, radical history, women's liberation, and poetry. Serves people nationally.

### **Pathfinder Press**

PO Box 162767 · Atlanta, GA 30321-2767  
404-669-0600 (voice mail only) · <http://www.pathfinderpress.com>  
Pathfinder Press is a publisher which carries books on the works of revolutionary and working class leaders, in many different languages. Prisoners receive a 50% discount off the cover price, with a flat rate of \$2.75 for shipping and handling per order (one or more titles). Write for a free catalog. Catalog includes books in 11 languages. Pathfinder Press also sells many books in Spanish and can correspond with prisoners in Spanish. Serves people internationally.

### **PM Press**

PO Box 23912 · Oakland, CA 94623  
<http://www.pmpress.org>  
PM Press carries counter-culture, anti-prison, and similar titles including The Prison-Industrial Complex and the Global Economy, Let Freedom Ring: A Collection of Documents from the Movements to Free U.S. Political Prisoners, and more. Prisoners receive a 50% discount. No longer offers printed catalog; must view website (asking for outside help if needed) for listings of books. Check your selection against the prison's contraband list as many political books are banned. Serves nationally.

**The materials contained in this resource directory are presented to aid in the rehabilitation of prisoners, as per federal and state laws.**

This 28-page resource directory has been published by the Prison Activist Resource Center; PO Box 70447, Oakland, CA, 94612. If included, please mail back the evaluation form with any updates.

### **The Paperback Shop**

4817 FM 646 B · Dickinson, TX 77539

281-534-3370 · <http://www.imaltoprison.com>

Small used bookstore established 1971, now 30 years specializing in mailing books to prisons. What we can send you depends upon the rules of your facility: new & used books, hardcover & paperback, and magazine subscriptions. There is no catalog to limit your selection. SEND a Self-Addressed Stamped Envelope for our information and order form. Include \$10 (refundable deposit) for up to 5 quotes. AKA IMailToPrison.Com for orders from family and friends. Nationwide service, but depends on state regulations for receiving books in your state. Nationwide Service, But depends on state regulations for receiving books in your state.

## **EDUCATIONAL RESOURCES**

### **Adams State University Prison Education Program**

Prison Education Program (PEP) 208 Edgemont Blvd, Suite 3000 · Alamosa, CO 81101

719-587-7671 · <https://www.adams.edu/academics/pep/print-based/>

Take courses and earn a degree through print-based correspondence! ASU-PEP offers Associate's, Bachelor's, and Masters's degrees. Courses through ASU-PEP are \$264 per credit hour and the MBA degree is \$375 per credit hour. Print-based courses offered as part of the Paralegal I & II, and advanced Paralegal certificate programs have a tuition rate of \$1,047.50 per course and are offered in collaboration with the Center of Legal Studies (CLS). Please note tuition rates do not include the cost of books. Write for course catalog and application information. Serves people nationally. ASU-PEP is approved to offer Pell grant courses only in select Colorado facilities.

### **Ashland University Correctional Education Program**

401 College Avenue · Ashland, OH 44805

419-207-6922 · <https://www.ashland.edu/correctional-education>

Ashland University Correctional Educational Program (AU-CEPT) partners with state Department of Corrections and local jails to offer online education experiences. Students can choose an associate degree or a bachelor's degree. There is also an online degree option for reentry students. Except in cases where the Department of Corrections issues the devices, Ashland University provides all technology, textbooks and instructional supplies at no cost. States where AU-CEP is operating inside facilities: AZ, AK, FL, GA, KY, LA, MN, MO, NM, NY, ND, OH, WV, and DC.

### **Bard Prison Initiative**

Bard College PO Box 5000 · Annandale-on-Hudson, NY 12504-

5000 · 845-758-7308 · <http://bpi.bard.edu>

The Bard Prison Initiative (BPI) enrolls students at seven men's and women's correctional facilities in New York: Albion, Coxsackie, Eastern, Fishkill, Green Haven, Taconic and Woodbourne. Students enroll full-time and take in-person courses across a range of academic disciplines, earning Bard College associate's, bachelor's, and master's degrees. To apply to the undergraduate college, one must be at one of the seven prisons where BPI operates and have a high school diploma or its equivalent. The application process includes a writing session and interview; candidates who are not offered admission may apply again. Bachelor's degree graduates eligible to transfer to Eastern NY Correctional Facility can apply to

the Master of Arts in Public Humanities from any facility. BPI students and alumni are also eligible for BPI services in reentry and alumni engagement, which begin while students are incarcerated and continue after they return home. To request additional information, please write to the BPI address below.

### **Blackstone Career Institute**

1011 Brookside Road, Suite 300 PO Box 3717 · Allentown, PA 18106-0717 · 800-826-9228 <https://blackstone.edu/correspondence-paralegal-certificate-program/>

Offers accredited Paralegal Certificate Program with practical, real-world legal knowledge that can be applied while incarcerated and after release. Designed with the unique needs of incarcerated learners, the program is completed through mail correspondence, with no internet or phone access required. Students study at their facility, at their own pace, and typically complete the program in 12–14 months. No computers, proctors, or facility instructors are required. The program includes over 900 clock hours of coursework, preparing graduates to sit for the Certified Paralegal (CP) Exam given by the National Association of Legal Assistants (NALA). (Graduates are eligible for NALA once they are released and no longer under court-imposed supervision). Separately offers 10 Advanced Paralegal Courses, including Criminal Law, Civil Litigation, and Immigration Law, to deepen their legal knowledge and develop skills useful for better understanding legal issues, supporting case work, or enhancing employment prospects after release. Enrollment may be initiated either by an incarcerated individual requesting information by mail or email or by a sponsor who may contact Blackstone or enroll online on behalf of the prospective student. Currently serves all states.

### **Cornell Prison Education Program**

300 Kennedy Hall c/o Cornell University · Ithaca, NY 14853

<http://cpep.cornell.edu>

The Cornell Prison Education Program brings together Cornell faculty and graduate students to teach a free college-level liberal arts curriculum to a select group of incarcerated at several correctional facilities near Cornell University. New York State only.

### **Education Justice Project**

University of Illinois at Urbana-Champaign 1001 S. Wright St. ·

Champaign, IL 61820 · 217-244-2491 · <https://reentryillinois.net/>

Comprehensive college-in-prison program at Danville Correctional Center in central Illinois. Students earn transferable University of Illinois credit. EJP's Reentry Resource Program publishes multiple reentry guides: Mapping Your Future: National Edition and A New Path: A Guide to the Challenges and Opportunities After Deportation. Mapping Your Future includes advice about housing, employment, healthcare, substance use and more, with resources for formerly incarcerated individuals throughout the US. A New Path is a guide for people getting deported to Mexico and Central America and is published in English and Spanish. EJP also prepares specific reentry resources for Illinois residents (Mapping Your Future: A Guide to Successful Reentry in Illinois), available in both English and Spanish.) All resources can be found on their Reentry Resource Program website, including a searchable directory of Illinois resources, recently updated chapters of A New Path, and deportation guides specific to Honduras and Guatemala.

### **Hudson Link for Higher Education in Prison**

PO Box 862 · Ossining, NY 10562

914-941-0794 · <http://www.hudsonlink.org>

Hudson Link empowers currently and formerly incarcerated people to realize their academic and economic potential by managing degree-granting college programs and providing essential re-entry support. Established in 1998, Hudson Link has transformed over a thousand lives, helping incarcerated people make a positive impact on their own lives, their families, and communities, resulting in lower rates of recidivism, incarceration, and poverty. Working with eight college partners, Hudson Link provides funding, management, and organizational support for academic programs leading to college degrees at five correctional facilities, including Greene, Green Haven, Shawangunk, Sing Sing and Taconic. Hudson Link also provides released students with ongoing alumni services, as well as transitional housing through our New Beginnings housing program.

### **Inside-Out Prison Exchange Program**

P.O. Box 126 · Ardmore, PA 19003

215-507-5703 · <http://www.insideoutcenter.org>

Organization supporting education model that brings together campus-based college students with incarcerated students for a class held inside jail or prison. This is a training center for Inside-Out education programs all across the country. Does not directly teach students. Write to find out if there is a program in your state.

### **Level**

877-285-3835 · <https://learnlevel.org>

An independent, nonprofit correspondence prison education program serving people in over 1,000 county, state, federal, and military jails and prisons in all 50 states. Topics include entrepreneurship, financial literacy, computer science, internet technology, food safety, meditation and art. We charge a one-time \$25 fee for printing and shipping all our materials. Earn certificates and grow your knowledge. To enroll you in Level, tell your loved one to go to our website or connect with us by phone or text!

### **Upper Iowa University**

PO Box 1857 Self Paced Degree Program · Fayette, IA 52142

800-553-4150 · <https://uiu.edu/academics/online-distance-learning/self-paced-paper-based/>

Upper Iowa University (UIU) offers a Self-Paced Degree Program, with courses in paper correspondence format that can be completed at a distance without technology. The Self-Paced paper format is structured around written assignments and proctored exams. UIU offers associate degrees in general business, criminal justice, liberal arts, psychology, and bachelor's degrees in business administration, psychology, and social science. Write for tuition costs (\$1050 per 3 credit course 2025-26 academic year) and information packet. UIU offers Prison Education Programs at the Louisiana State Penitentiary and Allen Correctional Center in Louisiana. Outside of these facilities, all other incarcerated students take classes through our self-paced program. Serves students nationwide.

## **ARTS PROGRAMS**

### **Impartial**

10520 Chapel Hill Road · Morrisville, NC 27560

919-533-4100 · <https://www.impartial.one>

Artwork starts conversations in a unique way. Works with prisoner artwork and/or stories about their artwork. If you are allowed to receive compensation or donate your artwork per facility regulations, Impartial offers ways to auction, exhibit or other means to optimize artwork. Knowing your artwork story often enhances the viewer's experience. Write directly to Impartial for more information about sharing your artwork. Please note that Impartial works with artists, not writers. Will respond nationally.

### **The Alabama Prison Arts + Education Project**

1061 Beard-Eaves Memorial Coliseum Auburn University · Auburn, AL 36849 · 334-844-8946 · <https://apaep.auburn.edu/>

The Alabama Prison Arts + Education Project at Auburn University APAEP offers access to educational opportunities to people currently and formerly incarcerated across the state. The APAEP community cultivates inclusive, student-centered spaces for creativity, exploration, and lifelong relationships with learning. We value respect, dignity, equity, compassion, and innovation. Alabama only.

## **WRITING PROGRAMS**

### **CCWP Writing Warriors**

4400 Market St California Coalition for Women Prisoners · Oakland, CA 94608 · <http://www.womenprisoners.org>

Writing Warriors Advocacy through Correspondence project establishes supportive relationships between volunteers in the community and people incarcerated at the women's prisons in California. The program is part of a collective undertaking which trains correspondents to promote advocacy for incarcerated people. Writing Warriors volunteers primarily communicate via email but can also correspond thru U.S. mail via the CCWP Oakland office address. Only provides services to California prisons.

### **PEN America Prison Justice and Writing**

120 Broadway St, 26th Floor North · New York, NY 10271

212-334-1660 · <https://pen.org/prison-writing/>

Since the mid-1970s, PJW has supported and amplified the work of thousands of writers who are creating while incarcerated in the United States. PJW leverages the transformative possibilities of writing to raise public consciousness about incarceration and justice, and supports the development of justice-involved literary talent. The annual PEN Prison Writing Awards recognizes exceptional works in poetry, fiction, nonfiction, and playwriting/screenwriting with cash prizes, development support through its mentorship program, and publication in an annual anthology series. Additionally, by providing free copies of our recently updated handbook, *The Sentences that Create Us: Crafting a Writer's Life in Prison* (Haymarket Books, 2022), PJW strives to bridge access to the broader literary community. Also able to facilitate communication for writers to apply for the PEN/Bare Life Review Grants, which support works in progress by immigrant and refugee writers. Serves writers nationally.

### **Prison Creative Arts Project**

1801 East Quadrangle 701 E. University Ave. · Ann Arbor, MI 48109-1245 · 734.647.6771 · <https://prisonarts.org>  
Brings those impacted by the justice system together with the University of Michigan community for artistic collaboration, mutual learning, and growth. Its programs include weekly creative arts workshops, exhibitions, a literary journal, and a community of formerly incarcerated creators. Write to PCAP to join the newsletter mailing list and receive its calls for art and writing. Michigan only.

### **Prison Journalism Project**

Attn: FIRST STORY 490 43rd St., Unit 360 · Oakland, CA 94609  
<https://prisonjournalismproject.org>  
Quarterly magazine that publishes the writing of people inside. Publishes articles, essays, poems, art and cartoons that incorporate firsthand observations and/or experiences from incarcerated individuals. Write for submission guidelines before submitting, or email [pjp@prisonjournalismproject.org](mailto:pjp@prisonjournalismproject.org) from JPay, Securus, Corrlinks, GTL Connect Network and GTL Getting Out. Please only submit written work that meets the submission guidelines. Expect at least 12 weeks for response. The magazine is also available on Edovo tablets.

### **Prisons Foundation**

2512 Virginia Ave NW, #58043 · Washington, DC 20037  
202-393-1511 · <http://www.prisonfoundation.org>  
Prisons Foundation for more than 20 years provides prison authors and others with free and low-cost services including books on Amazon and elsewhere, literary agent representation, advice on how to legally avoid being placed on the sex offenders registry, advocacy services to pursue grievances, and video production for placement of your story on YouTube. Write Prisons Foundation, 2512 Virginia Ave NW, Suite 58043, Washington, DC 20037; Include SASE for quick reply. Serves writers nationally.

### **The American Prison Writing Archive**

Johns Hopkins University 3400 N. Charles St. · Baltimore, MD 21218 · <https://prisonwitness.org/>  
The American Prison Writing Archive (APWA) is a growing public, internet-based collection of non-fiction writing about direct experience with the U.S. prison system. Anyone who has been incarcerated or has volunteered inside can send handwritten or typed pieces. All writing skill levels are welcome. 5,000 word limit. We read and respond to all writing. No reading fees or SASE required. A signed Permissions-Questionnaire (PQ) form is required for writing to be included in the APWA. For more information, or to receive our PQ form, please write to our physical address. Serves writers nationally.

## **RELIGIOUS PROGRAMS/SPIRITUAL RESOURCES**

### **Aleph Institute**

9540 Collins Ave · Surfside, FL 33154-7127  
305-864-5553 · <http://aleph-institute.org>  
The Aleph Institute is a non-profit Jewish organization dedicated to assisting and caring for the wellbeing of members of specific populations that are isolated from the regular community, including prisoners and people institutionalized or at risk of incarceration due to mental illness or addictions. Aleph addresses their religious,

educational, and spiritual needs, advocates and lobbies for their civil and religious rights, and provides support to their families at home left to fend for themselves. Jewish prisoners may write to receive free books, regular monthly literature, holiday offerings, and family programs.

### **American Bible Academy**

PO Box 1627 · Joplin, MO 64802-1627  
417-781-9100 · <http://www.abarc.org/>  
ABA provides high-quality, advanced Bible correspondence courses at no cost to the incarcerated through its Inmate Scholarship Program. Download free Bible textbooks, commentaries, courses, Gospel tracts and other Christian resources at [www.abarc.org](http://www.abarc.org) or access American Bible Academy courses through the Edovo app; search for ARM Prison Outreach. While supplies last, 120-page books with courses are available by mail as well. Course materials available in both English and Spanish.

### **Anthroposophical Prison Outreach Project**

1923 Geddes Ave · Ann Arbor, MI 48104  
734-662-9355 x38 · <https://www.anthroposophyforprisoners.org/>  
Do you, as a prisoner, feel that there must be some meaning in your prison experience that is still to be discovered? Or that you can give it meaning? If so, you might be interested in Anthroposophy — the path from the spirit in man to the spirit in the universe. Anthroposophy embraces a spiritual view of the human being and cosmos, but its emphasis is on knowing, not just faith. It is a path in which the human heart and hand, and especially our capacity for thinking, are essential. You may write to receive an initial package of literature containing a booklet titled Self-Development In The Penitentiary, as well as other articles and meditation exercises.

### **Association For Research and Enlightenment**

215 67th Street c/o Prison Outreach Program, Edgar Cayce A.R.E. · Virginia Beach, VA 23451  
800-333-4499 or 757-428-3588 · <https://edgarcayce.org/groups-services/prison-outreach-services/>  
Provides free spiritual and uplifting books to inmates, chaplains, and prison libraries. This program provides opportunities for inmates to create profound, positive change in their body, mind and spirit through the wisdom found in the Edgar Cayce material. Prisoners are limited to one book every two months.

### **Human Kindness Foundation Prison-Ashram Project**

Human Kindness Foundation PO Box 61619 · Durham, NC 27715  
919-383-5160 · <https://humankindness.org/>  
The Human Kindness Foundation sends free books and newsletters to people in prisons and jails throughout the U.S. All of our resources, many of which are available in Spanish, promote spirituality, mindfulness, creativity, and wellness for people experiencing incarceration and their families. Digital resources available on the Edovo app. Designed for and with justice-impacted audiences. Write to request materials in English or Spanish. Limited materials also available to addresses outside the U.S.

### **ISKCON Prison Ministry**

ISKCON Prison Ministry PO Box 2676 · Alachua, FL 32616

<https://iskconprisonministry.org/>

ISKCON Prison Ministry (IPM) donates books about: karma, reincarnation, mantra meditation and bhakti-yoga. These books teach you how to live a godly life and find internal peace and joy, no matter what your external circumstances are. We have books in English and Spanish. If you need books in another language, please ask us and we'll see if we can get it for you. In your letter be sure to tell us if you are allowed hardcover or only softcover books, and how many books at a time. We also donate books, CDs (lectures and music) and DVDs, to chapel libraries; you can give our information to your chaplain. If you are allowed to receive CDs yourself, let us know that as well.

### **Islamic Society of North America**

ISNA PO Box 38 · Plainfield , IN 46168

317-839-8157 · <https://isna.net/>

ISNA's vision is to be an exemplary and unifying Islamic organization in North America that contributes to the betterment of the Muslim community and society at large. Sends Qurans and other introductory books on Islamic study to prison libraries and inmates. Ability to send books depends on the prison's policies. Also publishes a bi-monthly magazine, Islamic Horizons for \$24/year. Serves people nationwide.

### **Jewish Prisoner Services International**

PO Box 85840 · Seattle, WA 98145-1840

206-617-2367 · <http://jpsi.org>

JPSI is a Jewish chaplaincy organization that strives to fulfill the Talmudic obligation of all Jews being responsible for each other, along with other religious mandates of their faith. JPSI strives to insure that Jewish prisoners are permitted to practice their faith by providing the advocacy and religious materials to further that goal. Write for a prisoner info form. Serves Jewish prisoners nationally; expect delay in response.

### **Mother Earth Ministries**

P.O. Box 35906 · Tucson, AZ 85740-5906

<http://motherearthministries.org>

Wiccan clergy are available to counsel, teach, provide information, and answer questions, by mail to incarcerated individuals. No email correspondence. Provide assistance to inmates wishing to make Wicca their official religion. Serious inquiries only. Copies of the book, Enchantment Encumbered, are available for \$20 (including shipping, and we accept stamps as payment).

### **Prison Mindfulness Institute (Prison Dharma Network )**

PO Box 206 · South Deerfield, MA 01373

<https://www.prisonmindfulness.org>

The goal is to provide prisoners, prison staff, and prison volunteers with the most effective, proven tools for rehabilitation, self-transformation, and personal & professional development through mindfulness-based interventions (MBI's). The Prison Dharma Network/Prison Mindfulness Institute (PMI) works with volunteers who offer meditation inside prisons. Its Books Behind Bars program will mail mindfulness, meditation, and Buddhist books to people inside prison. It also offers the Path of Freedom (Mindfulness-Based Emotional Intelligence) correspondence course. The Path of

Freedom (and other courses by PMI) can also be found on the Edovo App (currently available in hundreds of US prisons).

### **Rosicrucian Fellowship MMX**

PO Box 258046 · Madison, WI 258046

<https://www.rfmrx.org>

Offers postal correspondence courses in Rosicrucian Christian Mysticism and Spiritual astrology free of charge. Topics include: clairvoyance, reincarnation, spiritual healing, out-of-body experiences, spiritual evolution, meditation, and many others. This is for serious spiritual aspirants and seekers only.

### **Set Free Prison Ministries**

PO Box 5440 · Riverside , CA 92517

951-729-5499 · <https://www.setfreeprisonministries.org/>

Provides Bible study courses in English and Spanish to people free of charge. Curriculum consists of Bible courses from the Navigators in Colorado Springs, Moody Bible Institute in Chicago, and Emmaus Correspondence School in Iowa. Provides free postage both mailing and return. Serves people nationally.

## **REGIONAL ADVOCACY ORGANIZATIONS**

### **ALABAMA**

#### **Alabama Appleseed Center for Law and Justice**

400 South Union Street, Suite 355 · Montgomery, AL 36104

(205) 963-7999 · <https://alabamaappleseed.org/>

Alabama Appleseed works to achieve justice and equity for all Alabamians, included the incarcerated. They are currently working on a number of advocacy projects for incarcerated folks and also helping people prepare for successful re-entry. Serves Alabama only.

### **ARIZONA**

#### **Middle Ground Prison Reform**

2121 S. Mill Ave suite 222 · Tempe, AZ 85282

480-966-8116 · <http://www.middlegroundprisonreform.org>

Middle Ground Prison Reform has been working for Arizona's prisoners and their families since 1983. public education about the need for criminal justice reform and legislative advocacy on behalf of prisoners and their visitors. They do not publish a hard copy newsletter. Instead, they encourage friends and family of prisoners to visit their website and download and mail copies of pertinent information inside to prisoners. Serves Arizona only.

### **CALIFORNIA**

#### **California Families to Abolish Solitary Confinement**

8018 E. Santa Ana Canyon Rd. Suite 100 #213 · Anaheim, CA 92808-1102

714-290-9077 · <https://solitarywatch.org/cfasc/>

CFASC is dedicated to stopping the inhumane treatment of prisoners within the California penal system, especially those held in solitary confinement. Their ultimate goal is to end the use of solitary confinement. CFASC is primarily an organization working with family members. Serves Californians only.

### **Friends Committee on Legislation of California**

2030 W. El Camino Ave. Suite 265 · Sacramento, CA 95833  
916-443-3734 · <http://www.fclca.org>  
Quaker-founded group that advocates and lobbies for CA state laws that are just, compassionate, and respectful of the inherent worth of every person. Staff can answer questions about legislative matters by letter. Serves Californians only.

### **Kindful Restoration**

7344 Magnolia Ave. suite 110 · Riverside, CA 92504  
(805) 622-7747 · <http://www.kindfulrestoration.com>  
Offers group work, courses and programming in California prisons in English and Spanish. Provides assistance in preparing for upcoming parole suitability hearings. Also offers restorative re-entry services. Serves California only.

### **Legal Services for Prisoners with Children**

4400 Market Street · Oakland, CA 94608  
415-255-7036; 510-488-1005 · <http://www.prisonerswithchildren.org>  
LSPC publishes manuals, reports, fact sheets and pamphlets for CA prisoners in the following areas: Family Matters (guardianship, visitation, pregnancy); Reentry Services; Prison Conditions (isolation and other), and Divorce Issues. Provides limited individualized legal advice and representation to incarcerated and formerly incarcerated parents. Serves Californians only.

### **Life Support Alliance**

PO Box 277 · Rancho Cordova, CA 95741  
916-402-3750 · <http://www.lifesupportalliance.org>  
LSA offers a free monthly newsletter, Lifer-Line, and the quarterly California Lifer Newsletter with reviews of the latest published and unpublished state and federal cases concerning parole issues, parole board news, legislation and articles on prison, parole and correctional issues of interest to prisoners and their families. Subscription rates: prisoners, \$35 per year, \$60 for 2 yrs. Free individuals, \$99 per year, Also correspondence courses on several subjects relevant to parole suitability. Sign up for free newsletter and correspondence courses on the website, [www.lifesupportalliance.org](http://www.lifesupportalliance.org). Focuses on the California lifer population, but anyone can benefit from their information.

### **Project AVARY**

PO Box 150088 · San Rafael, CA 94915-0088  
415-457-8799 · <http://www.projectavary.org>  
Project AVARY offers long-term support and enrichment for children and youth in the San Francisco Bay Area with a parent in prison or jail. The program services include a summer camp, monthly outings, leadership training, and family support. Also coordinates online group mentoring, available to anyone in the country.

### **Santa Cruz Barrios Unidos**

1817 Soquel Ave · Santa Cruz, CA 95062  
831-457-8208 · <https://scbarriosunidos.org/>  
The Santa Cruz Barrios Unidos Prison Project is dedicated to providing cultural and spiritual education, support, and hope to incarcerated individuals. The Project advocates for prison policy reform and programs that reduce recidivism, support re-entry, and reunify families. Serves Californians only.

### **UnCommon Law**

318 Harrison Street Suite 103 · Oakland, CA 94607  
(510) 271-0310 · <http://www.uncommonlaw.org>  
UnCommon Law supports people navigating California's discretionary parole process through trauma-informed legal representation, mental health counseling, legislative and policy advocacy, and in-prison programming led by those who have been through the process themselves. Legal team is available to respond to resource/intake inquiries over the phone on Tuesdays, Thursdays, and Fridays at (510) 271-0310. Californians only.

### **COLORADO**

#### **Colorado Criminal Justice Reform Coalition**

821 22nd Street · Denver, CO 80205  
303-825-0122 · <http://www.ccjrc.org>  
CCJRC publishes a free quarterly newsletter and a 380-page reentry guide for parolees in Colorado titled Getting On After Getting Out: A Re-entry Guide for Colorado ("Go Guide"). This book provides extensive information to help people prepare for release and successfully reintegrate back into their families and communities. The cost is \$10 + \$4.50 for shipping and handling. Serves individuals in Colorado only.

### **FLORIDA**

#### **Disability Rights Florida**

2473 Care Drive Suite 200 · Tallahassee, FL 32308  
800-342-0823 · <http://www.disabilityrightsflorida.org>  
Services for individuals with disabilities in Florida. Can only support with issues directly related to your disabilities - no other legal advice or support available. Serves individuals in Florida only.

#### **Florida Cares Charity**

P.O. Box 211174 · West Palm Beach, FL 33421  
561-855-0833 · <https://floridacarescharity.org>  
Florida Cares Charity is dedicated to improving the lives of the incarcerated through programs, advocacy, education and visitation. The organization offers education on how to effectively communicate with the Florida Department of Corrections Administration. Serves individuals in Florida only.

#### **Florida Institutional Legal Services Project**

PO Box 533986 Florida Legal Services · Orlando, FL 32853  
407-801-4350 · <http://floridalegal.org/our-projects>  
Advocacy for those in Florida prisons. Serves individuals who have suffered sexual abuse or harassment while incarcerated in Florida's state prisons, jails, and detention centers. Has information specifically for parents and reentry information packets available for download that include a list of resources for each county in FL to assist individuals who are returning to their communities from institutions. Only serves Floridians.

### **GEORGIA**

#### **Foreverfamily, Inc.**

352 University Avenue West 104 · Atlanta, GA 30310  
404-223-1200 · <http://www.foreverfam.org>  
Foreverfamily is a nonprofit organization committed to empowering children and families impacted by parental incarceration throughout the state of Georgia. Our programs and services focus on fostering positive parent-child relationships and meeting the unique needs of

these individuals. We offer comprehensive case management, family strengthening initiatives, and provide a family visitation program to facilitate monthly visits between children and their incarcerated mothers. Serves individuals in Georgia only.

### **The Southern Center for Human Rights**

60 Walton Street NW · Atlanta, GA 30303

404-688-1202 · <https://www.schr.org/>

SCHR is engaged in litigation, public education, advocacy, and works with other organizations and individuals to protect the civil and human rights of people prosecuted in the criminal courts – particularly those facing the death penalty – and confined in the prisons and jails of the South. They offer free guidebooks with tools on how to advocate for incarcerated loved ones and on re-entry services. Serves individuals in Georgia and the deep south only.

### **HAWAII**

#### **Hawai'i Friends of Restorative Justice**

PO Box 3654 · Honolulu, HI 96811

808-218-3712 · <http://hawaiifriends.org>

Hawai'i Friends of Restorative Justice (HFRJ) develops, pilots, and evaluates strategies designed to increase healing for those harmed by injustice, increase criminal desistance for those who have caused harm, and to strengthen the criminal legal system. Its work includes reentry planning and resource coordination for incarcerated individuals; and education and training initiatives. HFRJ has designed and measured evidence-informed strategies including a variety of group processes, hiring incarcerated peer educator tutors, funding higher education after incarceration, and developing a structured reentry planning process that has been replicated nationally and internationally. HFRJ provides a practical reentry guide for individuals returning home to Hawai'i. Some resources available in Japanese. Serves individuals in Hawai'i only.

### **IDAHO**

#### **Ex-Offender Re-Entry Services Guide**

Ex-Offender Re-Entry Services, Idaho Department of Labor 317 West Main St · Boise, ID 83735

208-332-3570 (Boise office) · <https://www.labor.idaho.gov/dnn/Portals/0/Publications/ex-offender.pdf>

The 16-page Ex-Offender Re-Entry Services Guide (last updated 1/2020) has been designed to enhance and expand services to ex-offenders in Idaho, and assist in their re-entry into the State's work force. Contains local office information for Idaho Dept. of Labor. Available for download. Serves individuals in Idaho only.

#### **Idaho Justice Project**

500 South 8th Street · Boise, ID 83702

<https://www.idahojusticeproject.org>

Idaho Justice Project elevates system-involved persons in partnership with citizens, nonprofits, justice stakeholders, and government officials to improve Idaho's justice system using organizing, public education, collaboration, and advocacy. They are focused on reducing the amount of incarcerated people in Idaho and reinvesting the funds to social services that target mental health and drug addiction services. They also support rehabilitation services in prison using evidence-based programs and empower returning citizens to succeed with achievable probation and parole requirements. Serves individuals in Idaho only.

### **ILLINOIS**

#### **Illinois Prison Project**

53 W. Jackson Street Suite 452 · Chicago, IL 60604

312-324-4463 · <https://www.illinoisprisonproject.org>

Through advocacy, public education, and direct representation of thousands of needlessly incarcerated people, the Illinois Prison Project brings hope to and fights in community with incarcerated people and their loved ones for a brighter, more humane, more just system for us all. They provide direct representation to people in the Illinois Department of Corrections, train and support attorneys who provide direct representation, and empower incarcerated people and their families to advocate for themselves.

#### **Prison + Neighborhood Arts/Education Project**

800 W. Buena Ave. · Chicago, IL 60613

630-506-8316 · <https://p-nap.org>

A visual arts and education project that connects teaching artists and scholars to incarcerated students through classes, workshops, guest lectures, a collaborative policy think tank, and a tuition-free degree program. Currently, PNAP is working with students at Hill Correctional Center, Logan Women's Prison, and Cook County Jail. Classes cover subjects ranging from poetry, visual arts, and creative writing to political theory, social studies, and history. Serves individuals in Illinois only.

#### **The Transformative Justice Law Project of Illinois**

203 N Lasalle, Suite 2100 · Chicago, IL 60601

312-558-1472 · <http://www.tjlp.org>

We provide free, life and gender-affirming legal services to everyone on the gender spectrum regardless of financial status. Due to capacity, TJLP is currently focusing on name and gender marker changes. We especially prioritize folks who are low-income and street-based transgender and gender-nonconforming people targeted by the criminal legal system. Serves Illinois only.

### **INDIANA**

#### **Incarcerated Individuals Legal Assistance Project**

211 South Indiana Avenue Indiana University Maurer School of Law Baier Hall · Bloomington, IN 47405

<https://law.indiana.edu/academics/experiential-education/projects/ilap.html>

Student run, pro-bono organization that provides free legal research to incarcerated individuals. Under the guidance of an experienced appellate attorney, students aid incarcerated individuals on a variety of legal issues, from post-conviction relief and ineffective assistance of counsel claims to tort claims and family law. Primarily serves Indiana but may be able to support requests from other states.

### **IOWA**

#### **Friends of Iowa Women Prisoners**

PO Box 71272 · Clive, IA 50325

<https://www.friendsofiowawomenprisoners.org>

Friends of Iowa Women Prisoners mission is to bring together those concerned about women in the Iowa correctional system and provide education on how to best advocate on their behalf. They support a variety of programming to incarcerated women and also award scholarships that allow women to take college credit classes while incarcerated. Serves women in Iowa only.

## **Iowa Cure**

P.O. Box 41005 · Des Moines, IA 50311

<http://iowacure.com>

Iowa CURE is a multi-issue, membership-based organization which brings individuals concerned about the correctional system together to work for change both inside and outside prison walls in order to promote healing or restorative justice within the community. Serves individuals in Iowa only.

## **KANSAS**

### **Legal Services for Prisoners, Inc.**

P.O. Box 12438 · Overland Park, KS 66282

785-746-7437 · <https://www.legalservicesforprisoners.org>

Legal Services for Prisoners, Inc., (L.S.P.) is a non-profit group that provides legal services to indigent inmates in Kansas correctional facilities. The program's goal is to ensure that prisoners' rights to the courts are met to pursue non-frivolous claims. L.S.P. assist inmates with the unique legal problems which arise out of their incarceration and help to augment the normal Facility Counseling Services. They do not represent inmates for money damages or most other civil matters, but can provide information on who to contact to seek counsel and in some instances how to proceed pro se in such cases. Serves individuals in Kansas only.

## **LOUISIANA**

### **Innocence & Justice Louisiana**

PO Box 792808 · New Orleans, LA 70179-2808

504-943-1902 · <https://justicelouisiana.org/>

The only nonprofit law firm in Louisiana focused on post-conviction relief representation and long-term support after release. Provides re-entry support. Accepts cases of factual innocence. For unjust punishment cases, must have a final conviction (appeal denied) and serving a sentence that is disproportionate to the crime of which they were convicted. Under our Women's Justice Initiative, we also consider cases where circumstances not properly considered at trial (self-defense, insanity, their role in the crime) led to a woman's unjust conviction or sentence. Serves Louisiana only.

### **Promise of Justice Initiative**

1024 Elysian Fields · New Orleans, LA 70117-8402

504-529-5955 · <https://promiseofjustice.org/>

The Promise of Justice Initiative (PJI) is a New Orleans-based decarceration organization that stands at the forefront of the fight for the dignity, freedom, and autonomy of those targeted and touched by the criminal legal system and mass incarceration. Because racism and mass incarceration are entrenched and pervasive, PJI's approach is multifaceted, including collective action, legislative advocacy, civil and criminal litigation, and reframing narrative discourse. PJI challenges the notion that prisons keep us safe and that people with convictions do not deserve basic rights; fights for freedom for people sentenced to die in prison; blocks harmful legislation and pushes for legislation that heals and improves lives; partners in and co-strategizes social movement work with hundreds of incarcerated people; advances the voices of people impacted by violence and mass incarceration, and builds powerful authentic stories, pushes counter-narratives, and changes discourse. Serves individuals in Louisiana only.

## **The Law Library of Louisiana**

400 Royal Street, 2nd Floor Law Library of Louisiana · New Orleans, LA 70130

504-310-2412 · <https://lasc.libguides.com/prisoners>

The Law Library of Louisiana offers a robust free guide with information and resources on common legal issues faced by prisoners, former prisoners and their families. The guide covers post- conviction remedies, civil rights violations in prison, parole, family law issues, re-entry assistance and resources on the collateral consequences of conviction. Serves individuals in Louisiana only.

## **Tulane University Law Library**

John Giffen Weinmann Hall 6329 Freret Street · New Orleans, LA 70118 · 504-865-5952 ·

<https://library.law.tulane.edu/screens/index.html>

Offers photocopies of case-law citations, law review articles, criminal procedures, etc. to prisoners incarcerated in Louisiana jails & parish or state prisons only. Requests should have specific case cites, docket numbers or article titles, and are limited to one per month and a maximum of 50 pages. No federal prisoner requests. Serves individuals in Louisiana state prisons or jails only.

## **MAINE**

### **Maine Prisoner Advocacy Coalition**

PO Box 446 · Lisbon, ME 04250

<http://www.maineprisoneradvocacy.org>

The Maine Prisoner Advocacy Coalition (MPAC) is comprised of Maine prisoners, their friends and families, and others committed to humane changes in Maine's prison system. They focus on solitary confinement, inhumane conditions of confinement, and reentry services. They may also connect you with other organizations and advocates that can help with support and reentry. Write a letter to PO Box 446, Lisbon ME 04250 or email. Serves individuals in Maine only.

## **MARYLAND**

### **Baltimore Books Through Bars**

1794 Union Ave. · Baltimore, MD 21211

<https://www.bmorebooksthroughbars.org/>

Baltimore Books Through Bars is a volunteer organization that sends free books to incarcerated individuals throughout Maryland.

### **Free State Justice: Maryland's LGBTQ Advocates**

2601 N. Howard Street Suite 120 · Baltimore, MD 21218

443-977-4254 · <https://www.freestate-justice.org/legal-services>

FreeState Justice provides legal services, referrals, and resources to lesbian, gay, bisexual, transgender, and queer Maryland residents that qualify based on income, including protection of incarcerated persons' rights. These services may be provided by FreeState Justice staff or by a member of our pro bono attorney network. Services are for Maryland residents only.

### **Prepare for Parole and Reentry, Inc.**

PO Box 9738 · Towson, MD 21284

<https://prepare-parole.org/>

PREPARE provides reentry planning, family empowerment workshops, referrals to community resources, post-release peer support, and tracking of client progress in Maryland. Beginning in

Spring 2026, tablet-based materials will be available nationwide to help individuals build their own parole portfolios and reentry plans, including courses on Edovo tablets and Thinkific for outside supporters. Serves Maryland only.

### **Prisoner's Rights Information System of Maryland**

P.O. Box 929 · Chestertown, MD 21620

<https://www.prisonerrightsmd.org/>

The Prisoner's Rights Information System of Maryland (PRISM) assists current inmates of Maryland state prisons with their 8th Amendment rights, and offers representation or advice to state prisoners in civil rights matters and certain state habeas corpus or inmate grievance office cases. They also handle sentence calculation problems, lack of medical care or improper living conditions, violation of constitutional rights of religion, association, etc. Does not provide representation in criminal, domestic and civil court actions. Serves individuals in Maryland only.

### **MASSACHUSETTS**

#### **Prisoners' Legal Services of Massachusetts**

50 Federal Street 7th Floor · Boston, MA 02110

617-482-2773, ext. 104 · <http://www.plsma.org/>

Prisoners' Legal Services provides legal representation and administrative advocacy in civil (non-criminal) matters related to prisoners' treatment in Massachusetts prisons and jails, and upon release on parole. Serves current or former Mass prisoners in issues including inadequate medical or mental health care, assaults or violence by staff, unsafe or inhumane conditions in Mass jails or prisons, arbitrary use of isolation, and/or unfair denial or revocation of parole. Accepts letters to address listed and calls during intake hours on Monday (or Tuesday if Monday is a holiday) from 1:00pm – 4:00pm. Non-English speakers seeking assistance may also contact PLS - they will provide interpretation services. Serves individuals in Massachusetts only.

### **MICHIGAN**

#### **Humanity for Prisoners**

PO Box 687 · Grand Rapids, MI 49417

(616) 935-0075 · <http://humanityforprisoners.org>

Humanity for Prisoners, in collaboration with strategic partners, works one-on-one with people in prison to provide personalized services which empower them to receive support and assistance. Key areas of focus include: navigating the prison system, advocating for healthcare, gaining access to public documents, preparing for parole board hearings, and reconnecting with lost family and friends. Serves Michigan only.

#### **The Michigan Lifers Association**

4417 Second Avenue Suite 211 · Detroit, MI 48201-1641

313-442-3629

Support for Michigan lifers led by Willis X. Harris, found innocent after serving over 23 years in the Michigan prison system. Write for information about programming and support for lifers. Note there is no online presence, but they are easily reached by phone or mail. Serves people in MI specifically but also all across the US and Canada.

### **MINNESOTA**

#### **Black and Pink Minneapolis**

PO Box 7039 · Minneapolis, MN 55407

<https://mwtppp.wordpress.com/>

Our project connects Midwest-based 2SLGBTQIA+ folks on the inside with 2SLGBTQIA+ and allied community members. We work with prisoners from the Midwest from these states: MN, WI, IA, ND, SD, IN, and MO. Due to a lack of resources, we prioritize prisoners in Minnesota, and our newsletter currently only goes out to Minnesota inside members.

#### **Clemency Project at the Univ. of Minnesota Law School**

229 19th Avenue South Walter F. Mondale Hall · Minneapolis, MN

55455 · 612-339-5160 · [https://law.umn.edu/centers-](https://law.umn.edu/centers-institutes/clemency-project)

[institutes/clemency-project](https://law.umn.edu/centers-institutes/clemency-project)

Advocates for individuals serving disproportionately long prison sentences, with the primary goal of obtaining reductions in these sentences. Working with students to advance individual representation, impact litigation, advocacy and research. Serves Minnesota in state cases; nationally in federal cases.

#### **Legal Assistance to Minnesota Prisoners**

Mitchell Hamline School of Law: Legal Practice Center 875 Summit Ave · St Paul, MN 55105

651-227-9171 · [http://mitchellhamline.edu/clinics/lamp-legal-](http://mitchellhamline.edu/clinics/lamp-legal-assistance-to-minnesota-prisoners)

[assistance-to-minnesota-prisoners](http://mitchellhamline.edu/clinics/lamp-legal-assistance-to-minnesota-prisoners)

Legal Assistance to Minnesota Prisoners (LAMP) provides civil representation to indigent persons incarcerated in Minnesota. Students at the Mitchell Hamline School of Law represent clients from interviews through any trial. Cases include domestic relations, imprisonment-related matters (institutional grievances, parole, and detainers), and the full range of other civil problems including debtor-creditor, wills, contracts, torts, and civil rights issues. LAMP does not handle appeals for inmates to contest their convictions. Serves people in Minnesota only.

### **MISSISSIPPI**

#### **Foundation for the Mid South (Mississippi Reentry Guide)**

134 East Amite Street c/o Foundation for the Mid South · Jackson, MS 39201

601-355-8167 · <https://fndmidsouth.org/resources/>

This 196-page Mississippi Reentry Guide is intended to provide essential information and resources about services to ex-offenders and those that support them. Their goal is to ensure that those leaving incarceration will have an easier and more successful transition back into their community. The directory includes national, state, and local resources organized by county, region and topic. Available in full online. Serves Mississippi only.

#### **Mississippi Impact Coalition**

P.O. Box 2656 People's Advocacy Institute · Jackson, MS 39207

601-586-9222 · [https://www.peoplesadvocacyinstitute.com/ending-](https://www.peoplesadvocacyinstitute.com/ending-mass-incarceration)

[mass-incarceration](https://www.peoplesadvocacyinstitute.com/ending-mass-incarceration)

Our mission is to advance justice and equity across Mississippi by centering the leadership and voices of justice-impacted people. We build community-led solutions in housing, public health and safety, youth and criminal justice, prison reform, workforce development, reentry, participatory defense, and civic engagement. Rooted in liberation, healing, and restoration, we dismantle oppressive

systems, confront the culture of incarceration, and create pathways of intervention, prevention, and second chances shifting the narrative from punishment to possibility, and from neglect to nurturing. Serves Mississippi only.

## **MISSOURI**

### **Missouri Prison Reform**

P.O. Box 280 · Duenweg, MO 64841

<https://moprisonreform.org/>

Missouri Prison Reform is a nonprofit organization that advocates for Missouri's incarcerated and their families by elevating their voices, advocating for their needs, and exposing harmful policies that undermine our overall goal of harm reduction, healing, and rehabilitation. Their primary focus is on humanitarian rights, health care and sentence reform. You can use their online form or send a letter to their PO Box. Serves Missouri only.

## **NEBRASKA**

### **Reconnect 2 Success**

1941 So. 42nd Street Suite 502 & 515 · Omaha, NE 68105

402-934-4933 · [www.reconnectsuccess.com/reconnect2success](http://www.reconnectsuccess.com/reconnect2success)

Reconnect 2 Success provides services those formerly incarcerated and soon to be released inmates with skills, support and services needed to overcome barriers that interfere with reentry success. Reentry services focused on three core areas - education, job readiness, and personal development - include assistance in enrolling in educational programs, weekly job trainings and events in Omaha, and career assistance. Referrals come from Federal Probation, State Parole and Probation, County Jail and community partners. For more information or to schedule an appointment, please call (402)-934-4933 or fill out the contact box on their website. Serves Nebraska only.

## **NEW YORK**

### **Fortune Society**

29-76 Northern Bl · Long Island City, NY 11101

212-691-7554 · <http://www.fortunesociety.org>

The Fortune Society's vision is to create a world where all who are incarcerated or formerly incarcerated can become positive, contributing members of society. They do this through a holistic, one-stop model of service provision. Their continuum of care, informed and implemented by professionals with cultural backgrounds and life experiences similar to those of their participants, helps ensure each individual's success. The Fortune Society serves approximately 18,000 individuals annually via New York City-area locations in Manhattan, Brooklyn, Queens and the Bronx, including their service center in Long Island City, and both The Fortune Academy and Castle Gardens in West Harlem. Also publishes The Fortune News twice per year, which is free to those incarcerated in NY. Serves people in New York only.

### **Jail and Prison Services at New York Public Library**

Jail & Prison Services; The New York Public Library 40 West 20th Street · New York, NY 10011 · 212-592-7553

<http://www.nypl.org/help/community-outreach/correctional-services>

The NYPL's Correctional Library Services publishes "Connections", the most exhaustive guide and directory of resources in New York City available to help people when they are leaving correctional facilities. The guidebook is free to those incarcerated in New York

State prisons and local jails, with mailed copies prioritized for soon-to-be-released individuals. Full PDF available online. Aquí encontrará una traducción al español disponible como un archivo PDF. Personas que están encarceladas pueden solicitar hasta 40 páginas impresas de "Conexiones" a la vez (que se enviarán por carta), escribiendo a: NYPL Correctional Services, 445 Fifth Ave, NY, NY 10016. Serves individuals in New York only.

### **Legal Aid Society Prisoner's Rights Project**

199 Water Street 6th floor LawHelpNY c/o Pro Bono Net · Manhattan, NY 10038

212-577-3300 · <https://legalaidnyc.org/programs-projects-units/the-prisoners-rights-project/>

The Prisoner's Rights Project (PRP) protects and enforces the legal rights of New York City and New York State prisoners through litigation, advice, and assistance to individual prisoners. PRP does not deal with criminal cases or sentences or matters related to parole. Request help by phone at (212-577-3300), or their Helpline (888-663-6680) which is staffed Mon-Fri 10am-3pm. Serves New York only.

### **Prisoners' Legal Services of New York**

50 Beaver Street, Fifth Floor · Albany, NY 12207

518-445-6050 · <http://www.plsny.org>

PLSNY provides free legal services to New York State prisoners - not serving those in jails or federal prison. Pre-release and re-entry program (PREP) assists clients with 6-18 months from their release date. Also publishes Pro Se newsletter six times per year, providing information and analysis on recent developments in NY prison law. To subscribe, send a subscription request with prisoner's name, DIN number, and facility to: Pro Se, 114 Prospect Street, Ithaca, NY 14850. Past issues are downloadable from their website. Offices in Albany, Buffalo, Ithaca, and Newburgh - write or call for more info on your local office. Serves New York only.

### **Sylvia Rivera Law Project**

133 W. 19th St. floor 6 · New York, NY 10011

212-337-8550 x303 · <http://www.srlp.org>

The SRLP Prisoner Justice Project provides assistance in civil matters to people held in New York City jails and in New York State Prisons. We are unable to provide direct legal services with criminal cases or appeals of criminal cases although we are happy to work with your attorney to ensure trans-competent representation. We are able to provide the following services: assistance with name changes, identity documents, obtaining hormones, obtaining gender appropriate undergarments, preparing for parole appearances, advocacy and support around sexual violence, transfers and requests for alternate housing, conditions of solitary, mental health care needs and assessments, obtaining correct sentence calculations, review and appeal of disciplinary solitary confinement (Tier IIIs), and other civil matters concerning conditions of confinement. Serving individuals in New York area only.

## **NORTH CAROLINA**

### **North Carolina Prisoner Legal Services**

PO Box 25397 · Raleigh, NC 27611

919-856-2200 · <http://www.ncpls.org/>

North Carolina Prisoner Legal Services (NCPLS) is a non-profit law firm. Since 1979, we have been dedicated to ensuring access to the courts for people incarcerated in North Carolina state prisons.

NCPLS attorneys work to correct unlawful criminal sentences and advocate for safe, humane, and constitutional prison conditions. The organization is divided into three teams: Post-Conviction, Civil, and the Safe and Humane Jails Project. Serves North Carolina only.

## **OHIO**

### **Ohio Justice & Policy Center**

215 East 9th St. Suite 601 · Cincinnati, OH 45202

513-421-1108 · <https://ohiojpc.org/> · [humanrights@ohiojpc.org](mailto:humanrights@ohiojpc.org)

Ohio Justice and Policy Center supports directly impacted communities through advocacy projects, education and community outreach. Main programs include Second Chance, to help with record expungement; Beyond Guilt, for unfairly sentenced individuals whose minimum sentence must be 20 years or greater and at least 5 years are remaining on their sentence; and Human Rights in Prison for individuals who have experienced inhumane conditions inside - In order for OJPC to investigate your case, you must exhaust all internal grievance processes within the ODRC institution. Incarcerated individuals must apply themselves for consideration for the Beyond Guilt or Human Rights projects. If you do not have access to a printer, please email with your name, ODRC #, and institution. OJPC will mail one application to the incarcerated individual. Serves Ohio only.

## **OREGON**

### **The Pathfinder Network**

7305 NE Glisan St · Portland, OR 97213

503-892-5396 · <http://www.thepathfindernetwork.org>

The Pathfinder Network's mission is to provide justice system-impacted individuals and families the tools and support they need to be safe and thrive in our communities. Provides services inside Oregon DOC. Has re-entry services and parenting support at our Portland Center for Family Success. We provide our participants the opportunity to build individual, social, and community resources for long-term resilience and recovery.

## **PENNSYLVANIA**

### **AIDS Law Project of Pennsylvania**

1211 Chestnut St, Suite 600 · Philadelphia, PA 19107

215-587-9377 · <http://www.aidslawpa.org>

Nonprofit public-interest law firm providing free legal assistance to people living with HIV and AIDS, including PA prisoners. Also has an office in New Jersey at 709 Haddonfield-Berlin Rd., Voorhees Township, NJ, 08043. English and Spanish spoken. Serves Pennsylvania and New Jersey only.

### **Hearts on a Wire**

4722 Baltimore St. · Philadelphia, PA 19143

<http://heartsonawire.org>

Hearts on a Wire is a grassroots organization working to address the needs of incarcerated transgender people in Pennsylvania prisons. They are a group of trans and gender variant people

building a movement for gender self-determination, racial and economic justice, and an end to policing and imprisoning our communities. Offers a free newsletter to incarcerated and detained people. Write to be added to their mailing list. In your letter asking to be added, please tell us something about your relationship to the trans community. Serves transgender people in Pennsylvania only.

### **Human Rights Coalition**

PO Box 34580 · Philadelphia, PA 19101

267-293-9169 · <https://hrcoalition.org/>

Network of currently and formerly incarcerated people and their advocates. They are fighting for the abolishment of solitary confinement in Pennsylvania prisons. The Movement magazine is published quarterly and available online, accepting submissions two pages max. Responds to letters. Serves Pennsylvania only.

### **Pennsylvania Prison Society**

230 South Broad Street, Suite 605 · Philadelphia, PA 19102

215-564-4775 · <http://www.prisonersociety.org>

PPS offers resources to Pennsylvania prisoners in the form of an official visiting program to help people in custody with issues they may be experiencing while in confinement, a free resource program where information requested is sent via mail, and re-entry services, including mentoring, peer support groups and referrals. It also publishes "Graterfriends," a newsletter published 6 times a year by and for incarcerated people with issues relevant to them (\$3.00 for an annual prisoner subscription). Does not provide legal assistance or representation. Serves PA only for visits; newsletter and resource program available to all.

## **SOUTH DAKOTA**

### **Hope Prison Ministry South Dakota**

PO Box 284 · Sioux Falls, SD 57104

605-338-7526

Hope Prison Ministry assists men and women leaving prisons in South Dakota with clothing, housing, transportation, and food to support them in making a new start and re-establishing themselves in society. Offers fellowship and friendship beyond the walls. Serves South Dakota only.

## **TENNESSEE**

### **Project Return**

109 Lafayette Street · Nashville, TN 37210

615-327-9654

Project Return equips former offenders with the education, coaching, and support services necessary to gain employment and begin a new life. Project Return conducts pre-release programs in correctional facilities to prepare inmates for their release dates. Offices in Chattanooga (423-609-8986) and Nashville (615-327-9654). Serves Tennessee only.

## **TEXAS**

### **Texas Civil Rights Project**

P.O. Box 17757 · Austin, TX 78760

512-474-5073 · <https://txcivilrights.org/>

Advocates for humane conditions, including the elimination of solitary confinement and unsafe heat, while pushing for better mental health services and an end to debtor's prison practices. Does not provide individual representation. Serves Texas only.

### **Texas Jail Project**

13121 Louetta Road #1330 · Cypress, TX 77429  
512.469.7665 · <https://www.texasjailproject.org/>

Advocacy resources and information for people in county jails and their loved ones. Assists in acute medical and mental health crises, reporting medical neglect, disability and pregnancy related access and release, and families obtaining medical records release. Will assist in contacting your court-appointed attorney, complaints to the Texas State Bar if you are not receiving robust representation, and referrals to relevant agencies. To get in touch, write a letter or leave a voicemail. Serves Texans in jails only.

### **UTAH**

#### **Utah Prisoner Advocate Network**

PO Box 464 · Draper, UT 84020  
<http://utahprisoneradvocate.org/>

Utah Prisoner Advocate Network (UPAN) offers support to incarcerated individuals as well as friends and families through providing education and information about conditions of confinement including housing and medical, and monthly support meetings for families. UPAN does not provide legal support - do not send legal documents. It also publishes a monthly newsletter. The best way to receive the newsletter is to ask family or friends to get on the email

list and then print and send you the newsletter directly. If you do not have any family or friends to support, contact UPAN directly. Serves Utah only.

### **VERMONT**

#### **Prisoners' Rights Office**

6 Baldwin St, 4th Floor · Montpelier, VT 05633-3301  
802-828-3194 · <http://defgen.vermont.gov/research/prisoners-rights-office>

This section of the Vermont Office of the Defender General handles prisoners' rights cases and pardons. Serves Vermont only.

### **WISCONSIN**

#### **Wisconsin Books to Prisoners Project**

1202 Williamson St #1 · Madison, WI 53703  
<https://www.wisconsinbookstoprisoners.org/>

Sends books free of charge only to prisoners in state or federal prisons in Wisconsin. Only responds to written snail mail requests.

## **PARC RECOMMENDED LEGAL AND EDUCATIONAL PRISON BOOKS**

### **Battling the Administration: An Inmate's Guide to a Successful Lawsuit**

Wynword Press PO Box 557 · Bonners Ferry, ID 83805  
208-267-0817 · <http://www.wynwordpress.com/shop/battling-the-administration>

*Battling the Administration* (David J. Meister, April 2014, 566 pages, \$24.95 + \$5 S&H) is a self-help manual that guides readers through the complex U.S. civil court system, teaches them how to pursue a lawsuit in the face of the constraints imposed by incarceration, and enables a successful outcome for the prisoner's civil rights lawsuit. The book includes extensive case-law citations and advice on organizing, investigating and prosecuting a case. Know your civil rights and how to defend them in court. Has not been updated since 2014, so research what the lower courts have said about the Supreme Court precedents listed; the advice on preparation and writing skills are still very relevant for any prison-based litigator.

### **Columbia Jailhouse Lawyer's Manual**

435 West 116th Street Attn: JLM Order · New York, NY 10027  
212-854-1601 · <https://jlm.law.columbia.edu/>

*A Jailhouse Lawyer's Manual* (13th Ed, 2024, 1520 pages, \$30) is a handbook of legal rights and procedures designed to inform prisoners of their rights and how use to judicial process to secure these rights on both the federal and state level, with an emphasis on New York State law. With the needs of currently incarcerated people across the country in mind, the Columbia Human Rights Law Review has endeavored, to the extent feasible, to make the 13th Edition of the JLM useful to all who use it without regard to where they are incarcerated. The JLM covers a wide variety of topics and also includes a directory of legal and social services for incarcerated people around the country. The information on federal actions will be helpful to a person in a federal prison, or pursuing federal claims, no matter where they are located. The law, procedures and forms relating to state actions vary from state to state, however. Where possible, we provide information that is generally applicable, although we often use New York forms and procedures for specific illustrations. We regret that the size and scope of the book prevent us from providing forms and specific procedural information for all states. Nevertheless, people incarcerated outside New York will find the JLM a valuable research tool. This is a student-run, volunteer organization; they cannot provide legal advice or respond to individual inquiries. For incarcerated persons, the 13th Edition of the main JLM is \$30. The Immigration & Consular Access Supplement is \$15. Shipping is included in the price. Prices and availability may be subject to change. Make checks payable to "Columbia Jailhouse Lawyers' Manual." Expect at least 8 weeks for your order to arrive before following up. More information on ordering at <https://jlm.law.columbia.edu/order-the-jlm>. For non-prisoners, the main JLM is \$140 and supplements range from \$50-100.

### **Georgetown Law Journal Annual Review of Criminal Procedure**

Office of Journal Administration, Georgetown University Law Center · PO Box 382 · Congers, NY 10920  
202-662-9457 · <https://www.law.georgetown.edu/georgetown-law-journal/subscribe/subscribe-arcp/> · [lawcriminalprocedure@georgetown.edu](mailto:lawcriminalprocedure@georgetown.edu)

As a comprehensive survey of all criminal procedure in the federal courts. The ARCP is a single issue per year edition that provides readers with objective, concise and accurate overview of criminal procedure and recent case-law decisions in the United States Supreme Court and each of the 12 Federal Circuit Courts. The \$25 discounted rate for incarcerated individuals is only honored for orders sent directly to correctional facilities, \$50 for standard retail rate and more for print + digital access. Ask a friend or loved one to email for the discounted order form, and have them mail it to you or write in directly for the order form to be mailed directly to you. Contact customer service for order forms and requests for past issues at Georgetown University Law Center 600 New Jersey Avenue, NW Washington DC 20001. Completed order

**The materials contained in this resource directory are presented to aid in the rehabilitation of prisoners, as per federal and state laws.**

This 28-page resource directory has been published by the Prison Activist Resource Center; PO Box 70447, Oakland, CA, 94612. If included, please mail back the evaluation form with any updates.

forms go to the Congers NY address. Please make checks and money orders payable to: Georgetown Law Journals-ARCP. VISA/Mastercard payments are accepted via fax at 845-267-3478. Refunds are not available for discount orders. Orders are shipped USPS, so please allow up to 4-6 weeks for delivery. Tax must be included if shipping to DC (5.75%), VA (5.0%), MD (6%), NY (7.0%), TN (7% state & 2.25% local). Expect delays; Do not send money order or check without an order form.

### **Jailhouse Lawyers Handbook: How to Bring a Federal Lawsuit to Challenge Violations of Your Rights in Prison - 6th Ed., 2021**

The Center for Constitutional Rights · 666 Broadway, 7th Floor · New York, NY 10012 666 Broadway, 7th Floor · <http://jailhouselaw.org/>  
Published jointly by the National Lawyers Guild and the Center for Constitutional Rights, explains how a prisoner can start a lawsuit in federal court to fight against mistreatment and bad conditions in prison. Last updated in 2021. This handbook is a free resource for people in prison who wish to file a federal lawsuit addressing poor conditions in prison or abuse by prison staff. It also contains limited general information about the United States legal system. Has excellent explanation of the Prison Litigation Reform Act. Essential resource for any jailhouse lawyer. To receive a paperbound copy, ask a loved one to fill out the form on the website for you. You can also mail a request to the above address and wait at least 3 months for return. Requests are bundled and sent only several times per year.

The Handbook is also available downloaded from their website (<http://jailhouselaw.org/>) Request an outside source to print and mail it to you. List of chapter headings: (1) How to Use the JLH; (2) Overview of Types of Lawsuits and the Prison Litigation Reform Act; (3) Your Rights in Prison; (4) Who to Sue and What to Ask for; (5) How to Start Your Lawsuit; (6) What Happens After You File Your Suit; (7) The Legal System and Legal Research; and Appendices A-N.

### **The California Prison and Parole Law Handbook**

<https://prisonlaw.com/handbook>

The California Prison and Parole Law Handbook (Heather MacKay & Prison Law Office, 5th Ed, 2019, 1170 pages) is available for download for free online. Unfortunately, the Prison Law Office no longer sells or sends out copies of the *Handbook*. As of January 2024, we are starting to update the *Handbook* a few chapters at a time. As we finish the updated chapters, they will appear on the CDCR Tablets and we will post them on our website. Any updated chapter will show the date on which it was revised. We currently do not know if or when we will any print paper copies of the *Handbook* after all of the chapters are updated.

The Handbook is a comprehensive overview of the laws and policies affecting people in state prisons and on parole in California. Includes extensive discussion of the administrative appeals and court actions that people can use to protect their rights and to seek remedies. 19 chapters, plus resource lists, forms, and sample legal documents. Chapters include: Administrative Appeals; Rights of People in Prison; Cruel and Unusual Punishment, Use of Excessive Force, and Protection from Physical and Sexual Abuse; Classification, Housing and Programs; Prison Rule Violations; Placement in Segregation; Medical, Mental Health, and Dental Care; Determinate Sentences, Restitution, Time Credits, and Release Dates; Life Parole Suitability, Other Board of Parole Hearings Proceedings, Commutations, and Pardons; Detainers and Extradition; Parole and Post-Release Community Supervision; MDO and SVP Commitments; Workers Compensation and Other Benefits; Immigration Issues for People in Prison; Direct Appeals of Criminal Convictions; State Petitions for Writ of Habeas Corpus and Writ of Mandate/Prohibition; Federal Petitions for Writ of Habeas Corpus; Federal Civil Rights ("Section 1983") Lawsuits; State Tort Lawsuits; and Legal Research, Writing, and Strategies.

### **Your Life on the List**

<http://www.oncefallen.com>

"Your Life on the List," by Derek Logue, is a state by state by state survival guide for those forced to register upon release from incarceration. The latest edition is available via Amazon for \$14.95. It can also be downloaded (free of charge) by going to [oncefallen.com](http://oncefallen.com) where there is a vast amount of information for incarcerated and formerly incarcerated individuals, including housing lists, information on legal issues, and newsletters. Website resources updated in 2026.

## **NOTES**

**Selected excerpts from the UNITED NATIONS STANDARD MINIMUM RULES FOR THE TREATMENT OF PRISONERS  
(the Nelson Mandela Rules)**

United Nations Congress on the Prevention of Crime and the Treatment of Offenders, held at Geneva 1955, approved 1957. Revised and reapproved on May 22, 2015 as 122 individual rules, renamed the “Nelson Mandela Rules.” (Full set of all 122 Mandela Rules is 40 pages, available for download at: [www.penalreform.org/wp-content/uploads/2015/05/MANDELA-RULES.pdf](http://www.penalreform.org/wp-content/uploads/2015/05/MANDELA-RULES.pdf). According to letters from our readers, the UN will not send free copies.)

**Basic Principles**

- All prisoners shall be treated with the respect due to their inherent dignity and value as human beings. No prisoner shall be subjected to, and all prisoners shall be protected from, torture and other cruel, inhuman or degrading treatment or punishment, for which no circumstances whatsoever may be invoked as a justification.

**Books**

- Every prison shall have a library for the use of all categories of prisoners, adequately stocked with both recreational and instructional books, and prisoners shall be encouraged to make full use of it.

**Contacts with the Outside World**

- Prisoners shall be allowed, under necessary supervision, to communicate with their family and friends at regular intervals: By corresponding in writing and using, where available, telecommunication, electronic, digital and other means; and, By receiving visits.
- Prisoners should have access to effective legal aid.
- Prisoners who are foreign nationals shall be allowed reasonable facilities to communicate with the diplomatic and consular representatives of the State to which they belong.
- Prisoners shall be allocated, to the extent possible, to prisons close to their homes or their places of social rehabilitation.

**Education and Recreation**

- Provision shall be made for the further education of all prisoners capable of profiting thereby.
- So far as practicable, the education of prisoners shall be integrated with the educational system of the country so that after their release they may continue their education without difficulty

**Exercise and Sport**

- Every prisoner who is not employed in outdoor work shall have at least one hour of suitable exercise in the open air daily if the weather permits.
- Young prisoners and others of suitable age and physique are to receive physical and recreational training during the period of exercise.

**Food**

- Every prisoner shall be provided by the prison administration at the usual hours with food of nutritional value adequate for health and strength, of wholesome quality and well prepared and served.

**Guiding Principles**

- The duty of society does not end with a prisoner’s release. There should, therefore, be governmental or private agencies capable of lending the released prisoner efficient aftercare directed towards the lessening of prejudice against him or her and towards his or her social rehabilitation.

**Health-Care Services**

- Prisoners should enjoy the same standards of health care that are available in the community, and should have access to necessary health-care services free of charge without discrimination on the grounds of their legal status.
- All prisons shall ensure prompt access to medical attention in urgent cases. Prisoners who require specialized treatment or surgery shall be transferred to specialized institutions or to civil hospitals.
- Clinical decisions may only be taken by the responsible health-care professionals and may not be overruled or ignored by non-medical prison staff.
- In women’s prisons, there shall be special accommodation for all necessary prenatal and postnatal care and treatment. Arrangements shall be made wherever practicable for children to be born in a hospital outside the prison.

**Information to and Complaints by Prisoners**

- Every prisoner shall be allowed to make a request or complaint regarding his or her treatment, without censorship as to substance, to the central prison administration and to the judicial or other competent authorities, including those vested with reviewing or remedial power.
- Every request or complaint shall be promptly dealt with and replied to without delay.
- A prisoner must not be exposed to any risk of retaliation, intimidation or other negative consequences as a result of having submitted a request or complaint.
- Allegations of torture or other cruel, inhuman or degrading treatment or punishment of prisoners shall be dealt with immediately and shall result in a prompt and impartial investigation conducted by an independent national authority.

**Institutional Personnel**

- All prison staff shall possess an adequate standard of education and shall be given the ability and means to carry out their duties in a professional manner.

**Instruments of Restraint**

- The use of chains, irons or other instruments of restraint which are inherently degrading or painful shall be prohibited.

**Restrictions, Discipline and Sanctions**

- In no circumstances may restrictions or disciplinary sanctions amount to torture or other cruel, inhuman or degrading treatment or punishment. The following practices, in particular, shall be prohibited: Indefinite solitary confinement; Prolonged solitary confinement; Placement of a prisoner in a dark or constantly lit cell; Corporal punishment or the reduction of a prisoner’s diet or drinking water; Collective punishment.

**Searches of Prisoners and Cells**

- Searches shall be conducted in a manner that is respectful of the inherent human dignity and privacy of the individual being searched, as well as the principles of proportionality, legality and necessity.
- Searches shall not be used to harass, intimidate or unnecessarily intrude upon a prisoner’s privacy.
- Prisoners shall have access to and be allowed to keep in their possession without access by the prison administration, documents relating to their legal proceedings.